

Psalms

Happy are those
who do not follow the advice of the wicked,
or take the path that sinners tread,
or sit in the seat of scoffers;

²but their delight is in the law of the LORD,
and on his law they meditate day and night.

³They are like trees
planted by streams of water,
which yield their fruit in its season,
and their leaves do not wither.
In all that they do, they prosper.

⁴The wicked are not so,
but are like chaff that the wind drives away.

⁵Therefore the wicked will not stand in the judgment,
nor sinners in the congregation of the righteous;

⁶for the LORD watches over the way of the righteous,
but the way of the wicked will perish.

^{2:1}Why do the nations conspire,
and the peoples plot in vain?

²The kings of the earth set themselves,
and the rulers take counsel together,
against the LORD and his anointed, saying,

³"Let us burst their bonds asunder,
and cast their cords from us."

⁴He who sits in the heavens laughs;
the LORD has them in derision.

⁵Then he will speak to them in his wrath,
and terrify them in his fury, saying,

⁶"I have set my king on Zion, my holy hill."

⁷I will tell of the decree of the LORD:
He said to me, "You are my son;
today I have begotten you.

⁸Ask of me, and I will make the nations your heritage,
and the ends of the earth your possession.

⁹You shall break them with a rod of iron,
and dash them in pieces like a potter's vessel."

¹⁰Now therefore, O kings, be wise;
be warned, O rulers of the earth.

¹¹Serve the LORD with fear,
with trembling ¹²kiss his feet,
or he will be angry, and you will perish in the way;

for his wrath is quickly kindled.

Happy are all who take refuge in him.

3:1 *A Psalm of David, when he fled from his son Absalom.*

O LORD, how many are my foes!

Many are rising against me;

2 many are saying to me,

"There is no help for you in God."

Selah

3 But you, O LORD, are a shield around me,
my glory, and the one who lifts up my head.

4 I cry aloud to the LORD,
and he answers me from his holy hill.

Selah

5 I lie down and sleep;

I wake again, for the LORD sustains me.

6 I am not afraid of ten thousands of people
who have set themselves against me all around.

7 Rise up, O LORD!

Deliver me, O my God!

For you strike all my enemies on the cheek;
you break the teeth of the wicked.

8 Deliverance belongs to the LORD;
may your blessing be on your people!

Selah

4:1 *To the leader: with stringed instruments. A Psalm of David.*

Answer me when I call, O God of my right!

You gave me room when I was in distress.

Be gracious to me, and hear my prayer.

2 How long, you people, shall my honor suffer shame?

How long will you love vain words, and seek after lies?

Selah

3 But know that the LORD has set apart the faithful for himself;
the LORD hears when I call to him.

4 When you are disturbed, do not sin;
ponder it on your beds, and be silent.

Selah

5 Offer right sacrifices,

and put your trust in the LORD.

⁶There are many who say, "O that we might see some good!
Let the light of your face shine on us, O LORD!"

⁷You have put gladness in my heart
more than when their grain and wine abound.

⁸I will both lie down and sleep in peace;
for you alone, O LORD, make me lie down in safety.

^{5:1}To the leader: for the flutes. A Psalm of David.

Give ear to my words, O LORD;
give heed to my sighing.

²Listen to the sound of my cry,
my King and my God,
for to you I pray.

³O LORD, in the morning you hear my voice;
in the morning I plead my case to you, and watch.

⁴For you are not a God who delights in wickedness;
evil will not sojourn with you.

⁵The boastful will not stand before your eyes;
you hate all evildoers.

⁶You destroy those who speak lies;
the LORD abhors the bloodthirsty and deceitful.

⁷But I, through the abundance of your steadfast love,
will enter your house,
I will bow down toward your holy temple
in awe of you.

⁸Lead me, O LORD, in your righteousness
because of my enemies;
make your way straight before me.

⁹For there is no truth in their mouths;
their hearts are destruction;
their throats are open graves;
they flatter with their tongues.

¹⁰Make them bear their guilt, O God;
let them fall by their own counsels;
because of their many transgressions cast them out,
for they have rebelled against you.

¹¹But let all who take refuge in you rejoice;
let them ever sing for joy.
Spread your protection over them,

so that those who love your name may exult in you.

¹²For you bless the righteous, O LORD;
you cover them with favor as with a shield.

^{6:1}*To the leader: with stringed instruments; according to The Sheminith. A Psalm of David.*

O LORD, do not rebuke me in your anger,
or discipline me in your wrath.

²Be gracious to me, O LORD, for I am languishing;
O LORD, heal me, for my bones are shaking with terror.

³My soul also is struck with terror,
while you, O LORD--how long?

⁴Turn, O LORD, save my life;
deliver me for the sake of your steadfast love.

⁵For in death there is no remembrance of you;
in Sheol who can give you praise?

⁶I am weary with my moaning;
every night I flood my bed with tears;
I drench my couch with my weeping.

⁷My eyes waste away because of grief;
they grow weak because of all my foes.

⁸Depart from me, all you workers of evil,
for the LORD has heard the sound of my weeping.

⁹The LORD has heard my supplication;
the LORD accepts my prayer.

¹⁰All my enemies shall be ashamed and struck with terror;
they shall turn back, and in a moment be put to shame.

^{7:1}*A Shiggaion of David, which he sang to the LORD concerning Cush, a Benjaminite.*

O LORD my God, in you I take refuge;
save me from all my pursuers, and deliver me,

²or like a lion they will tear me apart;
they will drag me away, with no one to rescue.

³O LORD my God, if I have done this,
if there is wrong in my hands,

⁴if I have repaid my ally with harm
or plundered my foe without cause,

⁵then let the enemy pursue and overtake me,
trample my life to the ground,
and lay my soul in the dust.

- ⁶Rise up, O LORD, in your anger;
lift yourself up against the fury of my enemies;
awake, O my God; you have appointed a judgment.
- ⁷Let the assembly of the peoples be gathered around you,
and over it take your seat on high.
- ⁸The LORD judges the peoples;
judge me, O LORD, according to my righteousness
and according to the integrity that is in me.
- ⁹O let the evil of the wicked come to an end,
but establish the righteous,
you who test the minds and hearts,
O righteous God.
- ¹⁰God is my shield,
who saves the upright in heart.
- ¹¹God is a righteous judge,
and a God who has indignation every day.
- ¹²If one does not repent, God will whet his sword;
he has bent and strung his bow;
- ¹³he has prepared his deadly weapons,
making his arrows fiery shafts.
- ¹⁴See how they conceive evil,
and are pregnant with mischief,
and bring forth lies.
- ¹⁵They make a pit, digging it out,
and fall into the hole that they have made.
- ¹⁶Their mischief returns upon their own heads,
and on their own heads their violence descends.
- ¹⁷I will give to the LORD the thanks due to his righteousness,
and sing praise to the name of the LORD, the Most High.

^{8:1}*To the leader: according to The Gittith. A Psalm of David.*

O LORD, our Sovereign,
how majestic is your name in all the earth!

You have set your glory above the heavens.

²Out of the mouths of babes and infants
you have founded a bulwark because of your foes,
to silence the enemy and the avenger.

³When I look at your heavens, the work of your fingers,
the moon and the stars that you have established;

⁴what are human beings that you are mindful of them,
mortals that you care for them?

⁵Yet you have made them a little lower than God,
and crowned them with glory and honor.

⁶You have given them dominion over the works of your hands;
you have put all things under their feet,

⁷all sheep and oxen,
and also the beasts of the field,

⁸the birds of the air, and the fish of the sea,
whatever passes along the paths of the seas.

⁹O LORD, our Sovereign,
how majestic is your name in all the earth!

^{9:1}To the leader: according to Muth-labben. A Psalm of David.

I will give thanks to the LORD with my whole heart;
I will tell of all your wonderful deeds.

²I will be glad and exult in you;
I will sing praise to your name, O Most High.

³When my enemies turned back,
they stumbled and perished before you.

⁴For you have maintained my just cause;
you have sat on the throne giving righteous judgment.

⁵You have rebuked the nations, you have destroyed the wicked;
you have blotted out their name forever and ever.

⁶The enemies have vanished in everlasting ruins;
their cities you have rooted out;
the very memory of them has perished.

⁷But the LORD sits enthroned forever,
he has established his throne for judgment.

⁸He judges the world with righteousness;
he judges the peoples with equity.

⁹The LORD is a stronghold for the oppressed,
a stronghold in times of trouble.

¹⁰And those who know your name put their trust in you,
for you, O LORD, have not forsaken those who seek you.

¹¹Sing praises to the LORD, who dwells in Zion.
Declare his deeds among the peoples.

¹²For he who avenges blood is mindful of them;
he does not forget the cry of the afflicted.

¹³Be gracious to me, O LORD.
See what I suffer from those who hate me;
you are the one who lifts me up from the gates of death,

¹⁴so that I may recount all your praises,
and, in the gates of daughter Zion,
rejoice in your deliverance.

¹⁵The nations have sunk in the pit that they made;
in the net that they hid has their own foot been caught.

¹⁶The LORD has made himself known, he has executed judgment;
the wicked are snared in the work of their own hands.

Higgaion. Selah

¹⁷The wicked shall depart to Sheol,
all the nations that forget God.

¹⁸For the needy shall not always be forgotten,
nor the hope of the poor perish forever.

¹⁹Rise up, O LORD! Do not let mortals prevail;
let the nations be judged before you.

²⁰Put them in fear, O LORD;
let the nations know that they are only human.

Selah

^{10:1}Why, O LORD, do you stand far off?
Why do you hide yourself in times of trouble?

²In arrogance the wicked persecute the poor--
let them be caught in the schemes they have devised.

³For the wicked boast of the desires of their heart,
those greedy for gain curse and renounce the LORD.

⁴In the pride of their countenance the wicked say, "God will not seek it out";
all their thoughts are, "There is no God."

⁵Their ways prosper at all times;
your judgments are on high, out of their sight;
as for their foes, they scoff at them.

⁶They think in their heart, "We shall not be moved;
throughout all generations we shall not meet adversity."

⁷Their mouths are filled with cursing and deceit and oppression;
under their tongues are mischief and iniquity.

⁸They sit in ambush in the villages;
in hiding places they murder the innocent.

Their eyes stealthily watch for the helpless;
9 they lurk in secret like a lion in its covert;
they lurk that they may seize the poor;
they seize the poor and drag them off in their net.

10 They stoop, they crouch,
and the helpless fall by their might.

11 They think in their heart, "God has forgotten,
he has hidden his face, he will never see it."

12 Rise up, O LORD; O God, lift up your hand;
do not forget the oppressed.

13 Why do the wicked renounce God,
and say in their hearts, "You will not call us to account"?

14 But you do see! Indeed you note trouble and grief,
that you may take it into your hands;
the helpless commit themselves to you;
you have been the helper of the orphan.

15 Break the arm of the wicked and evildoers;
seek out their wickedness until you find none.

16 The LORD is king forever and ever;
the nations shall perish from his land.

17 O LORD, you will hear the desire of the meek;
you will strengthen their heart, you will incline your ear

18 to do justice for the orphan and the oppressed,
so that those from earth may strike terror no more.

11:1 *To the leader. Of David.*

In the LORD I take refuge; how can you say to me,
"Flee like a bird to the mountains;

2 for look, the wicked bend the bow,
they have fitted their arrow to the string,
to shoot in the dark at the upright in heart.

3 If the foundations are destroyed,
what can the righteous do?"

4 The LORD is in his holy temple;
the LORD'S throne is in heaven.
His eyes behold, his gaze examines humankind.

5 The LORD tests the righteous and the wicked,
and his soul hates the lover of violence.

6 On the wicked he will rain coals of fire and sulfur;
a scorching wind shall be the portion of their cup.

⁷For the LORD is righteous;
he loves righteous deeds;
the upright shall behold his face.

^{12:1}*To the leader: according to The Sheminith. A Psalm of David.*

Help, O LORD, for there is no longer anyone who is godly;
the faithful have disappeared from humankind.

²They utter lies to each other;
with flattering lips and a double heart they speak.

³May the LORD cut off all flattering lips,
the tongue that makes great boasts,

⁴those who say, "With our tongues we will prevail;
our lips are our own--who is our master?"

⁵"Because the poor are despoiled, because the needy groan,
I will now rise up," says the LORD;
"I will place them in the safety for which they long."

⁶The promises of the LORD are promises that are pure,
silver refined in a furnace on the ground,
purified seven times.

⁷You, O LORD, will protect us;
you will guard us from this generation forever.

⁸On every side the wicked prowl,
as vileness is exalted among humankind.

^{13:1}*To the leader. A Psalm of David.*

How long, O LORD? Will you forget me forever?
How long will you hide your face from me?

²How long must I bear pain in my soul,
and have sorrow in my heart all day long?
How long shall my enemy be exalted over me?

³Consider and answer me, O LORD my God!
Give light to my eyes, or I will sleep the sleep of death,

⁴and my enemy will say, "I have prevailed";
my foes will rejoice because I am shaken.

⁵But I trusted in your steadfast love;
my heart shall rejoice in your salvation.

⁶I will sing to the LORD,
because he has dealt bountifully with me.

^{14:1}*To the leader. Of David.*

Fools say in their hearts, "There is no God."
They are corrupt, they do abominable deeds;
there is no one who does good.

²The LORD looks down from heaven on humankind
to see if there are any who are wise,
who seek after God.

³They have all gone astray, they are all alike perverse;
there is no one who does good,
no, not one.

⁴Have they no knowledge, all the evildoers
who eat up my people as they eat bread,
and do not call upon the LORD?

⁵There they shall be in great terror,
for God is with the company of the righteous.

⁶You would confound the plans of the poor,
but the LORD is their refuge.

⁷O that deliverance for Israel would come from Zion!
When the LORD restores the fortunes of his people,
Jacob will rejoice; Israel will be glad.

^{15:1}*A Psalm of David.*

O LORD, who may abide in your tent?
Who may dwell on your holy hill?

²Those who walk blamelessly, and do what is right,
and speak the truth from their heart;

³who do not slander with their tongue,
and do no evil to their friends,
nor take up a reproach against their neighbors;

⁴in whose eyes the wicked are despised,
but who honor those who fear the LORD;
who stand by their oath even to their hurt;

⁵who do not lend money at interest,
and do not take a bribe against the innocent.

Those who do these things shall never be moved.

^{16:1}*A Miktam of David.*

Protect me, O God, for in you I take refuge.

²I say to the LORD, "You are my Lord;
I have no good apart from you."

- ³As for the holy ones in the land, they are the noble,
in whom is all my delight.
- ⁴Those who choose another god multiply their sorrows;
their drink offerings of blood I will not pour out
or take their names upon my lips.
- ⁵The LORD is my chosen portion and my cup;
you hold my lot.
- ⁶The boundary lines have fallen for me in pleasant places;
I have a goodly heritage.
- ⁷I bless the LORD who gives me counsel;
in the night also my heart instructs me.
- ⁸I keep the LORD always before me;
because he is at my right hand, I shall not be moved.
- ⁹Therefore my heart is glad, and my soul rejoices;
my body also rests secure.
- ¹⁰For you do not give me up to Sheol,
or let your faithful one see the Pit.
- ¹¹You show me the path of life.
In your presence there is fullness of joy;
in your right hand are pleasures forevermore.

^{17:1}*A Prayer of David.*

- Hear a just cause, O LORD; attend to my cry;
give ear to my prayer from lips free of deceit.
- ²From you let my vindication come;
let your eyes see the right.
- ³If you try my heart, if you visit me by night,
if you test me, you will find no wickedness in me;
my mouth does not transgress.
- ⁴As for what others do, by the word of your lips
I have avoided the ways of the violent.
- ⁵My steps have held fast to your paths;
my feet have not slipped.
- ⁶I call upon you, for you will answer me, O God;
incline your ear to me, hear my words.
- ⁷Wondrously show your steadfast love,
O savior of those who seek refuge
from their adversaries at your right hand.

⁸Guard me as the apple of the eye;
hide me in the shadow of your wings,
⁹from the wicked who despoil me,
my deadly enemies who surround me.
¹⁰They close their hearts to pity;
with their mouths they speak arrogantly.
¹¹They track me down; now they surround me;
they set their eyes to cast me to the ground.
¹²They are like a lion eager to tear,
like a young lion lurking in ambush.

¹³Rise up, O LORD, confront them, overthrow them!
By your sword deliver my life from the wicked,
¹⁴from mortals--by your hand, O LORD--
from mortals whose portion in life is in this world.
May their bellies be filled with what you have stored up for them;
may their children have more than enough;
may they leave something over to their little ones.

¹⁵As for me, I shall behold your face in righteousness;
when I awake I shall be satisfied, beholding your likeness.

^{18:1}To the leader. A Psalm of David the servant of the LORD, who addressed the words of this song to the LORD on the day when the LORD delivered him from the hand of all his enemies, and from the hand of Saul. He said:

I love you, O LORD, my strength.
²The LORD is my rock, my fortress, and my deliverer,
my God, my rock in whom I take refuge,
my shield, and the horn of my salvation, my stronghold.
³I call upon the LORD, who is worthy to be praised,
so I shall be saved from my enemies.

⁴The cords of death encompassed me;
the torrents of perdition assailed me;
⁵the cords of Sheol entangled me;
the snares of death confronted me.

⁶In my distress I called upon the LORD;
to my God I cried for help.
From his temple he heard my voice,
and my cry to him reached his ears.

⁷Then the earth reeled and rocked;
the foundations also of the mountains trembled
and quaked, because he was angry.
⁸Smoke went up from his nostrils,

and devouring fire from his mouth;
glowing coals flamed forth from him.

⁹He bowed the heavens, and came down;
thick darkness was under his feet.

¹⁰He rode on a cherub, and flew;
he came swiftly upon the wings of the wind.

¹¹He made darkness his covering around him,
his canopy thick clouds dark with water.

¹²Out of the brightness before him
there broke through his clouds
hailstones and coals of fire.

¹³The LORD also thundered in the heavens,
and the Most High uttered his voice.

¹⁴And he sent out his arrows, and scattered them;
he flashed forth lightnings, and routed them.

¹⁵Then the channels of the sea were seen,
and the foundations of the world were laid bare
at your rebuke, O LORD,
at the blast of the breath of your nostrils.

¹⁶He reached down from on high, he took me;
he drew me out of mighty waters.

¹⁷He delivered me from my strong enemy,
and from those who hated me;
for they were too mighty for me.

¹⁸They confronted me in the day of my calamity;
but the LORD was my support.

¹⁹He brought me out into a broad place;
he delivered me, because he delighted in me.

²⁰The LORD rewarded me according to my righteousness;
according to the cleanness of my hands he recompensed me.

²¹For I have kept the ways of the LORD,
and have not wickedly departed from my God.

²²For all his ordinances were before me,
and his statutes I did not put away from me.

²³I was blameless before him,
and I kept myself from guilt.

²⁴Therefore the LORD has recompensed me according to my righteousness,
according to the cleanness of my hands in his sight.

²⁵With the loyal you show yourself loyal;
with the blameless you show yourself blameless;

²⁶with the pure you show yourself pure;
and with the crooked you show yourself perverse.

²⁷For you deliver a humble people,

but the haughty eyes you bring down.

²⁸It is you who light my lamp;
the LORD, my God, lights up my darkness.

²⁹By you I can crush a troop,
and by my God I can leap over a wall.

³⁰This God--his way is perfect;
the promise of the LORD proves true;
he is a shield for all who take refuge in him.

³¹For who is God except the LORD?
And who is a rock besides our God?--

³²the God who girded me with strength,
and made my way safe.

³³He made my feet like the feet of a deer,
and set me secure on the heights.

³⁴He trains my hands for war,
so that my arms can bend a bow of bronze.

³⁵You have given me the shield of your salvation,
and your right hand has supported me;
your help has made me great.

³⁶You gave me a wide place for my steps under me,
and my feet did not slip.

³⁷I pursued my enemies and overtook them;
and did not turn back until they were consumed.

³⁸I struck them down, so that they were not able to rise;
they fell under my feet.

³⁹For you girded me with strength for the battle;
you made my assailants sink under me.

⁴⁰You made my enemies turn their backs to me,
and those who hated me I destroyed.

⁴¹They cried for help, but there was no one to save them;
they cried to the LORD, but he did not answer them.

⁴²I beat them fine, like dust before the wind;
I cast them out like the mire of the streets.

⁴³You delivered me from strife with the peoples;
you made me head of the nations;
people whom I had not known served me.

⁴⁴As soon as they heard of me they obeyed me;
foreigners came cringing to me.

⁴⁵Foreigners lost heart,
and came trembling out of their strongholds.

⁴⁶The LORD lives! Blessed be my rock,
and exalted be the God of my salvation,

⁴⁷the God who gave me vengeance

and subdued peoples under me;
48who delivered me from my enemies;
indeed, you exalted me above my adversaries;
you delivered me from the violent.

49For this I will extol you, O LORD, among the nations,
and sing praises to your name.

50Great triumphs he gives to his king,
and shows steadfast love to his anointed,
to David and his descendants forever.

19:1 *To the leader. A Psalm of David.*

The heavens are telling the glory of God;
and the firmament proclaims his handiwork.

2Day to day pours forth speech,
and night to night declares knowledge.

3There is no speech, nor are there words;
their voice is not heard;

4yet their voice goes out through all the earth,
and their words to the end of the world.

In the heavens he has set a tent for the sun,

5which comes out like a bridegroom from his wedding canopy,
and like a strong man runs its course with joy.

6Its rising is from the end of the heavens,
and its circuit to the end of them;
and nothing is hid from its heat.

7The law of the LORD is perfect,
reviving the soul;
the decrees of the LORD are sure,
making wise the simple;

8the precepts of the LORD are right,
rejoicing the heart;
the commandment of the LORD is clear,
enlightening the eyes;

9the fear of the LORD is pure,
enduring forever;
the ordinances of the LORD are true
and righteous altogether.

10More to be desired are they than gold,
even much fine gold;
sweeter also than honey,
and drippings of the honeycomb.

11Moreover by them is your servant warned;

in keeping them there is great reward.

¹²But who can detect their errors?

Clear me from hidden faults.

¹³Keep back your servant also from the insolent;

do not let them have dominion over me.

Then I shall be blameless,

and innocent of great transgression.

¹⁴Let the words of my mouth and the meditation of my heart

be acceptable to you,

O LORD, my rock and my redeemer.

^{20:1}To the leader. A Psalm of David.

The LORD answer you in the day of trouble!

The name of the God of Jacob protect you!

²May he send you help from the sanctuary,

and give you support from Zion.

³May he remember all your offerings,

and regard with favor your burnt sacrifices.

Selah

⁴May he grant you your heart's desire,

and fulfill all your plans.

⁵May we shout for joy over your victory,

and in the name of our God set up our banners.

May the LORD fulfill all your petitions.

⁶Now I know that the LORD will help his anointed;

he will answer him from his holy heaven

with mighty victories by his right hand.

⁷Some take pride in chariots, and some in horses,

but our pride is in the name of the LORD our God.

⁸They will collapse and fall,

but we shall rise and stand upright.

⁹Give victory to the king, O LORD;

answer us when we call.

^{21:1}To the leader. A Psalm of David.

In your strength the king rejoices, O LORD,

and in your help how greatly he exults!

²You have given him his heart's desire,

and have not withheld the request of his lips.

Selah

³For you meet him with rich blessings;

you set a crown of fine gold on his head.
⁴He asked you for life; you gave it to him--
 length of days forever and ever.
⁵His glory is great through your help;
 splendor and majesty you bestow on him.
⁶You bestow on him blessings forever;
 you make him glad with the joy of your presence.
⁷For the king trusts in the LORD,
 and through the steadfast love of the Most High he shall not be moved.

⁸Your hand will find out all your enemies;
 your right hand will find out those who hate you.
⁹You will make them like a fiery furnace
 when you appear.
 The LORD will swallow them up in his wrath,
 and fire will consume them.
¹⁰You will destroy their offspring from the earth,
 and their children from among humankind.
¹¹If they plan evil against you,
 if they devise mischief, they will not succeed.
¹²For you will put them to flight;
 you will aim at their faces with your bows.

¹³Be exalted, O LORD, in your strength!
 We will sing and praise your power.

^{22:1}To the leader: according to The Deer of the Dawn. A Psalm of David.

My God, my God, why have you forsaken me?
 Why are you so far from helping me, from the words of my groaning?
²O my God, I cry by day, but you do not answer;
 and by night, but find no rest.

³Yet you are holy,
 enthroned on the praises of Israel.
⁴In you our ancestors trusted;
 they trusted, and you delivered them.
⁵To you they cried, and were saved;
 in you they trusted, and were not put to shame.

⁶But I am a worm, and not human;
 scorned by others, and despised by the people.
⁷All who see me mock at me; they make mouths at me,
 they shake their heads;
⁸"Commit your cause to the LORD; let him deliver--
 let him rescue the one in whom he delights!"

⁹Yet it was you who took me from the womb;
you kept me safe on my mother's breast.
¹⁰On you I was cast from my birth,
and since my mother bore me you have been my God.
¹¹Do not be far from me,
for trouble is near
and there is no one to help.

¹²Many bulls encircle me,
strong bulls of Bashan surround me;
¹³they open wide their mouths at me,
like a ravening and roaring lion.

¹⁴I am poured out like water,
and all my bones are out of joint;
my heart is like wax;
it is melted within my breast;
¹⁵my mouth is dried up like a potsherd,
and my tongue sticks to my jaws;
you lay me in the dust of death.

¹⁶For dogs are all around me;
a company of evildoers encircles me.
My hands and feet have shriveled;
¹⁷I can count all my bones.
They stare and gloat over me;
¹⁸they divide my clothes among themselves,
and for my clothing they cast lots.
¹⁹But you, O LORD, do not be far away!
O my help, come quickly to my aid!
²⁰Deliver my soul from the sword,
my life from the power of the dog!
²¹Save me from the mouth of the lion!

From the horns of the wild oxen you have rescued me.

²²I will tell of your name to my brothers and sisters;
in the midst of the congregation I will praise you:
²³You who fear the LORD, praise him!
All you offspring of Jacob, glorify him;
stand in awe of him, all you offspring of Israel!
²⁴For he did not despise or abhor
the affliction of the afflicted;
he did not hide his face from me,
but heard when I cried to him.

²⁵From you comes my praise in the great congregation;

my vows I will pay before those who fear him.

²⁶The poor shall eat and be satisfied;
those who seek him shall praise the LORD.
May your hearts live forever!

²⁷All the ends of the earth shall remember
and turn to the LORD;
and all the families of the nations
shall worship before him.

²⁸For dominion belongs to the LORD,
and he rules over the nations.

²⁹To him, indeed, shall all who sleep in the earth bow down;
before him shall bow all who go down to the dust,
and I shall live for him.

³⁰Posterity will serve him;
future generations will be told about the Lord,

³¹and proclaim his deliverance to a people yet unborn,
saying that he has done it.

^{23:1}*A Psalm of David.*

The LORD is my shepherd, I shall not want.

²He makes me lie down in green pastures;
he leads me beside still waters;

³he restores my soul.
He leads me in right paths
for his name's sake.

⁴Even though I walk through the darkest valley,
I fear no evil;
for you are with me;
your rod and your staff--
they comfort me.

⁵You prepare a table before me
in the presence of my enemies;
you anoint my head with oil;
my cup overflows.

⁶Surely goodness and mercy shall follow me
all the days of my life,
and I shall dwell in the house of the LORD
my whole life long.

^{24:1}*Of David. A Psalm.*

The earth is the LORD'S and all that is in it,
the world, and those who live in it;

²for he has founded it on the seas,
and established it on the rivers.

³Who shall ascend the hill of the LORD?
And who shall stand in his holy place?

⁴Those who have clean hands and pure hearts,
who do not lift up their souls to what is false,
and do not swear deceitfully.

⁵They will receive blessing from the LORD,
and vindication from the God of their salvation.

⁶Such is the company of those who seek him,
who seek the face of the God of Jacob.

Selah

⁷Lift up your heads, O gates!
and be lifted up, O ancient doors!
that the King of glory may come in.

⁸Who is the King of glory?
The LORD, strong and mighty,
the LORD, mighty in battle.

⁹Lift up your heads, O gates!
and be lifted up, O ancient doors!
that the King of glory may come in.

¹⁰Who is this King of glory?
The LORD of hosts,
he is the King of glory.

Selah

^{25:1}*Of David.*

To you, O LORD, I lift up my soul.

²O my God, in you I trust;
do not let me be put to shame;
do not let my enemies exult over me.

³Do not let those who wait for you be put to shame;
let them be ashamed who are wantonly treacherous.

⁴Make me to know your ways, O LORD;
teach me your paths.

⁵Lead me in your truth, and teach me,
for you are the God of my salvation;
for you I wait all day long.

⁶Be mindful of your mercy, O LORD, and of your steadfast love,
for they have been from of old.

⁷Do not remember the sins of my youth or my transgressions;
according to your steadfast love remember me,

for your goodness' sake, O LORD!

⁸Good and upright is the LORD;
therefore he instructs sinners in the way.

⁹He leads the humble in what is right,
and teaches the humble his way.

¹⁰All the paths of the LORD are steadfast love and faithfulness,
for those who keep his covenant and his decrees.

¹¹For your name's sake, O LORD,
pardon my guilt, for it is great.

¹²Who are they that fear the LORD?
He will teach them the way that they should choose.

¹³They will abide in prosperity,
and their children shall possess the land.

¹⁴The friendship of the LORD is for those who fear him,
and he makes his covenant known to them.

¹⁵My eyes are ever toward the LORD,
for he will pluck my feet out of the net.

¹⁶Turn to me and be gracious to me,
for I am lonely and afflicted.

¹⁷Relieve the troubles of my heart,
and bring me out of my distress.

¹⁸Consider my affliction and my trouble,
and forgive all my sins.

¹⁹Consider how many are my foes,
and with what violent hatred they hate me.

²⁰O guard my life, and deliver me;
do not let me be put to shame, for I take refuge in you.

²¹May integrity and uprightness preserve me,
for I wait for you.

²²Redeem Israel, O God,
out of all its troubles.

^{26:1}*Of David.*

Vindicate me, O LORD,
for I have walked in my integrity,
and I have trusted in the LORD without wavering.

²Prove me, O LORD, and try me;
test my heart and mind.

³For your steadfast love is before my eyes,

and I walk in faithfulness to you.

⁴I do not sit with the worthless,
nor do I consort with hypocrites;

⁵I hate the company of evildoers,
and will not sit with the wicked.

⁶I wash my hands in innocence,
and go around your altar, O LORD,

⁷singing aloud a song of thanksgiving,
and telling all your wondrous deeds.

⁸O LORD, I love the house in which you dwell,
and the place where your glory abides.

⁹Do not sweep me away with sinners,
nor my life with the bloodthirsty,

¹⁰those in whose hands are evil devices,
and whose right hands are full of bribes.

¹¹But as for me, I walk in my integrity;
redeem me, and be gracious to me.

¹²My foot stands on level ground;
in the great congregation I will bless the LORD.

^{27:1}*Of David.*

The LORD is my light and my salvation;
whom shall I fear?

The LORD is the stronghold of my life;
of whom shall I be afraid?

²When evildoers assail me
to devour my flesh--
my adversaries and foes--
they shall stumble and fall.

³Though an army encamp against me,
my heart shall not fear;
though war rise up against me,
yet I will be confident.

⁴One thing I asked of the LORD,
that will I seek after:
to live in the house of the LORD
all the days of my life,
to behold the beauty of the LORD,
and to inquire in his temple.

⁵For he will hide me in his shelter
in the day of trouble;
he will conceal me under the cover of his tent;
he will set me high on a rock.

⁶Now my head is lifted up
above my enemies all around me,
and I will offer in his tent
sacrifices with shouts of joy;
I will sing and make melody to the LORD.

⁷Hear, O LORD, when I cry aloud,
be gracious to me and answer me!

⁸"Come," my heart says, "seek his face!"
Your face, LORD, do I seek.

⁹Do not hide your face from me.

Do not turn your servant away in anger,
you who have been my help.
Do not cast me off, do not forsake me,
O God of my salvation!

¹⁰If my father and mother forsake me,
the LORD will take me up.

¹¹Teach me your way, O LORD,
and lead me on a level path
because of my enemies.

¹²Do not give me up to the will of my adversaries,
for false witnesses have risen against me,
and they are breathing out violence.

¹³I believe that I shall see the goodness of the LORD
in the land of the living.

¹⁴Wait for the LORD;
be strong, and let your heart take courage;
wait for the LORD!

^{28:1}*Of David.*

To you, O LORD, I call;
my rock, do not refuse to hear me,
for if you are silent to me,
I shall be like those who go down to the Pit.

²Hear the voice of my supplication,
as I cry to you for help,
as I lift up my hands
toward your most holy sanctuary.

³Do not drag me away with the wicked,

with those who are workers of evil,
who speak peace with their neighbors,
while mischief is in their hearts.

⁴Repay them according to their work,
and according to the evil of their deeds;
repay them according to the work of their hands;
render them their due reward.

⁵Because they do not regard the works of the LORD,
or the work of his hands,
he will break them down and build them up no more.

⁶Blessed be the LORD,
for he has heard the sound of my pleadings.

⁷The LORD is my strength and my shield;
in him my heart trusts;
so I am helped, and my heart exults,
and with my song I give thanks to him.

⁸The LORD is the strength of his people;
he is the saving refuge of his anointed.

⁹O save your people, and bless your heritage;
be their shepherd, and carry them forever.

^{29:1}*A Psalm of David.*

Ascribe to the LORD, O heavenly beings,
ascribe to the LORD glory and strength.

²Ascribe to the LORD the glory of his name;
worship the LORD in holy splendor.

³The voice of the LORD is over the waters;
the God of glory thunders,
the LORD, over mighty waters.

⁴The voice of the LORD is powerful;
the voice of the LORD is full of majesty.

⁵The voice of the LORD breaks the cedars;
the LORD breaks the cedars of Lebanon.

⁶He makes Lebanon skip like a calf,
and Sirion like a young wild ox.

⁷The voice of the LORD flashes forth flames of fire.

⁸The voice of the LORD shakes the wilderness;
the LORD shakes the wilderness of Kadesh.

⁹The voice of the LORD causes the oaks to whirl,
and strips the forest bare;

and in his temple all say, "Glory!"

¹⁰The LORD sits enthroned over the flood;
the LORD sits enthroned as king forever.

¹¹May the LORD give strength to his people!
May the LORD bless his people with peace!

^{30:1}*A Psalm. A Song at the dedication of the temple. Of David.*

I will extol you, O LORD, for you have drawn me up,
and did not let my foes rejoice over me.

²O LORD my God, I cried to you for help,
and you have healed me.

³O LORD, you brought up my soul from Sheol,
restored me to life from among those gone down to the Pit.

⁴Sing praises to the LORD, O you his faithful ones,
and give thanks to his holy name.

⁵For his anger is but for a moment;
his favor is for a lifetime.

Weeping may linger for the night,
but joy comes with the morning.

⁶As for me, I said in my prosperity,
"I shall never be moved."

⁷By your favor, O LORD,
you had established me as a strong mountain;
you hid your face;
I was dismayed.

⁸To you, O LORD, I cried,
and to the LORD I made supplication:

⁹"What profit is there in my death,
if I go down to the Pit?

Will the dust praise you?
Will it tell of your faithfulness?

¹⁰Hear, O LORD, and be gracious to me!
O LORD, be my helper!"

¹¹You have turned my mourning into dancing;
you have taken off my sackcloth
and clothed me with joy,

¹²so that my soul may praise you and not be silent.
O LORD my God, I will give thanks to you forever.

^{31:1}*To the leader. A Psalm of David.*

In you, O LORD, I seek refuge;
do not let me ever be put to shame;
in your righteousness deliver me.

²Incline your ear to me;
rescue me speedily.
Be a rock of refuge for me,
a strong fortress to save me.

³You are indeed my rock and my fortress;
for your name's sake lead me and guide me,

⁴take me out of the net that is hidden for me,
for you are my refuge.

⁵Into your hand I commit my spirit;
you have redeemed me, O LORD, faithful God.

⁶You hate those who pay regard to worthless idols,
but I trust in the LORD.

⁷I will exult and rejoice in your steadfast love,
because you have seen my affliction;
you have taken heed of my adversities,

⁸and have not delivered me into the hand of the enemy;
you have set my feet in a broad place.

⁹Be gracious to me, O LORD, for I am in distress;
my eye wastes away from grief,
my soul and body also.

¹⁰For my life is spent with sorrow,
and my years with sighing;
my strength fails because of my misery,
and my bones waste away.

¹¹I am the scorn of all my adversaries,
a horror to my neighbors,
an object of dread to my acquaintances;
those who see me in the street flee from me.

¹²I have passed out of mind like one who is dead;
I have become like a broken vessel.

¹³For I hear the whispering of many--
terror all around!--
as they scheme together against me,
as they plot to take my life.

¹⁴But I trust in you, O LORD;
I say, "You are my God."

¹⁵My times are in your hand;
deliver me from the hand of my enemies and persecutors.

¹⁶Let your face shine upon your servant;
save me in your steadfast love.

¹⁷Do not let me be put to shame, O LORD,
for I call on you;
let the wicked be put to shame;
let them go dumbfounded to Sheol.

¹⁸Let the lying lips be stilled
that speak insolently against the righteous
with pride and contempt.

¹⁹O how abundant is your goodness
that you have laid up for those who fear you,
and accomplished for those who take refuge in you,
in the sight of everyone!

²⁰In the shelter of your presence you hide them
from human plots;
you hold them safe under your shelter
from contentious tongues.

²¹Blessed be the LORD,
for he has wondrously shown his steadfast love to me
when I was beset as a city under siege.

²²I had said in my alarm,
"I am driven far from your sight."
But you heard my supplications
when I cried out to you for help.

²³Love the LORD, all you his saints.
The LORD preserves the faithful,
but abundantly repays the one who acts haughtily.

²⁴Be strong, and let your heart take courage,
all you who wait for the LORD.

^{32:1}*Of David. A Maskil.*

Happy are those whose transgression is forgiven,
whose sin is covered.

²Happy are those to whom the LORD imputes no iniquity,
and in whose spirit there is no deceit.

³While I kept silence, my body wasted away
through my groaning all day long.

⁴For day and night your hand was heavy upon me;
my strength was dried up as by the heat of summer.

Selah

⁵Then I acknowledged my sin to you,
and I did not hide my iniquity;
I said, "I will confess my transgressions to the LORD,"
and you forgave the guilt of my sin.

Selah

⁶Therefore let all who are faithful
offer prayer to you;
at a time of distress, the rush of mighty waters
shall not reach them.

⁷You are a hiding place for me;
you preserve me from trouble;
you surround me with glad cries of deliverance.

Selah

⁸I will instruct you and teach you the way you should go;
I will counsel you with my eye upon you.

⁹Do not be like a horse or a mule, without understanding,
whose temper must be curbed with bit and bridle,
else it will not stay near you.

¹⁰Many are the torments of the wicked,
but steadfast love surrounds those who trust in the LORD.

¹¹Be glad in the LORD and rejoice, O righteous,
and shout for joy, all you upright in heart.

^{33:1}Rejoice in the LORD, O you righteous.
Praise befits the upright.

²Praise the LORD with the lyre;
make melody to him with the harp of ten strings.

³Sing to him a new song;
play skillfully on the strings, with loud shouts.

⁴For the word of the LORD is upright,
and all his work is done in faithfulness.

⁵He loves righteousness and justice;
the earth is full of the steadfast love of the LORD.

⁶By the word of the LORD the heavens were made,
and all their host by the breath of his mouth.

⁷He gathered the waters of the sea as in a bottle;
he put the deeps in storehouses.

⁸Let all the earth fear the LORD;
let all the inhabitants of the world stand in awe of him.

⁹For he spoke, and it came to be;
he commanded, and it stood firm.

¹⁰The LORD brings the counsel of the nations to nothing;
he frustrates the plans of the peoples.

¹¹The counsel of the LORD stands forever,

the thoughts of his heart to all generations.

¹²Happy is the nation whose God is the LORD,
the people whom he has chosen as his heritage.

¹³The LORD looks down from heaven;
he sees all humankind.

¹⁴From where he sits enthroned he watches
all the inhabitants of the earth--

¹⁵he who fashions the hearts of them all,
and observes all their deeds.

¹⁶A king is not saved by his great army;
a warrior is not delivered by his great strength.

¹⁷The war horse is a vain hope for victory,
and by its great might it cannot save.

¹⁸Truly the eye of the LORD is on those who fear him,
on those who hope in his steadfast love,

¹⁹to deliver their soul from death,
and to keep them alive in famine.

²⁰Our soul waits for the LORD;
he is our help and shield.

²¹Our heart is glad in him,
because we trust in his holy name.

²²Let your steadfast love, O LORD, be upon us,
even as we hope in you.

^{34:1}*Of David, when he feigned madness before Abimelech, so that he drove him out,
and he went away.*

I will bless the LORD at all times;
his praise shall continually be in my mouth.

²My soul makes its boast in the LORD;
let the humble hear and be glad.

³O magnify the LORD with me,
and let us exalt his name together.

⁴I sought the LORD, and he answered me,
and delivered me from all my fears.

⁵Look to him, and be radiant;
so your faces shall never be ashamed.

⁶This poor soul cried, and was heard by the LORD,
and was saved from every trouble.

⁷The angel of the LORD encamps
around those who fear him, and delivers them.

⁸O taste and see that the LORD is good;

happy are those who take refuge in him.

⁹O fear the LORD, you his holy ones,
for those who fear him have no want.

¹⁰The young lions suffer want and hunger,
but those who seek the LORD lack no good thing.

¹¹Come, O children, listen to me;
I will teach you the fear of the LORD.

¹²Which of you desires life,
and covets many days to enjoy good?

¹³Keep your tongue from evil,
and your lips from speaking deceit.

¹⁴Depart from evil, and do good;
seek peace, and pursue it.

¹⁵The eyes of the LORD are on the righteous,
and his ears are open to their cry.

¹⁶The face of the LORD is against evildoers,
to cut off the remembrance of them from the earth.

¹⁷When the righteous cry for help, the LORD hears,
and rescues them from all their troubles.

¹⁸The LORD is near to the brokenhearted,
and saves the crushed in spirit.

¹⁹Many are the afflictions of the righteous,
but the LORD rescues them from them all.

²⁰He keeps all their bones;
not one of them will be broken.

²¹Evil brings death to the wicked,
and those who hate the righteous will be condemned.

²²The LORD redeems the life of his servants;
none of those who take refuge in him will be condemned.

^{35:1}*Of David.*

Contend, O LORD, with those who contend with me;
fight against those who fight against me!

²Take hold of shield and buckler,
and rise up to help me!

³Draw the spear and javelin
against my pursuers;

say to my soul,
"I am your salvation."

⁴Let them be put to shame and dishonor
who seek after my life.

Let them be turned back and confounded
who devise evil against me.

⁵Let them be like chaff before the wind,
with the angel of the LORD driving them on.

⁶Let their way be dark and slippery,
with the angel of the LORD pursuing them.

⁷For without cause they hid their net for me;
without cause they dug a pit for my life.

⁸Let ruin come on them unawares.
And let the net that they hid ensnare them;
let them fall in it--to their ruin.

⁹Then my soul shall rejoice in the LORD,
exulting in his deliverance.

¹⁰All my bones shall say,
"O LORD, who is like you?
You deliver the weak
from those too strong for them,
the weak and needy from those who despoil them."

¹¹Malicious witnesses rise up;
they ask me about things I do not know.

¹²They repay me evil for good;
my soul is forlorn.

¹³But as for me, when they were sick,
I wore sackcloth;
I afflicted myself with fasting.
I prayed with head bowed on my bosom,
¹⁴as though I grieved for a friend or a brother;
I went about as one who laments for a mother,
bowed down and in mourning.

¹⁵But at my stumbling they gathered in glee,
they gathered together against me;
ruffians whom I did not know
tore at me without ceasing;

¹⁶they impiously mocked more and more,
gnashing at me with their teeth.

¹⁷How long, O LORD, will you look on?
Rescue me from their ravages,
my life from the lions!

¹⁸Then I will thank you in the great congregation;
in the mighty throng I will praise you.

¹⁹Do not let my treacherous enemies rejoice over me,

or those who hate me without cause wink the eye.

²⁰For they do not speak peace,
but they conceive deceitful words
against those who are quiet in the land.

²¹They open wide their mouths against me;
they say, "Aha, Aha,
our eyes have seen it."

²²You have seen, O LORD; do not be silent!
O Lord, do not be far from me!

²³Wake up! Bestir yourself for my defense,
for my cause, my God and my Lord!

²⁴Vindicate me, O LORD, my God,
according to your righteousness,
and do not let them rejoice over me.

²⁵Do not let them say to themselves,
"Aha, we have our heart's desire."
Do not let them say, "We have swallowed you up."

²⁶Let all those who rejoice at my calamity
be put to shame and confusion;
let those who exalt themselves against me
be clothed with shame and dishonor.

²⁷Let those who desire my vindication
shout for joy and be glad,
and say evermore,
"Great is the LORD,
who delights in the welfare of his servant."

²⁸Then my tongue shall tell of your righteousness
and of your praise all day long.

^{36:1}*To the leader. Of David, the servant of the LORD.*

Transgression speaks to the wicked
deep in their hearts;
there is no fear of God
before their eyes.

²For they flatter themselves in their own eyes
that their iniquity cannot be found out and hated.

³The words of their mouths are mischief and deceit;
they have ceased to act wisely and do good.

⁴They plot mischief while on their beds;
they are set on a way that is not good;
they do not reject evil.

⁵Your steadfast love, O LORD, extends to the heavens,

your faithfulness to the clouds.

⁶Your righteousness is like the mighty mountains,
your judgments are like the great deep;
you save humans and animals alike, O LORD.

⁷How precious is your steadfast love, O God!
All people may take refuge in the shadow of your wings.

⁸They feast on the abundance of your house,
and you give them drink from the river of your delights.

⁹For with you is the fountain of life;
in your light we see light.

¹⁰O continue your steadfast love to those who know you,
and your salvation to the upright of heart!

¹¹Do not let the foot of the arrogant tread on me,
or the hand of the wicked drive me away.

¹²There the evildoers lie prostrate;
they are thrust down, unable to rise.

^{37:1}*Of David.*

Do not fret because of the wicked;
do not be envious of wrongdoers,

²for they will soon fade like the grass,
and wither like the green herb.

³Trust in the LORD, and do good;
so you will live in the land, and enjoy security.

⁴Take delight in the LORD,
and he will give you the desires of your heart.

⁵Commit your way to the LORD;
trust in him, and he will act.

⁶He will make your vindication shine like the light,
and the justice of your cause like the noonday.

⁷Be still before the LORD, and wait patiently for him;
do not fret over those who prosper in their way,
over those who carry out evil devices.

⁸Refrain from anger, and forsake wrath.
Do not fret--it leads only to evil.

⁹For the wicked shall be cut off,
but those who wait for the LORD shall inherit the land.

¹⁰Yet a little while, and the wicked will be no more;
though you look diligently for their place, they will not be there.

- ¹¹But the meek shall inherit the land,
and delight themselves in abundant prosperity.
- ¹²The wicked plot against the righteous,
and gnash their teeth at them;
- ¹³but the LORD laughs at the wicked,
for he sees that their day is coming.
- ¹⁴The wicked draw the sword and bend their bows
to bring down the poor and needy,
to kill those who walk uprightly;
- ¹⁵their sword shall enter their own heart,
and their bows shall be broken.
- ¹⁶Better is a little that the righteous person has
than the abundance of many wicked.
- ¹⁷For the arms of the wicked shall be broken,
but the LORD upholds the righteous.
- ¹⁸The LORD knows the days of the blameless,
and their heritage will abide forever;
- ¹⁹they are not put to shame in evil times,
in the days of famine they have abundance.
- ²⁰But the wicked perish,
and the enemies of the LORD are like the glory of the pastures;
they vanish--like smoke they vanish away.
- ²¹The wicked borrow, and do not pay back,
but the righteous are generous and keep giving;
- ²²for those blessed by the LORD shall inherit the land,
but those cursed by him shall be cut off.
- ²³Our steps are made firm by the LORD,
when he delights in our way;
- ²⁴though we stumble, we shall not fall headlong,
for the LORD holds us by the hand.
- ²⁵I have been young, and now am old,
yet I have not seen the righteous forsaken
or their children begging bread.
- ²⁶They are ever giving liberally and lending,
and their children become a blessing.
- ²⁷Depart from evil, and do good;
so you shall abide forever.

²⁸For the LORD loves justice;
he will not forsake his faithful ones.

The righteous shall be kept safe forever,
but the children of the wicked shall be cut off.

²⁹The righteous shall inherit the land,
and live in it forever.

³⁰The mouths of the righteous utter wisdom,
and their tongues speak justice.

³¹The law of their God is in their hearts;
their steps do not slip.

³²The wicked watch for the righteous,
and seek to kill them.

³³The LORD will not abandon them to their power,
or let them be condemned when they are brought to trial.

³⁴Wait for the LORD, and keep to his way,
and he will exalt you to inherit the land;
you will look on the destruction of the wicked.

³⁵I have seen the wicked oppressing,
and towering like a cedar of Lebanon.

³⁶Again I passed by, and they were no more;
though I sought them, they could not be found.

³⁷Mark the blameless, and behold the upright,
for there is posterity for the peaceable.

³⁸But transgressors shall be altogether destroyed;
the posterity of the wicked shall be cut off.

³⁹The salvation of the righteous is from the LORD;
he is their refuge in the time of trouble.

⁴⁰The LORD helps them and rescues them;
he rescues them from the wicked, and saves them,
because they take refuge in him.

^{38:1}*A Psalm of David, for the memorial offering.*

O LORD, do not rebuke me in your anger,
or discipline me in your wrath.

²For your arrows have sunk into me,
and your hand has come down on me.

³There is no soundness in my flesh
because of your indignation;
there is no health in my bones
because of my sin.

- ⁴For my iniquities have gone over my head;
they weigh like a burden too heavy for me.
- ⁵My wounds grow foul and fester
because of my foolishness;
- ⁶I am utterly bowed down and prostrate;
all day long I go around mourning.
- ⁷For my loins are filled with burning,
and there is no soundness in my flesh.
- ⁸I am utterly spent and crushed;
I groan because of the tumult of my heart.
- ⁹O Lord, all my longing is known to you;
my sighing is not hidden from you.
- ¹⁰My heart throbs, my strength fails me;
as for the light of my eyes--it also has gone from me.
- ¹¹My friends and companions stand aloof from my affliction,
and my neighbors stand far off.
- ¹²Those who seek my life lay their snares;
those who seek to hurt me speak of ruin,
and meditate treachery all day long.
- ¹³But I am like the deaf, I do not hear;
like the mute, who cannot speak.
- ¹⁴Truly, I am like one who does not hear,
and in whose mouth is no retort.
- ¹⁵But it is for you, O LORD, that I wait;
it is you, O LORD my God, who will answer.
- ¹⁶For I pray, "Only do not let them rejoice over me,
those who boast against me when my foot slips."
- ¹⁷For I am ready to fall,
and my pain is ever with me.
- ¹⁸I confess my iniquity;
I am sorry for my sin.
- ¹⁹Those who are my foes without cause are mighty,
and many are those who hate me wrongfully.
- ²⁰Those who render me evil for good
are my adversaries because I follow after good.
- ²¹Do not forsake me, O LORD;
O my God, do not be far from me;
- ²²make haste to help me,
O Lord, my salvation.

^{39:1}*To the leader: to Jeduthun. A Psalm of David.*

I said, "I will guard my ways
that I may not sin with my tongue;
I will keep a muzzle on my mouth
as long as the wicked are in my presence."

²I was silent and still;
I held my peace to no avail;
my distress grew worse,
³my heart became hot within me.
While I mused, the fire burned;
then I spoke with my tongue:

⁴"LORD, let me know my end,
and what is the measure of my days;
let me know how fleeting my life is.

⁵You have made my days a few handbreadths,
and my lifetime is as nothing in your sight.
Surely everyone stands as a mere breath.

Selah

⁶Surely everyone goes about like a shadow.
Surely for nothing they are in turmoil;
they heap up, and do not know who will gather.

⁷"And now, O Lord, what do I wait for?
My hope is in you.

⁸Deliver me from all my transgressions.
Do not make me the scorn of the fool.

⁹I am silent; I do not open my mouth,
for it is you who have done it.

¹⁰Remove your stroke from me;
I am worn down by the blows of your hand.

¹¹"You chastise mortals
in punishment for sin,
consuming like a moth what is dear to them;
surely everyone is a mere breath.

Selah

¹²"Hear my prayer, O LORD,
and give ear to my cry;
do not hold your peace at my tears.
For I am your passing guest,
an alien, like all my forebears.

¹³Turn your gaze away from me, that I may smile again,
before I depart and am no more."

^{40:1}*To the leader. Of David. A Psalm.*

I waited patiently for the LORD;
he inclined to me and heard my cry.

²He drew me up from the desolate pit,
out of the miry bog,
and set my feet upon a rock,
making my steps secure.

³He put a new song in my mouth,
a song of praise to our God.
Many will see and fear,
and put their trust in the LORD.

⁴Happy are those who make
the LORD their trust,
who do not turn to the proud,
to those who go astray after false gods.

⁵You have multiplied, O LORD my God,
your wondrous deeds and your thoughts toward us;
none can compare with you.
Were I to proclaim and tell of them,
they would be more than can be counted.

⁶Sacrifice and offering you do not desire,
but you have given me an open ear.
Burnt offering and sin offering
you have not required.

⁷Then I said, "Here I am;
in the scroll of the book it is written of me.

⁸I delight to do your will, O my God;
your law is within my heart."

⁹I have told the glad news of deliverance
in the great congregation;
see, I have not restrained my lips,
as you know, O LORD.

¹⁰I have not hidden your saving help within my heart,
I have spoken of your faithfulness and your salvation;
I have not concealed your steadfast love and your faithfulness
from the great congregation.

¹¹Do not, O LORD, withhold
your mercy from me;
let your steadfast love and your faithfulness
keep me safe forever.

¹²For evils have encompassed me
without number;
my iniquities have overtaken me,
until I cannot see;
they are more than the hairs of my head,

and my heart fails me.

¹³Be pleased, O LORD, to deliver me;
O LORD, make haste to help me.

¹⁴Let all those be put to shame and confusion
who seek to snatch away my life;
let those be turned back and brought to dishonor
who desire my hurt.

¹⁵Let those be appalled because of their shame
who say to me, "Aha, Aha!"

¹⁶But may all who seek you
rejoice and be glad in you;
may those who love your salvation
say continually, "Great is the LORD!"

¹⁷As for me, I am poor and needy,
but the Lord takes thought for me.
You are my help and my deliverer;
do not delay, O my God.

^{41:1}To the leader. A Psalm of David.

Happy are those who consider the poor;
the LORD delivers them in the day of trouble.

²The LORD protects them and keeps them alive;
they are called happy in the land.
You do not give them up to the will of their enemies.

³The LORD sustains them on their sickbed;
in their illness you heal all their infirmities.

⁴As for me, I said, "O LORD, be gracious to me;
heal me, for I have sinned against you."

⁵My enemies wonder in malice
when I will die, and my name perish.

⁶And when they come to see me, they utter empty words,
while their hearts gather mischief;
when they go out, they tell it abroad.

⁷All who hate me whisper together about me;
they imagine the worst for me.

⁸They think that a deadly thing has fastened on me,
that I will not rise again from where I lie.

⁹Even my bosom friend in whom I trusted,
who ate of my bread, has lifted the heel against me.

¹⁰But you, O LORD, be gracious to me,
and raise me up, that I may repay them.

¹¹By this I know that you are pleased with me;
because my enemy has not triumphed over me.

¹²But you have upheld me because of my integrity,
and set me in your presence forever.

¹³Blessed be the LORD, the God of Israel,
from everlasting to everlasting.
Amen and Amen.

^{42:1}*To the leader. A Maskil of the Korahites.*

As a deer longs for flowing streams,
so my soul longs for you, O God.

²My soul thirsts for God,
for the living God.
When shall I come and behold
the face of God?

³My tears have been my food
day and night,
while people say to me continually,
"Where is your God?"

⁴These things I remember,
as I pour out my soul:
how I went with the throng,
and led them in procession to the house of God,
with glad shouts and songs of thanksgiving,
a multitude keeping festival.

⁵Why are you cast down, O my soul,
and why are you disquieted within me?
Hope in God; for I shall again praise him,
my help ⁶and my God.

My soul is cast down within me;
therefore I remember you
from the land of Jordan and of Hermon,
from Mount Mizar.

⁷Deep calls to deep
at the thunder of your cataracts;
all your waves and your billows
have gone over me.

⁸By day the LORD commands his steadfast love,
and at night his song is with me,
a prayer to the God of my life.

⁹I say to God, my rock,
"Why have you forgotten me?
Why must I walk about mournfully

because the enemy oppresses me?"

¹⁰As with a deadly wound in my body,
my adversaries taunt me,
while they say to me continually,
"Where is your God?"

¹¹Why are you cast down, O my soul,
and why are you disquieted within me?
Hope in God; for I shall again praise him,
my help and my God.

^{43:1}Vindicate me, O God, and defend my cause
against an ungodly people;
from those who are deceitful and unjust
deliver me!

²For you are the God in whom I take refuge;
why have you cast me off?
Why must I walk about mournfully
because of the oppression of the enemy?

³O send out your light and your truth;
let them lead me;
let them bring me to your holy hill
and to your dwelling.

⁴Then I will go to the altar of God,
to God my exceeding joy;
and I will praise you with the harp,
O God, my God.

⁵Why are you cast down, O my soul,
and why are you disquieted within me?
Hope in God; for I shall again praise him,
my help and my God.

^{44:1}*To the leader. Of the Korahites. A Maskil.*

We have heard with our ears, O God,
our ancestors have told us,
what deeds you performed in their days,
in the days of old:

²you with your own hand drove out the nations,
but them you planted;
you afflicted the peoples,
but them you set free;

³for not by their own sword did they win the land,
nor did their own arm give them victory;
but your right hand, and your arm,
and the light of your countenance,

for you delighted in them.

- ⁴You are my King and my God;
you command victories for Jacob.
⁵Through you we push down our foes;
through your name we tread down our assailants.
⁶For not in my bow do I trust,
nor can my sword save me.
⁷But you have saved us from our foes,
and have put to confusion those who hate us.
⁸In God we have boasted continually,
and we will give thanks to your name forever.

Selah

- ⁹Yet you have rejected us and abased us,
and have not gone out with our armies.
¹⁰You made us turn back from the foe,
and our enemies have gotten spoil.
¹¹You have made us like sheep for slaughter,
and have scattered us among the nations.
¹²You have sold your people for a trifle,
demanding no high price for them.

¹³You have made us the taunt of our neighbors,
the derision and scorn of those around us.
¹⁴You have made us a byword among the nations,
a laughingstock among the peoples.
¹⁵All day long my disgrace is before me,
and shame has covered my face
¹⁶at the words of the taunters and revilers,
at the sight of the enemy and the avenger.

¹⁷All this has come upon us,
yet we have not forgotten you,
or been false to your covenant.
¹⁸Our heart has not turned back,
nor have our steps departed from your way,
¹⁹yet you have broken us in the haunt of jackals,
and covered us with deep darkness.
²⁰If we had forgotten the name of our God,
or spread out our hands to a strange god,
²¹would not God discover this?
For he knows the secrets of the heart.
²²Because of you we are being killed all day long,
and accounted as sheep for the slaughter.

²³Rouse yourself! Why do you sleep, O Lord?
Awake, do not cast us off forever!
²⁴Why do you hide your face?
Why do you forget our affliction and oppression?
²⁵For we sink down to the dust;
our bodies cling to the ground.
²⁶Rise up, come to our help.
Redeem us for the sake of your steadfast love.

^{45:1}*To the leader: according to Lilies. Of the Korahites. A Maskil. A love song.*

My heart overflows with a goodly theme;
I address my verses to the king;
my tongue is like the pen of a ready scribe.

²You are the most handsome of men;
grace is poured upon your lips;
therefore God has blessed you forever.
³Gird your sword on your thigh, O mighty one,
in your glory and majesty.

⁴In your majesty ride on victoriously
for the cause of truth and to defend the right;
let your right hand teach you dread deeds.

⁵Your arrows are sharp
in the heart of the king's enemies;
the peoples fall under you.

⁶Your throne, O God, endures forever and ever.
Your royal scepter is a scepter of equity;

⁷you love righteousness and hate wickedness.
Therefore God, your God, has anointed you
with the oil of gladness beyond your companions;
⁸your robes are all fragrant with myrrh and aloes and cassia.
From ivory palaces stringed instruments make you glad;
⁹daughters of kings are among your ladies of honor;
at your right hand stands the queen in gold of Ophir.

¹⁰Hear, O daughter, consider and incline your ear;
forget your people and your father's house,

¹¹and the king will desire your beauty.
Since he is your lord, bow to him;

¹²the people of Tyre will seek your favor with gifts,
the richest of the people ¹³with all kinds of wealth.

The princess is decked in her chamber with gold-woven robes;

- ¹⁴in many-colored robes she is led to the king;
behind her the virgins, her companions, follow.
- ¹⁵With joy and gladness they are led along
as they enter the palace of the king.
- ¹⁶In the place of ancestors you, O king, shall have sons;
you will make them princes in all the earth.
- ¹⁷I will cause your name to be celebrated in all generations;
therefore the peoples will praise you forever and ever.

^{46:1}To the leader. Of the Korahites. According to Alamo. A Song.

- God is our refuge and strength,
a very present help in trouble.
- ²Therefore we will not fear, though the earth should change,
though the mountains shake in the heart of the sea;
- ³though its waters roar and foam,
though the mountains tremble with its tumult.

Selah

- ⁴There is a river whose streams make glad the city of God,
the holy habitation of the Most High.
- ⁵God is in the midst of the city; it shall not be moved;
God will help it when the morning dawns.
- ⁶The nations are in an uproar, the kingdoms totter;
he utters his voice, the earth melts.
- ⁷The LORD of hosts is with us;
the God of Jacob is our refuge.

Selah

- ⁸Come, behold the works of the LORD;
see what desolations he has brought on the earth.
- ⁹He makes wars cease to the end of the earth;
he breaks the bow, and shatters the spear;
he burns the shields with fire.
- ¹⁰"Be still, and know that I am God!
I am exalted among the nations,
I am exalted in the earth."
- ¹¹The LORD of hosts is with us;
the God of Jacob is our refuge.

Selah

^{47:1}To the leader. Of the Korahites. A Psalm.

- Clap your hands, all you peoples;
shout to God with loud songs of joy.
- ²For the LORD, the Most High, is awesome,

a great king over all the earth.
³He subdued peoples under us,
and nations under our feet.
⁴He chose our heritage for us,
the pride of Jacob whom he loves.

Selah

⁵God has gone up with a shout,
the LORD with the sound of a trumpet.
⁶Sing praises to God, sing praises;
sing praises to our King, sing praises.
⁷For God is the king of all the earth;
sing praises with a psalm.

⁸God is king over the nations;
God sits on his holy throne.
⁹The princes of the peoples gather
as the people of the God of Abraham.
For the shields of the earth belong to God;
he is highly exalted.

^{48:1}*A Song. A Psalm of the Korahites.*

Great is the LORD and greatly to be praised
in the city of our God.
His holy mountain, ²beautiful in elevation,
is the joy of all the earth,
Mount Zion, in the far north,
the city of the great King.
³Within its citadels God
has shown himself a sure defense.

⁴Then the kings assembled,
they came on together.
⁵As soon as they saw it, they were astounded;
they were in panic, they took to flight;
⁶trembling took hold of them there,
pains as of a woman in labor,
⁷as when an east wind shatters
the ships of Tarshish.
⁸As we have heard, so have we seen
in the city of the LORD of hosts,
in the city of our God,
which God establishes forever.

Selah

⁹We ponder your steadfast love, O God,

in the midst of your temple.
¹⁰Your name, O God, like your praise,
reaches to the ends of the earth.
Your right hand is filled with victory.
¹¹Let Mount Zion be glad,
let the towns of Judah rejoice
because of your judgments.

¹²Walk about Zion, go all around it,
count its towers,
¹³consider well its ramparts;
go through its citadels,
that you may tell the next generation
¹⁴that this is God,
our God forever and ever.
He will be our guide forever.

^{49:1}*To the leader. Of the Korahites. A Psalm.*

Hear this, all you peoples;
give ear, all inhabitants of the world,
²both low and high,
rich and poor together.
³My mouth shall speak wisdom;
the meditation of my heart shall be understanding.
⁴I will incline my ear to a proverb;
I will solve my riddle to the music of the harp.

⁵Why should I fear in times of trouble,
when the iniquity of my persecutors surrounds me,
⁶those who trust in their wealth
and boast of the abundance of their riches?
⁷Truly, no ransom avails for one's life,
there is no price one can give to God for it.
⁸For the ransom of life is costly,
and can never suffice
⁹that one should live on forever
and never see the grave.

¹⁰When we look at the wise, they die;
fool and dolt perish together
and leave their wealth to others.
¹¹Their graves are their homes forever,
their dwelling places to all generations,
though they named lands their own.
¹²Mortals cannot abide in their pomp;
they are like the animals that perish.

¹³Such is the fate of the foolhardy,
the end of those who are pleased with their lot.

Selah

¹⁴Like sheep they are appointed for Sheol;
Death shall be their shepherd;
straight to the grave they descend,
and their form shall waste away;
Sheol shall be their home.

¹⁵But God will ransom my soul from the power of Sheol,
for he will receive me.

Selah

¹⁶Do not be afraid when some become rich,
when the wealth of their houses increases.

¹⁷For when they die they will carry nothing away;
their wealth will not go down after them.

¹⁸Though in their lifetime they count themselves happy
--for you are praised when you do well for yourself--

¹⁹they will go to the company of their ancestors,
who will never again see the light.

²⁰Mortals cannot abide in their pomp;
they are like the animals that perish.

^{50:1}*A Psalm of Asaph.*

The mighty one, God the LORD,
speaks and summons the earth
from the rising of the sun to its setting.

²Out of Zion, the perfection of beauty,
God shines forth.

³Our God comes and does not keep silence,
before him is a devouring fire,
and a mighty tempest all around him.

⁴He calls to the heavens above
and to the earth, that he may judge his people:

⁵"Gather to me my faithful ones,
who made a covenant with me by sacrifice!"

⁶The heavens declare his righteousness,
for God himself is judge.

Selah

⁷"Hear, O my people, and I will speak,
O Israel, I will testify against you.
I am God, your God.

⁸Not for your sacrifices do I rebuke you;
your burnt offerings are continually before me.

⁹I will not accept a bull from your house,
or goats from your folds.

¹⁰For every wild animal of the forest is mine,
the cattle on a thousand hills.

¹¹I know all the birds of the air,
and all that moves in the field is mine.

¹²"If I were hungry, I would not tell you,
for the world and all that is in it is mine.

¹³Do I eat the flesh of bulls,
or drink the blood of goats?

¹⁴Offer to God a sacrifice of thanksgiving,
and pay your vows to the Most High.

¹⁵Call on me in the day of trouble;
I will deliver you, and you shall glorify me."

¹⁶But to the wicked God says:
"What right have you to recite my statutes,
or take my covenant on your lips?

¹⁷For you hate discipline,
and you cast my words behind you.

¹⁸You make friends with a thief when you see one,
and you keep company with adulterers.

¹⁹"You give your mouth free rein for evil,
and your tongue frames deceit.

²⁰You sit and speak against your kin;
you slander your own mother's child.

²¹These things you have done and I have been silent;
you thought that I was one just like yourself.
But now I rebuke you, and lay the charge before you.

²²"Mark this, then, you who forget God,
or I will tear you apart, and there will be no one to deliver.

²³Those who bring thanksgiving as their sacrifice honor me;
to those who go the right way
I will show the salvation of God."

^{51:1}*To the leader. A Psalm of David, when the prophet Nathan came to him, after he
had gone in to Bathsheba.*

Have mercy on me, O God,
according to your steadfast love;
according to your abundant mercy
blot out my transgressions.

- ²Wash me thoroughly from my iniquity,
and cleanse me from my sin.
- ³For I know my transgressions,
and my sin is ever before me.
- ⁴Against you, you alone, have I sinned,
and done what is evil in your sight,
so that you are justified in your sentence
and blameless when you pass judgment.
- ⁵Indeed, I was born guilty,
a sinner when my mother conceived me.
- ⁶You desire truth in the inward being;
therefore teach me wisdom in my secret heart.
- ⁷Purge me with hyssop, and I shall be clean;
wash me, and I shall be whiter than snow.
- ⁸Let me hear joy and gladness;
let the bones that you have crushed rejoice.
- ⁹Hide your face from my sins,
and blot out all my iniquities.
- ¹⁰Create in me a clean heart, O God,
and put a new and right spirit within me.
- ¹¹Do not cast me away from your presence,
and do not take your holy spirit from me.
- ¹²Restore to me the joy of your salvation,
and sustain in me a willing spirit.
- ¹³Then I will teach transgressors your ways,
and sinners will return to you.
- ¹⁴Deliver me from bloodshed, O God,
O God of my salvation,
and my tongue will sing aloud of your deliverance.
- ¹⁵O Lord, open my lips,
and my mouth will declare your praise.
- ¹⁶For you have no delight in sacrifice;
if I were to give a burnt offering, you would not be pleased.
- ¹⁷The sacrifice acceptable to God is a broken spirit;
a broken and contrite heart, O God, you will not despise.
- ¹⁸Do good to Zion in your good pleasure;
rebuild the walls of Jerusalem,
- ¹⁹then you will delight in right sacrifices,
in burnt offerings and whole burnt offerings;
then bulls will be offered on your altar.

52:1 To the leader. A Maskil of David, when Doeg the Edomite came to Saul and said to him, "David has come to the house of Ahimelech."

Why do you boast, O mighty one,
of mischief done against the godly?
All day long ²you are plotting destruction.
Your tongue is like a sharp razor,
you worker of treachery.

³You love evil more than good,
and lying more than speaking the truth.

Selah

⁴You love all words that devour,
O deceitful tongue.

⁵But God will break you down forever;
he will snatch and tear you from your tent;
he will uproot you from the land of the living.

Selah

⁶The righteous will see, and fear,
and will laugh at the evildoer, saying,

⁷"See the one who would not take
refuge in God,
but trusted in abundant riches,
and sought refuge in wealth!"

⁸But I am like a green olive tree
in the house of God.
I trust in the steadfast love of God
forever and ever.

⁹I will thank you forever,
because of what you have done.
In the presence of the faithful
I will proclaim your name, for it is good.

53:1 To the leader: according to Mahalath. A Maskil of David.

Fools say in their hearts, "There is no God."
They are corrupt, they commit abominable acts;
there is no one who does good.

²God looks down from heaven on humankind
to see if there are any who are wise,
who seek after God.

³They have all fallen away, they are all alike perverse;
there is no one who does good,
no, not one.

⁴Have they no knowledge, those evildoers,
who eat up my people as they eat bread,
and do not call upon God?

⁵There they shall be in great terror,
in terror such as has not been.
For God will scatter the bones of the ungodly;
they will be put to shame, for God has rejected them.

⁶O that deliverance for Israel would come from Zion!
When God restores the fortunes of his people,
Jacob will rejoice; Israel will be glad.

*^{54:1}To the leader: with stringed instruments. A Maskil of David, when the Ziphites
went and told Saul, "David is in hiding among us."*

Save me, O God, by your name,
and vindicate me by your might.

²Hear my prayer, O God;
give ear to the words of my mouth.

³For the insolent have risen against me,
the ruthless seek my life;
they do not set God before them.

Selah

⁴But surely, God is my helper;
the Lord is the upholder of my life.

⁵He will repay my enemies for their evil.
In your faithfulness, put an end to them.

⁶With a freewill offering I will sacrifice to you;
I will give thanks to your name, O LORD, for it is good.

⁷For he has delivered me from every trouble,
and my eye has looked in triumph on my enemies.

^{55:1}To the leader: with stringed instruments. A Maskil of David.

Give ear to my prayer, O God;
do not hide yourself from my supplication.

²Attend to me, and answer me;
I am troubled in my complaint.

I am distraught ³by the noise of the enemy,
because of the clamor of the wicked.

For they bring trouble upon me,
and in anger they cherish enmity against me.

⁴My heart is in anguish within me,
the terrors of death have fallen upon me.
⁵Fear and trembling come upon me,
and horror overwhelms me.
⁶And I say, "O that I had wings like a dove!
I would fly away and be at rest;
⁷truly, I would flee far away;
I would lodge in the wilderness;

Selah

⁸I would hurry to find a shelter for myself
from the raging wind and tempest."

⁹Confuse, O Lord, confound their speech;
for I see violence and strife in the city.

¹⁰Day and night they go around it
on its walls, and iniquity
and trouble are within it;

¹¹ruin is in its midst;
oppression and fraud
do not depart from its marketplace.

¹²It is not enemies who taunt me--
I could bear that;
it is not adversaries who deal insolently with me--
I could hide from them.

¹³But it is you, my equal,
my companion, my familiar friend,
¹⁴with whom I kept pleasant company;
we walked in the house of God with the throng.

¹⁵Let death come upon them;
let them go down alive to Sheol;
for evil is in their homes and in their hearts.

¹⁶But I call upon God,
and the LORD will save me.

¹⁷Evening and morning and at noon
I utter my complaint and moan,
and he will hear my voice.

¹⁸He will redeem me unharmed
from the battle that I wage,
for many are arrayed against me.

¹⁹God, who is enthroned from of old,

Selah

will hear, and will humble them--
because they do not change,
and do not fear God.

²⁰My companion laid hands on a friend
and violated a covenant with me

²¹with speech smoother than butter,
but with a heart set on war;
with words that were softer than oil,
but in fact were drawn swords.

²²Cast your burden on the LORD,
and he will sustain you;
he will never permit
the righteous to be moved.

²³But you, O God, will cast them down
into the lowest pit;
the bloodthirsty and treacherous
shall not live out half their days.
But I will trust in you.

*^{56:1}To the leader: according to The Dove on Far-off Terebinths. Of David. A
Miktam, when the Philistines seized him in Gath.*

Be gracious to me, O God, for people trample on me;
all day long foes oppress me;

²my enemies trample on me all day long,
for many fight against me.

O Most High, ³when I am afraid,
I put my trust in you.

⁴In God, whose word I praise,
in God I trust; I am not afraid;
what can flesh do to me?

⁵All day long they seek to injure my cause;
all their thoughts are against me for evil.

⁶They stir up strife, they lurk,
they watch my steps.

As they hoped to have my life,

⁷so repay them for their crime;
in wrath cast down the peoples, O God!

⁸You have kept count of my tossings;
put my tears in your bottle.
Are they not in your record?

⁹Then my enemies will retreat
in the day when I call.
This I know, that God is for me.

¹⁰In God, whose word I praise,
in the LORD, whose word I praise,

¹¹in God I trust; I am not afraid.
What can a mere mortal do to me?

¹²My vows to you I must perform, O God;
I will render thank offerings to you.

¹³For you have delivered my soul from death,
and my feet from falling,
so that I may walk before God
in the light of life.

^{57:1}*To the leader: Do Not Destroy. Of David. A Miktam, when he fled from Saul, in the cave.*

Be merciful to me, O God, be merciful to me,
for in you my soul takes refuge;
in the shadow of your wings I will take refuge,
until the destroying storms pass by.

²I cry to God Most High,
to God who fulfills his purpose for me.

³He will send from heaven and save me,
he will put to shame those who trample on me.

Selah

God will send forth his steadfast love and his faithfulness.

⁴I lie down among lions
that greedily devour human prey;
their teeth are spears and arrows,
their tongues sharp swords.

⁵Be exalted, O God, above the heavens.
Let your glory be over all the earth.

⁶They set a net for my steps;
my soul was bowed down.
They dug a pit in my path,
but they have fallen into it themselves.

Selah

⁷My heart is steadfast, O God,
my heart is steadfast.
I will sing and make melody.

⁸Awake, my soul!
Awake, O harp and lyre!
I will awake the dawn.

⁹I will give thanks to you, O Lord, among the peoples;
I will sing praises to you among the nations.

¹⁰For your steadfast love is as high as the heavens;
your faithfulness extends to the clouds.

¹¹Be exalted, O God, above the heavens.
Let your glory be over all the earth.

^{58:1}*To the leader: Do Not Destroy. Of David. A Miktam.*

Do you indeed decree what is right, you gods?
Do you judge people fairly?

²No, in your hearts you devise wrongs;
your hands deal out violence on earth.

³The wicked go astray from the womb;
they err from their birth, speaking lies.

⁴They have venom like the venom of a serpent,
like the deaf adder that stops its ear,

⁵so that it does not hear the voice of charmers
or of the cunning enchanter.

⁶O God, break the teeth in their mouths;
tear out the fangs of the young lions, O LORD!

⁷Let them vanish like water that runs away;
like grass let them be trodden down and wither.

⁸Let them be like the snail that dissolves into slime;
like the untimely birth that never sees the sun.

⁹Sooner than your pots can feel the heat of thorns,
whether green or ablaze, may he sweep them away!

¹⁰The righteous will rejoice when they see vengeance done;
they will bathe their feet in the blood of the wicked.

¹¹People will say, "Surely there is a reward for the righteous;
surely there is a God who judges on earth."

^{59:1}*To the leader: Do Not Destroy. Of David. A Miktam, when Saul ordered his house to be watched in order to kill him.*

Deliver me from my enemies, O my God;
protect me from those who rise up against me.

²Deliver me from those who work evil;
from the bloodthirsty save me.

³Even now they lie in wait for my life;
the mighty stir up strife against me.

For no transgression or sin of mine, O LORD,

⁴for no fault of mine, they run and make ready.
Rouse yourself, come to my help and see!

⁵You, LORD God of hosts, are God of Israel.
Awake to punish all the nations;

spare none of those who treacherously plot evil.

Selah

⁶Each evening they come back,
howling like dogs
and prowling about the city.

⁷There they are, bellowing with their mouths,
with sharp words on their lips--
for "Who," they think, "will hear us?"

⁸But you laugh at them, O LORD;
you hold all the nations in derision.

⁹O my strength, I will watch for you;
for you, O God, are my fortress.

¹⁰My God in his steadfast love will meet me;
my God will let me look in triumph on my enemies.

¹¹Do not kill them, or my people may forget;
make them totter by your power, and bring them down,
O Lord, our shield.

¹²For the sin of their mouths, the words of their lips,
let them be trapped in their pride.

For the cursing and lies that they utter,

¹³consume them in wrath;
consume them until they are no more.

Then it will be known to the ends of the earth
that God rules over Jacob.

Selah

¹⁴Each evening they come back,
howling like dogs
and prowling about the city.

¹⁵They roam about for food,
and growl if they do not get their fill.

¹⁶But I will sing of your might;
I will sing aloud of your steadfast love in the morning.
For you have been a fortress for me
and a refuge in the day of my distress.

¹⁷O my strength, I will sing praises to you,
for you, O God, are my fortress,
the God who shows me steadfast love.

^{60:1}*To the leader: according to the Lily of the Covenant. A Miktam of David; for instruction; when he struggled with Aram-naharaim and with Aram-zobah, and when Joab on his return killed twelve thousand Edomites in the Valley of Salt.*

O God, you have rejected us, broken our defenses;

you have been angry; now restore us!

²You have caused the land to quake; you have torn it open;
repair the cracks in it, for it is tottering.

³You have made your people suffer hard things;
you have given us wine to drink that made us reel.

⁴You have set up a banner for those who fear you,
to rally to it out of bowshot. *Selah*

⁵Give victory with your right hand, and answer us,
so that those whom you love may be rescued.

⁶God has promised in his sanctuary:
"With exultation I will divide up Shechem,
and portion out the Vale of Succoth.

⁷Gilead is mine, and Manasseh is mine;
Ephraim is my helmet;
Judah is my scepter.

⁸Moab is my washbasin;
on Edom I hurl my shoe;
over Philistia I shout in triumph."

⁹Who will bring me to the fortified city?
Who will lead me to Edom?

¹⁰Have you not rejected us, O God?
You do not go out, O God, with our armies.

¹¹O grant us help against the foe,
for human help is worthless.

¹²With God we shall do valiantly;
it is he who will tread down our foes.

^{61:1}To the leader: with stringed instruments. Of David.

Hear my cry, O God;
listen to my prayer.

²From the end of the earth I call to you,
when my heart is faint.

Lead me to the rock
that is higher than I;

³for you are my refuge,
a strong tower against the enemy.

⁴Let me abide in your tent forever,
find refuge under the shelter of your wings.

Selah

⁵For you, O God, have heard my vows;
you have given me the heritage of those who fear your name.

- ⁶Prolong the life of the king;
may his years endure to all generations!
- ⁷May he be enthroned forever before God;
appoint steadfast love and faithfulness to watch over him!
- ⁸So I will always sing praises to your name,
as I pay my vows day after day.

^{62:1}To the leader: according to Jeduthun. A Psalm of David.

For God alone my soul waits in silence;
from him comes my salvation.

²He alone is my rock and my salvation,
my fortress; I shall never be shaken.

³How long will you assail a person,
will you batter your victim, all of you,
as you would a leaning wall, a tottering fence?

⁴Their only plan is to bring down a person of prominence.
They take pleasure in falsehood;
they bless with their mouths,
but inwardly they curse.

Selah

⁵For God alone my soul waits in silence,
for my hope is from him.

⁶He alone is my rock and my salvation,
my fortress; I shall not be shaken.

⁷On God rests my deliverance and my honor;
my mighty rock, my refuge is in God.

⁸Trust in him at all times, O people;
pour out your heart before him;
God is a refuge for us.

Selah

⁹Those of low estate are but a breath,
those of high estate are a delusion;
in the balances they go up;
they are together lighter than a breath.

¹⁰Put no confidence in extortion,
and set no vain hopes on robbery;
if riches increase, do not set your heart on them.

¹¹Once God has spoken;
twice have I heard this:
that power belongs to God,

¹²and steadfast love belongs to you, O Lord.
For you repay to all
according to their work.

^{63:1}*A Psalm of David, when he was in the Wilderness of Judah.*

O God, you are my God, I seek you,
my soul thirsts for you;
my flesh faints for you,
as in a dry and weary land where there is no water.

²So I have looked upon you in the sanctuary,
beholding your power and glory.

³Because your steadfast love is better than life,
my lips will praise you.

⁴So I will bless you as long as I live;
I will lift up my hands and call on your name.

⁵My soul is satisfied as with a rich feast,
and my mouth praises you with joyful lips

⁶when I think of you on my bed,
and meditate on you in the watches of the night;

⁷for you have been my help,
and in the shadow of your wings I sing for joy.

⁸My soul clings to you;
your right hand upholds me.

⁹But those who seek to destroy my life
shall go down into the depths of the earth;

¹⁰they shall be given over to the power of the sword,
they shall be prey for jackals.

¹¹But the king shall rejoice in God;
all who swear by him shall exult,
for the mouths of liars will be stopped.

^{64:1}*To the leader. A Psalm of David.*

Hear my voice, O God, in my complaint;
preserve my life from the dread enemy.

²Hide me from the secret plots of the wicked,
from the scheming of evildoers,

³who whet their tongues like swords,
who aim bitter words like arrows,

⁴shooting from ambush at the blameless;
they shoot suddenly and without fear.

⁵They hold fast to their evil purpose;
they talk of laying snares secretly,
thinking, "Who can see us?"

⁶Who can search out our crimes?
We have thought out a cunningly conceived plot."
For the human heart and mind are deep.

⁷But God will shoot his arrow at them;
they will be wounded suddenly.

⁸Because of their tongue he will bring them to ruin;
all who see them will shake with horror.

⁹Then everyone will fear;
they will tell what God has brought about,
and ponder what he has done.

¹⁰Let the righteous rejoice in the LORD
and take refuge in him.
Let all the upright in heart glory.

^{65:1}To the leader. A Psalm of David. A Song.

Praise is due to you,
O God, in Zion;
and to you shall vows be performed,

²O you who answer prayer!
To you all flesh shall come.

³When deeds of iniquity overwhelm us,
you forgive our transgressions.

⁴Happy are those whom you choose and bring near
to live in your courts.
We shall be satisfied with the goodness of your house,
your holy temple.

⁵By awesome deeds you answer us with deliverance,
O God of our salvation;
you are the hope of all the ends of the earth
and of the farthest seas.

⁶By your strength you established the mountains;
you are girded with might.

⁷You silence the roaring of the seas,
the roaring of their waves,
the tumult of the peoples.

⁸Those who live at earth's farthest bounds are awed by your signs;
you make the gateways of the morning and the evening shout for joy.

⁹You visit the earth and water it,
you greatly enrich it;
the river of God is full of water;
you provide the people with grain,
for so you have prepared it.

¹⁰You water its furrows abundantly,
settling its ridges,
softening it with showers,
and blessing its growth.
¹¹You crown the year with your bounty;
your wagon tracks overflow with richness.
¹²The pastures of the wilderness overflow,
the hills gird themselves with joy,
¹³the meadows clothe themselves with flocks,
the valleys deck themselves with grain,
they shout and sing together for joy.

^{66:1}*To the leader. A Song. A Psalm.*

Make a joyful noise to God, all the earth;
²sing the glory of his name;
give to him glorious praise.
³Say to God, "How awesome are your deeds!
Because of your great power, your enemies cringe before you.
⁴All the earth worships you;
they sing praises to you,
sing praises to your name."

Selah

⁵Come and see what God has done:
he is awesome in his deeds among mortals.
⁶He turned the sea into dry land;
they passed through the river on foot.
There we rejoiced in him,
⁷who rules by his might forever,
whose eyes keep watch on the nations--
let the rebellious not exalt themselves.

Selah

⁸Bless our God, O peoples,
let the sound of his praise be heard,
⁹who has kept us among the living,
and has not let our feet slip.
¹⁰For you, O God, have tested us;
you have tried us as silver is tried.
¹¹You brought us into the net;
you laid burdens on our backs;
¹²you let people ride over our heads;
we went through fire and through water;
yet you have brought us out to a spacious place.
¹³I will come into your house with burnt offerings;

I will pay you my vows,
14 those that my lips uttered
and my mouth promised when I was in trouble.
15 I will offer to you burnt offerings of fatlings,
with the smoke of the sacrifice of rams;
I will make an offering of bulls and goats.

Selah

16 Come and hear, all you who fear God,
and I will tell what he has done for me.
17 I cried aloud to him,
and he was extolled with my tongue.
18 If I had cherished iniquity in my heart,
the Lord would not have listened.
19 But truly God has listened;
he has given heed to the words of my prayer.
20 Blessed be God,
because he has not rejected my prayer
or removed his steadfast love from me.

67:1 *To the leader: with stringed instruments. A Psalm. A Song.*

May God be gracious to us and bless us
and make his face to shine upon us,

Selah

2 that your way may be known upon earth,
your saving power among all nations.
3 Let the peoples praise you, O God;
let all the peoples praise you.
4 Let the nations be glad and sing for joy,
for you judge the peoples with equity
and guide the nations upon earth.
5 Let the peoples praise you, O God;
let all the peoples praise you.
6 The earth has yielded its increase;
God, our God, has blessed us.
7 May God continue to bless us;
let all the ends of the earth revere him.

Selah

68:1 *To the leader. Of David. A Psalm. A Song.*

Let God rise up, let his enemies be scattered;
let those who hate him flee before him.

²As smoke is driven away, so drive them away;
as wax melts before the fire,
let the wicked perish before God.

³But let the righteous be joyful;
let them exult before God;
let them be jubilant with joy.

⁴Sing to God, sing praises to his name;
lift up a song to him who rides upon the clouds--
his name is the LORD--
be exultant before him.

⁵Father of orphans and protector of widows
is God in his holy habitation.

⁶God gives the desolate a home to live in;
he leads out the prisoners to prosperity,
but the rebellious live in a parched land.

⁷O God, when you went out before your people,
when you marched through the wilderness,

Selah

⁸the earth quaked, the heavens poured down rain
at the presence of God, the God of Sinai,
at the presence of God, the God of Israel.

⁹Rain in abundance, O God, you showered abroad;
you restored your heritage when it languished;

¹⁰your flock found a dwelling in it;
in your goodness, O God, you provided for the needy.

¹¹The Lord gives the command;
great is the company of those who bore the tidings:

¹²"The kings of the armies, they flee, they flee!"
The women at home divide the spoil,

¹³though they stay among the sheepfolds--
the wings of a dove covered with silver,
its pinions with green gold.

¹⁴When the Almighty scattered kings there,
snow fell on Zalmon.

¹⁵O mighty mountain, mountain of Bashan;
O many-peaked mountain, mountain of Bashan!

¹⁶Why do you look with envy, O many-peaked mountain,
at the mount that God desired for his abode,
where the LORD will reside forever?

¹⁷With mighty chariotry, twice ten thousand,
thousands upon thousands,
the Lord came from Sinai into the holy place.

¹⁸You ascended the high mount,
leading captives in your train
and receiving gifts from people,
even from those who rebel against the LORD God's abiding there.

¹⁹Blessed be the Lord,
who daily bears us up;
God is our salvation.

Selah

²⁰Our God is a God of salvation,
and to GOD, the Lord, belongs escape from death.

²¹But God will shatter the heads of his enemies,
the hairy crown of those who walk in their guilty ways.

²²The Lord said,

"I will bring them back from Bashan,
I will bring them back from the depths of the sea,

²³so that you may bathe your feet in blood,
so that the tongues of your dogs may have their share from the foe."

²⁴Your solemn processions are seen, O God,
the processions of my God, my King, into the sanctuary--

²⁵the singers in front, the musicians last,
between them girls playing tambourines:

²⁶"Bless God in the great congregation,
the LORD, O you who are of Israel's fountain!"

²⁷There is Benjamin, the least of them, in the lead,
the princes of Judah in a body,
the princes of Zebulun, the princes of Naphtali.

²⁸Summon your might, O God;
show your strength, O God, as you have done for us before.

²⁹Because of your temple at Jerusalem
kings bear gifts to you.

³⁰Rebuke the wild animals that live among the reeds,
the herd of bulls with the calves of the peoples.
Trample under foot those who lust after tribute;
scatter the peoples who delight in war.

³¹Let bronze be brought from Egypt;
let Ethiopia hasten to stretch out its hands to God.

³²Sing to God, O kingdoms of the earth;
sing praises to the Lord,

Selah

³³O rider in the heavens, the ancient heavens;
listen, he sends out his voice, his mighty voice.

³⁴Ascribe power to God,
whose majesty is over Israel;
and whose power is in the skies.

³⁵Awesome is God in his sanctuary,
the God of Israel;
he gives power and strength to his people.

Blessed be God!

^{69:1}*To the leader: according to Lilies. Of David.*

Save me, O God,
for the waters have come up to my neck.

²I sink in deep mire,
where there is no foothold;
I have come into deep waters,
and the flood sweeps over me.

³I am weary with my crying;
my throat is parched.
My eyes grow dim
with waiting for my God.

⁴More in number than the hairs of my head
are those who hate me without cause;
many are those who would destroy me,
my enemies who accuse me falsely.
What I did not steal
must I now restore?

⁵O God, you know my folly;
the wrongs I have done are not hidden from you.

⁶Do not let those who hope in you be put to shame because of me,
O Lord GOD of hosts;
do not let those who seek you be dishonored because of me,
O God of Israel.

⁷It is for your sake that I have borne reproach,
that shame has covered my face.

⁸I have become a stranger to my kindred,
an alien to my mother's children.

⁹It is zeal for your house that has consumed me;
the insults of those who insult you have fallen on me.

¹⁰When I humbled my soul with fasting,
they insulted me for doing so.

¹¹When I made sackcloth my clothing,
I became a byword to them.

¹²I am the subject of gossip for those who sit in the gate,
and the drunkards make songs about me.

¹³But as for me, my prayer is to you, O LORD.

At an acceptable time, O God,
in the abundance of your steadfast love, answer me.

With your faithful help ¹⁴rescue me
from sinking in the mire;
let me be delivered from my enemies
and from the deep waters.

¹⁵Do not let the flood sweep over me,
or the deep swallow me up,
or the Pit close its mouth over me.

¹⁶Answer me, O LORD, for your steadfast love is good;
according to your abundant mercy, turn to me.

¹⁷Do not hide your face from your servant,
for I am in distress--make haste to answer me.

¹⁸Draw near to me, redeem me,
set me free because of my enemies.

¹⁹You know the insults I receive,
and my shame and dishonor;
my foes are all known to you.

²⁰Insults have broken my heart,
so that I am in despair.
I looked for pity, but there was none;
and for comforters, but I found none.

²¹They gave me poison for food,
and for my thirst they gave me vinegar to drink.

²²Let their table be a trap for them,
a snare for their allies.

²³Let their eyes be darkened so that they cannot see,
and make their loins tremble continually.

²⁴Pour out your indignation upon them,
and let your burning anger overtake them.

²⁵May their camp be a desolation;
let no one live in their tents.

²⁶For they persecute those whom you have struck down,
and those whom you have wounded, they attack still more.

²⁷Add guilt to their guilt;
may they have no acquittal from you.

²⁸Let them be blotted out of the book of the living;
let them not be enrolled among the righteous.

²⁹But I am lowly and in pain;
let your salvation, O God, protect me.

³⁰I will praise the name of God with a song;
I will magnify him with thanksgiving.

³¹This will please the LORD more than an ox
or a bull with horns and hoofs.
³²Let the oppressed see it and be glad;
you who seek God, let your hearts revive.
³³For the LORD hears the needy,
and does not despise his own that are in bonds.

³⁴Let heaven and earth praise him,
the seas and everything that moves in them.
³⁵For God will save Zion
and rebuild the cities of Judah;
and his servants shall live there and possess it;
³⁶the children of his servants shall inherit it,
and those who love his name shall live in it.

^{70:1}To the leader. Of David, for the memorial offering.

Be pleased, O God, to deliver me.
O LORD, make haste to help me!
²Let those be put to shame and confusion
who seek my life.
Let those be turned back and brought to dishonor
who desire to hurt me.
³Let those who say, "Aha, Aha!"
turn back because of their shame.

⁴Let all who seek you
rejoice and be glad in you.
Let those who love your salvation
say evermore, "God is great!"
⁵But I am poor and needy;
hasten to me, O God!
You are my help and my deliverer;
O LORD, do not delay!

^{71:1}In you, O LORD, I take refuge;
let me never be put to shame.
²In your righteousness deliver me and rescue me;
incline your ear to me and save me.
³Be to me a rock of refuge,
a strong fortress, to save me,
for you are my rock and my fortress.

⁴Rescue me, O my God, from the hand of the wicked,
from the grasp of the unjust and cruel.
⁵For you, O Lord, are my hope,
my trust, O LORD, from my youth.

⁶Upon you I have leaned from my birth;
it was you who took me from my mother's womb.
My praise is continually of you.

⁷I have been like a portent to many,
but you are my strong refuge.

⁸My mouth is filled with your praise,
and with your glory all day long.

⁹Do not cast me off in the time of old age;
do not forsake me when my strength is spent.

¹⁰For my enemies speak concerning me,
and those who watch for my life consult together.

¹¹They say, "Pursue and seize that person
whom God has forsaken,
for there is no one to deliver."

¹²O God, do not be far from me;
O my God, make haste to help me!

¹³Let my accusers be put to shame and consumed;
let those who seek to hurt me
be covered with scorn and disgrace.

¹⁴But I will hope continually,
and will praise you yet more and more.

¹⁵My mouth will tell of your righteous acts,
of your deeds of salvation all day long,
though their number is past my knowledge.

¹⁶I will come praising the mighty deeds of the Lord GOD,
I will praise your righteousness, yours alone.

¹⁷O God, from my youth you have taught me,
and I still proclaim your wondrous deeds.

¹⁸So even to old age and gray hairs,
O God, do not forsake me,
until I proclaim your might
to all the generations to come.

Your power ¹⁹and your righteousness, O God,
reach the high heavens.

You who have done great things,
O God, who is like you?

²⁰You who have made me see many troubles and calamities
will revive me again;
from the depths of the earth
you will bring me up again.

²¹You will increase my honor,
and comfort me once again.

²²I will also praise you with the harp

for your faithfulness, O my God;
I will sing praises to you with the lyre,
O Holy One of Israel.

²³My lips will shout for joy
when I sing praises to you;
my soul also, which you have rescued.

²⁴All day long my tongue will talk of your righteous help,
for those who tried to do me harm
have been put to shame, and disgraced.

^{72:1}*Of Solomon.*

Give the king your justice, O God,
and your righteousness to a king's son.

²May he judge your people with righteousness,
and your poor with justice.

³May the mountains yield prosperity for the people,
and the hills, in righteousness.

⁴May he defend the cause of the poor of the people,
give deliverance to the needy,
and crush the oppressor.

⁵May he live while the sun endures,
and as long as the moon, throughout all generations.

⁶May he be like rain that falls on the mown grass,
like showers that water the earth.

⁷In his days may righteousness flourish
and peace abound, until the moon is no more.

⁸May he have dominion from sea to sea,
and from the River to the ends of the earth.

⁹May his foes bow down before him,
and his enemies lick the dust.

¹⁰May the kings of Tarshish and of the isles
render him tribute,
may the kings of Sheba and Seba
bring gifts.

¹¹May all kings fall down before him,
all nations give him service.

¹²For he delivers the needy when they call,
the poor and those who have no helper.

¹³He has pity on the weak and the needy,
and saves the lives of the needy.

¹⁴From oppression and violence he redeems their life;
and precious is their blood in his sight.

¹⁵Long may he live!
May gold of Sheba be given to him.
May prayer be made for him continually,
and blessings invoked for him all day long.
¹⁶May there be abundance of grain in the land;
may it wave on the tops of the mountains;
may its fruit be like Lebanon;
and may people blossom in the cities
like the grass of the field.
¹⁷May his name endure forever,
his fame continue as long as the sun.
May all nations be blessed in him;
may they pronounce him happy.

¹⁸Blessed be the LORD, the God of Israel,
who alone does wondrous things.
¹⁹Blessed be his glorious name forever;
may his glory fill the whole earth.
Amen and Amen.

²⁰The prayers of David son of Jesse are ended.

^{73:1}*A Psalm of Asaph.*

Truly God is good to the upright,
to those who are pure in heart.
²But as for me, my feet had almost stumbled;
my steps had nearly slipped.
³For I was envious of the arrogant;
I saw the prosperity of the wicked.

⁴For they have no pain;
their bodies are sound and sleek.
⁵They are not in trouble as others are;
they are not plagued like other people.
⁶Therefore pride is their necklace;
violence covers them like a garment.
⁷Their eyes swell out with fatness;
their hearts overflow with follies.
⁸They scoff and speak with malice;
loftily they threaten oppression.
⁹They set their mouths against heaven,
and their tongues range over the earth.

¹⁰Therefore the people turn and praise them,
and find no fault in them.

- 11 And they say, "How can God know?
Is there knowledge in the Most High?"
- 12 Such are the wicked;
always at ease, they increase in riches.
- 13 All in vain I have kept my heart clean
and washed my hands in innocence.
- 14 For all day long I have been plagued,
and am punished every morning.
- 15 If I had said, "I will talk on in this way,"
I would have been untrue to the circle of your children.
- 16 But when I thought how to understand this,
it seemed to me a wearisome task,
- 17 until I went into the sanctuary of God;
then I perceived their end.
- 18 Truly you set them in slippery places;
you make them fall to ruin.
- 19 How they are destroyed in a moment,
swept away utterly by terrors!
- 20 They are like a dream when one awakes;
on awaking you despise their phantoms.
- 21 When my soul was embittered,
when I was pricked in heart,
- 22 I was stupid and ignorant;
I was like a brute beast toward you.
- 23 Nevertheless I am continually with you;
you hold my right hand.
- 24 You guide me with your counsel,
and afterward you will receive me with honor.
- 25 Whom have I in heaven but you?
And there is nothing on earth that I desire other than you.
- 26 My flesh and my heart may fail,
but God is the strength of my heart and my portion forever.
- 27 Indeed, those who are far from you will perish;
you put an end to those who are false to you.
- 28 But for me it is good to be near God;
I have made the Lord GOD my refuge,
to tell of all your works.

74:1 *A Maskil of Asaph.*

- O God, why do you cast us off forever?
Why does your anger smoke against the sheep of your pasture?
- 2 Remember your congregation,

which you acquired long ago, which you redeemed to be the tribe of your heritage.
Remember Mount Zion, where you came to dwell.

³Direct your steps to the perpetual ruins;
the enemy has destroyed everything in the sanctuary.

⁴Your foes have roared within your holy place;
they set up their emblems there.

⁵At the upper entrance they hacked
the wooden trellis with axes.

⁶And then, with hatchets and hammers,
they smashed all its carved work.

⁷They set your sanctuary on fire;
they desecrated the dwelling place of your name,
bringing it to the ground.

⁸They said to themselves, "We will utterly subdue them";
they burned all the meeting places of God in the land.

⁹We do not see our emblems;
there is no longer any prophet,
and there is no one among us who knows how long.

¹⁰How long, O God, is the foe to scoff?
Is the enemy to revile your name forever?

¹¹Why do you hold back your hand;
why do you keep your hand in your bosom?

¹²Yet God my King is from of old,
working salvation in the earth.

¹³You divided the sea by your might;
you broke the heads of the dragons in the waters.

¹⁴You crushed the heads of Leviathan;
you gave him as food for the creatures of the wilderness.

¹⁵You cut openings for springs and torrents;
you dried up ever-flowing streams.

¹⁶Yours is the day, yours also the night;
you established the luminaries and the sun.

¹⁷You have fixed all the bounds of the earth;
you made summer and winter.

¹⁸Remember this, O LORD, how the enemy scoffs,
and an impious people reviles your name.

¹⁹Do not deliver the soul of your dove to the wild animals;
do not forget the life of your poor forever.

²⁰Have regard for your covenant,
for the dark places of the land are full of the haunts of violence.

²¹Do not let the downtrodden be put to shame;

let the poor and needy praise your name.
²²Rise up, O God, plead your cause;
remember how the impious scoff at you all day long.
²³Do not forget the clamor of your foes,
the uproar of your adversaries that goes up continually.

^{75:1}To the leader: Do Not Destroy. A Psalm of Asaph. A Song.

We give thanks to you, O God;
we give thanks; your name is near.
People tell of your wondrous deeds.

²At the set time that I appoint
I will judge with equity.
³When the earth totters, with all its inhabitants,
it is I who keep its pillars steady.

Selah

⁴I say to the boastful, "Do not boast,"
and to the wicked, "Do not lift up your horn;
⁵do not lift up your horn on high,
or speak with insolent neck."

⁶For not from the east or from the west
and not from the wilderness comes lifting up;
⁷but it is God who executes judgment,
putting down one and lifting up another.
⁸For in the hand of the LORD there is a cup
with foaming wine, well mixed;
he will pour a draught from it,
and all the wicked of the earth
shall drain it down to the dregs.
⁹But I will rejoice forever;
I will sing praises to the God of Jacob.

¹⁰All the horns of the wicked I will cut off,
but the horns of the righteous shall be exalted.

^{76:1}To the leader: with stringed instruments. A Psalm of Asaph. A Song.

In Judah God is known,
his name is great in Israel.
²His abode has been established in Salem,
his dwelling place in Zion.
³There he broke the flashing arrows,
the shield, the sword, and the weapons of war.

Selah

- ⁴Glorious are you, more majestic
than the everlasting mountains.
- ⁵The stouthearted were stripped of their spoil;
they sank into sleep;
none of the troops
was able to lift a hand.
- ⁶At your rebuke, O God of Jacob,
both rider and horse lay stunned.
- ⁷But you indeed are awesome!
Who can stand before you
when once your anger is roused?
- ⁸From the heavens you uttered judgment;
the earth feared and was still
- ⁹when God rose up to establish judgment,
to save all the oppressed of the earth.

Selah

- ¹⁰Human wrath serves only to praise you,
when you bind the last bit of your wrath around you.
- ¹¹Make vows to the LORD your God, and perform them;
let all who are around him bring gifts
to the one who is awesome,
- ¹²who cuts off the spirit of princes,
who inspires fear in the kings of the earth.

77:1 To the leader: according to Jeduthun. Of Asaph. A Psalm.

- I cry aloud to God,
aloud to God, that he may hear me.
- ²In the day of my trouble I seek the Lord;
in the night my hand is stretched out without wearying;
my soul refuses to be comforted.
- ³I think of God, and I moan;
I meditate, and my spirit faints.

Selah

- ⁴You keep my eyelids from closing;
I am so troubled that I cannot speak.
- ⁵I consider the days of old,
and remember the years of long ago.
- ⁶I commune with my heart in the night;
I meditate and search my spirit:
- ⁷"Will the Lord spurn forever,
and never again be favorable?
- ⁸Has his steadfast love ceased forever?
Are his promises at an end for all time?

⁹Has God forgotten to be gracious?
Has he in anger shut up his compassion?"

Selah

¹⁰And I say, "It is my grief
that the right hand of the Most High has changed."

¹¹I will call to mind the deeds of the LORD;
I will remember your wonders of old.

¹²I will meditate on all your work,
and muse on your mighty deeds.

¹³Your way, O God, is holy.
What god is so great as our God?

¹⁴You are the God who works wonders;
you have displayed your might among the peoples.

¹⁵With your strong arm you redeemed your people,
the descendants of Jacob and Joseph.

Selah

¹⁶When the waters saw you, O God,
when the waters saw you, they were afraid;
the very deep trembled.

¹⁷The clouds poured out water;
the skies thundered;
your arrows flashed on every side.

¹⁸The crash of your thunder was in the whirlwind;
your lightnings lit up the world;
the earth trembled and shook.

¹⁹Your way was through the sea,
your path, through the mighty waters;
yet your footprints were unseen.

²⁰You led your people like a flock
by the hand of Moses and Aaron.

^{78:1}*A Maskil of Asaph.*

Give ear, O my people, to my teaching;
incline your ears to the words of my mouth.

²I will open my mouth in a parable;
I will utter dark sayings from of old,

³things that we have heard and known,
that our ancestors have told us.

⁴We will not hide them from their children;
we will tell to the coming generation
the glorious deeds of the LORD, and his might,
and the wonders that he has done.

⁵He established a decree in Jacob,
 and appointed a law in Israel,
 which he commanded our ancestors
 to teach to their children;
⁶that the next generation might know them,
 the children yet unborn,
 and rise up and tell them to their children,
⁷so that they should set their hope in God,
 and not forget the works of God,
 but keep his commandments;
⁸and that they should not be like their ancestors,
 a stubborn and rebellious generation,
 a generation whose heart was not steadfast,
 whose spirit was not faithful to God.

⁹The Ephraimites, armed with the bow,
 turned back on the day of battle.
¹⁰They did not keep God's covenant,
 but refused to walk according to his law.
¹¹They forgot what he had done,
 and the miracles that he had shown them.
¹²In the sight of their ancestors he worked marvels
 in the land of Egypt, in the fields of Zoan.
¹³He divided the sea and let them pass through it,
 and made the waters stand like a heap.
¹⁴In the daytime he led them with a cloud,
 and all night long with a fiery light.
¹⁵He split rocks open in the wilderness,
 and gave them drink abundantly as from the deep.
¹⁶He made streams come out of the rock,
 and caused waters to flow down like rivers.

¹⁷Yet they sinned still more against him,
 rebelling against the Most High in the desert.
¹⁸They tested God in their heart
 by demanding the food they craved.
¹⁹They spoke against God, saying,
 "Can God spread a table in the wilderness?
²⁰Even though he struck the rock so that water gushed out
 and torrents overflowed,
 can he also give bread,
 or provide meat for his people?"
²¹Therefore, when the LORD heard, he was full of rage;
 a fire was kindled against Jacob,
 his anger mounted against Israel,
²²because they had no faith in God,

and did not trust his saving power.

23 Yet he commanded the skies above,
and opened the doors of heaven;

24 he rained down on them manna to eat,
and gave them the grain of heaven.

25 Mortals ate of the bread of angels;
he sent them food in abundance.

26 He caused the east wind to blow in the heavens,
and by his power he led out the south wind;

27 he rained flesh upon them like dust,
winged birds like the sand of the seas;

28 he let them fall within their camp,
all around their dwellings.

29 And they ate and were well filled,
for he gave them what they craved.

30 But before they had satisfied their craving,
while the food was still in their mouths,

31 the anger of God rose against them
and he killed the strongest of them,
and laid low the flower of Israel.

32 In spite of all this they still sinned;
they did not believe in his wonders.

33 So he made their days vanish like a breath,
and their years in terror.

34 When he killed them, they sought for him;
they repented and sought God earnestly.

35 They remembered that God was their rock,
the Most High God their redeemer.

36 But they flattered him with their mouths;
they lied to him with their tongues.

37 Their heart was not steadfast toward him;
they were not true to his covenant.

38 Yet he, being compassionate,
forgave their iniquity,
and did not destroy them;
often he restrained his anger,
and did not stir up all his wrath.

39 He remembered that they were but flesh,
a wind that passes and does not come again.

40 How often they rebelled against him in the wilderness
and grieved him in the desert!

41 They tested God again and again,
and provoked the Holy One of Israel.

42 They did not keep in mind his power,
or the day when he redeemed them from the foe;

43 when he displayed his signs in Egypt,
and his miracles in the fields of Zoan.
44 He turned their rivers to blood,
so that they could not drink of their streams.
45 He sent among them swarms of flies, which devoured them,
and frogs, which destroyed them.
46 He gave their crops to the caterpillar,
and the fruit of their labor to the locust.
47 He destroyed their vines with hail,
and their sycamores with frost.
48 He gave over their cattle to the hail,
and their flocks to thunderbolts.
49 He let loose on them his fierce anger,
wrath, indignation, and distress,
a company of destroying angels.
50 He made a path for his anger;
he did not spare them from death,
but gave their lives over to the plague.
51 He struck all the firstborn in Egypt,
the first issue of their strength in the tents of Ham.
52 Then he led out his people like sheep,
and guided them in the wilderness like a flock.
53 He led them in safety, so that they were not afraid;
but the sea overwhelmed their enemies.
54 And he brought them to his holy hill,
to the mountain that his right hand had won.
55 He drove out nations before them;
he apportioned them for a possession
and settled the tribes of Israel in their tents.

56 Yet they tested the Most High God,
and rebelled against him.
They did not observe his decrees,
57 but turned away and were faithless like their ancestors;
they twisted like a treacherous bow.
58 For they provoked him to anger with their high places;
they moved him to jealousy with their idols.
59 When God heard, he was full of wrath,
and he utterly rejected Israel.
60 He abandoned his dwelling at Shiloh,
the tent where he dwelt among mortals,
61 and delivered his power to captivity,
his glory to the hand of the foe.
62 He gave his people to the sword,
and vented his wrath on his heritage.
63 Fire devoured their young men,

and their girls had no marriage song.
⁶⁴Their priests fell by the sword,
 and their widows made no lamentation.
⁶⁵Then the Lord awoke as from sleep,
 like a warrior shouting because of wine.
⁶⁶He put his adversaries to rout;
 he put them to everlasting disgrace.

⁶⁷He rejected the tent of Joseph,
 he did not choose the tribe of Ephraim;
⁶⁸but he chose the tribe of Judah,
 Mount Zion, which he loves.
⁶⁹He built his sanctuary like the high heavens,
 like the earth, which he has founded forever.
⁷⁰He chose his servant David,
 and took him from the sheepfolds;
⁷¹from tending the nursing ewes he brought him
 to be the shepherd of his people Jacob,
 of Israel, his inheritance.
⁷²With upright heart he tended them,
 and guided them with skillful hand.

^{79:1} *A Psalm of Asaph.*

O God, the nations have come into your inheritance;
 they have defiled your holy temple;
 they have laid Jerusalem in ruins.

²They have given the bodies of your servants
 to the birds of the air for food,
 the flesh of your faithful to the wild animals of the earth.

³They have poured out their blood like water
 all around Jerusalem,
 and there was no one to bury them.

⁴We have become a taunt to our neighbors,
 mocked and derided by those around us.

⁵How long, O LORD? Will you be angry forever?
 Will your jealous wrath burn like fire?

⁶Pour out your anger on the nations
 that do not know you,
 and on the kingdoms
 that do not call on your name.

⁷For they have devoured Jacob
 and laid waste his habitation.

⁸Do not remember against us the iniquities of our ancestors;
 let your compassion come speedily to meet us,

for we are brought very low.

⁹Help us, O God of our salvation,
for the glory of your name;
deliver us, and forgive our sins,
for your name's sake.

¹⁰Why should the nations say,
"Where is their God?"

Let the avenging of the outpoured blood of your servants
be known among the nations before our eyes.

¹¹Let the groans of the prisoners come before you;
according to your great power preserve those doomed to die.

¹²Return sevenfold into the bosom of our neighbors
the taunts with which they taunted you, O Lord!

¹³Then we your people, the flock of your pasture,
will give thanks to you forever;
from generation to generation we will recount your
praise.

^{80:1}To the leader: on Lilies, a Covenant. Of Asaph. A Psalm.

Give ear, O Shepherd of Israel,
you who lead Joseph like a flock!
You who are enthroned upon the cherubim, shine forth
²before Ephraim and Benjamin and Manasseh.
Stir up your might,
and come to save us!

³Restore us, O God;
let your face shine, that we may be saved.

⁴O LORD God of hosts,
how long will you be angry with your people's prayers?

⁵You have fed them with the bread of tears,
and given them tears to drink in full measure.

⁶You make us the scorn of our neighbors;
our enemies laugh among themselves.

⁷Restore us, O God of hosts;
let your face shine, that we may be saved.

⁸You brought a vine out of Egypt;
you drove out the nations and planted it.

⁹You cleared the ground for it;
it took deep root and filled the land.

¹⁰The mountains were covered with its shade,
the mighty cedars with its branches;

¹¹it sent out its branches to the sea,

and its shoots to the River.

¹²Why then have you broken down its walls,
so that all who pass along the way pluck its fruit?

¹³The boar from the forest ravages it,
and all that move in the field feed on it.

¹⁴Turn again, O God of hosts;
look down from heaven, and see;
have regard for this vine,

¹⁵the stock that your right hand planted.

¹⁶They have burned it with fire, they have cut it down;
may they perish at the rebuke of your countenance.

¹⁷But let your hand be upon the one at your right hand,
the one whom you made strong for yourself.

¹⁸Then we will never turn back from you;
give us life, and we will call on your name.

¹⁹Restore us, O LORD God of hosts;
let your face shine, that we may be saved.

^{81:1}To the leader: according to The Gittith. Of Asaph.

Sing aloud to God our strength;
shout for joy to the God of Jacob.

²Raise a song, sound the tambourine,
the sweet lyre with the harp.

³Blow the trumpet at the new moon,
at the full moon, on our festal day.

⁴For it is a statute for Israel,
an ordinance of the God of Jacob.

⁵He made it a decree in Joseph,
when he went out over the land of Egypt.

I hear a voice I had not known:

⁶"I relieved your shoulder of the burden;
your hands were freed from the basket.

⁷In distress you called, and I rescued you;
I answered you in the secret place of thunder;
I tested you at the waters of Meribah.

Selah

⁸Hear, O my people, while I admonish you;
O Israel, if you would but listen to me!

⁹There shall be no strange god among you;
you shall not bow down to a foreign god.

¹⁰I am the LORD your God,
who brought you up out of the land of Egypt.

Open your mouth wide and I will fill it.

- ¹¹"But my people did not listen to my voice;
Israel would not submit to me.
- ¹²So I gave them over to their stubborn hearts,
to follow their own counsels.
- ¹³O that my people would listen to me,
that Israel would walk in my ways!
- ¹⁴Then I would quickly subdue their enemies,
and turn my hand against their foes.
- ¹⁵Those who hate the LORD would cringe before him,
and their doom would last forever.
- ¹⁶I would feed you with the finest of the wheat,
and with honey from the rock I would satisfy you."

^{82:1}*A Psalm of Asaph.*

God has taken his place in the divine council;
in the midst of the gods he holds judgment:

- ²"How long will you judge unjustly
and show partiality to the wicked?

Selah

- ³Give justice to the weak and the orphan;
maintain the right of the lowly and the destitute.
- ⁴Rescue the weak and the needy;
deliver them from the hand of the wicked."
- ⁵They have neither knowledge nor understanding,
they walk around in darkness;
all the foundations of the earth are shaken.

- ⁶I say, "You are gods,
children of the Most High, all of you;
- ⁷nevertheless, you shall die like mortals,
and fall like any prince."

- ⁸Rise up, O God, judge the earth;
for all the nations belong to you!

^{83:1}*A Song. A Psalm of Asaph.*

O God, do not keep silence;
do not hold your peace or be still, O God!

- ²Even now your enemies are in tumult;
those who hate you have raised their heads.
- ³They lay crafty plans against your people;
they consult together against those you protect.

⁴They say, "Come, let us wipe them out as a nation;
let the name of Israel be remembered no more."
⁵They conspire with one accord;
against you they make a covenant--
⁶the tents of Edom and the Ishmaelites,
Moab and the Hagrites,
⁷Gebal and Ammon and Amalek,
Philistia with the inhabitants of Tyre;
⁸Assyria also has joined them;
they are the strong arm of the children of Lot.

Selah

⁹Do to them as you did to Midian,
as to Sisera and Jabin at the Wadi Kishon,
¹⁰who were destroyed at En-dor,
who became dung for the ground.
¹¹Make their nobles like Oreb and Zeeb,
all their princes like Zebah and Zalmunna,
¹²who said, "Let us take the pastures of God
for our own possession."

¹³O my God, make them like whirling dust,
like chaff before the wind.
¹⁴As fire consumes the forest,
as the flame sets the mountains ablaze,
¹⁵so pursue them with your tempest
and terrify them with your hurricane.
¹⁶Fill their faces with shame,
so that they may seek your name, O LORD.
¹⁷Let them be put to shame and dismayed forever;
let them perish in disgrace.
¹⁸Let them know that you alone,
whose name is the LORD,
are the Most High over all the earth.

^{84:1}*To the leader: according to The Gittith. Of the Korahites. A Psalm.*

How lovely is your dwelling place,
O LORD of hosts!
²My soul longs, indeed it faints
for the courts of the LORD;
my heart and my flesh sing for joy
to the living God.

³Even the sparrow finds a home,
and the swallow a nest for herself,

where she may lay her young,
at your altars, O LORD of hosts,
my King and my God.

⁴Happy are those who live in your house,
ever singing your praise.

Selah

⁵Happy are those whose strength is in you,
in whose heart are the highways to Zion.

⁶As they go through the valley of Baca
they make it a place of springs;
the early rain also covers it with pools.

⁷They go from strength to strength;
the God of gods will be seen in Zion.

⁸O LORD God of hosts, hear my prayer;
give ear, O God of Jacob!

Selah

⁹Behold our shield, O God;
look on the face of your anointed.

¹⁰For a day in your courts is better
than a thousand elsewhere.

I would rather be a doorkeeper in the house of my God
than live in the tents of wickedness.

¹¹For the LORD God is a sun and shield;
he bestows favor and honor.

No good thing does the LORD withhold
from those who walk uprightly.

¹²O LORD of hosts,
happy is everyone who trusts in you.

^{85:1}*To the leader. Of the Korahites. A Psalm.*

LORD, you were favorable to your land;
you restored the fortunes of Jacob.

²You forgave the iniquity of your people;
you pardoned all their sin.

Selah

³You withdrew all your wrath;
you turned from your hot anger.

⁴Restore us again, O God of our salvation,
and put away your indignation toward us.

⁵Will you be angry with us forever?
Will you prolong your anger to all generations?

⁶Will you not revive us again,

so that your people may rejoice in you?

⁷Show us your steadfast love, O LORD,
and grant us your salvation.

⁸Let me hear what God the LORD will speak,
for he will speak peace to his people,
to his faithful, to those who turn to him in their hearts.

⁹Surely his salvation is at hand for those who fear him,
that his glory may dwell in our land.

¹⁰Steadfast love and faithfulness will meet;
righteousness and peace will kiss each other.

¹¹Faithfulness will spring up from the ground,
and righteousness will look down from the sky.

¹²The LORD will give what is good,
and our land will yield its increase.

¹³Righteousness will go before him,
and will make a path for his steps.

86:1 *A Prayer of David.*

Incline your ear, O LORD, and answer me,
for I am poor and needy.

²Preserve my life, for I am devoted to you;
save your servant who trusts in you.

You are my God; ³be gracious to me, O Lord,
for to you do I cry all day long.

⁴Gladden the soul of your servant,
for to you, O Lord, I lift up my soul.

⁵For you, O Lord, are good and forgiving,
abounding in steadfast love to all who call on you.

⁶Give ear, O LORD, to my prayer;
listen to my cry of supplication.

⁷In the day of my trouble I call on you,
for you will answer me.

⁸There is none like you among the gods, O Lord,
nor are there any works like yours.

⁹All the nations you have made shall come
and bow down before you, O Lord,
and shall glorify your name.

¹⁰For you are great and do wondrous things;
you alone are God.

¹¹Teach me your way, O LORD,
that I may walk in your truth;
give me an undivided heart to revere your name.

¹²I give thanks to you, O Lord my God, with my whole heart,
and I will glorify your name forever.

¹³For great is your steadfast love toward me;
you have delivered my soul from the depths of Sheol.

¹⁴O God, the insolent rise up against me;
a band of ruffians seeks my life,
and they do not set you before them.

¹⁵But you, O Lord, are a God merciful and gracious,
slow to anger and abounding in steadfast love and faithfulness.

¹⁶Turn to me and be gracious to me;
give your strength to your servant;
save the child of your serving girl.

¹⁷Show me a sign of your favor,
so that those who hate me may see it and be put to shame,
because you, LORD, have helped me and comforted me.

^{87:1}Of the Korahites. A Psalm. A Song.

On the holy mount stands the city he founded;

²the LORD loves the gates of Zion
more than all the dwellings of Jacob.

³Glorious things are spoken of you,
O city of God.

Selah

⁴Among those who know me I mention Rahab and Babylon;
Philistia too, and Tyre, with Ethiopia--
"This one was born there," they say.

⁵And of Zion it shall be said,
"This one and that one were born in it";
for the Most High himself will establish it.

⁶The LORD records, as he registers the peoples,
"This one was born there."

Selah

⁷Singers and dancers alike say,
"All my springs are in you."

*^{88:1}A Song. A Psalm of the Korahites. To the leader: according to Mahalath
Leannoth. A Maskil of Heman the Ezrahite.*

O LORD, God of my salvation,
when, at night, I cry out in your presence,

²let my prayer come before you;
incline your ear to my cry.

³For my soul is full of troubles,
and my life draws near to Sheol.
⁴I am counted among those who go down to the Pit;
I am like those who have no help,
⁵like those forsaken among the dead,
like the slain that lie in the grave,
like those whom you remember no more,
for they are cut off from your hand.
⁶You have put me in the depths of the Pit,
in the regions dark and deep.
⁷Your wrath lies heavy upon me,
and you overwhelm me with all your waves.

Selah

⁸You have caused my companions to shun me;
you have made me a thing of horror to them.
I am shut in so that I cannot escape;
⁹my eye grows dim through sorrow.
Every day I call on you, O LORD;
I spread out my hands to you.
¹⁰Do you work wonders for the dead?
Do the shades rise up to praise you?

Selah

¹¹Is your steadfast love declared in the grave,
or your faithfulness in Abaddon?
¹²Are your wonders known in the darkness,
or your saving help in the land of forgetfulness?
¹³But I, O LORD, cry out to you;
in the morning my prayer comes before you.
¹⁴O LORD, why do you cast me off?
Why do you hide your face from me?
¹⁵Wretched and close to death from my youth up,
I suffer your terrors; I am desperate.
¹⁶Your wrath has swept over me;
your dread assaults destroy me.
¹⁷They surround me like a flood all day long;
from all sides they close in on me.
¹⁸You have caused friend and neighbor to shun me;
my companions are in darkness.

^{89:1}*A Maskil of Ethan the Ezrahite.*

I will sing of your steadfast love, O LORD, forever;
with my mouth I will proclaim your faithfulness to all generations.

²I declare that your steadfast love is established forever;
your faithfulness is as firm as the heavens.

³You said, "I have made a covenant with my chosen one,
I have sworn to my servant David:

⁴"I will establish your descendants forever,
and build your throne for all generations.' "

Selah

⁵Let the heavens praise your wonders, O LORD,
your faithfulness in the assembly of the holy ones.

⁶For who in the skies can be compared to the LORD?
Who among the heavenly beings is like the LORD,

⁷a God feared in the council of the holy ones,
great and awesome above all that are around him?

⁸O LORD God of hosts,
who is as mighty as you, O LORD?
Your faithfulness surrounds you.

⁹You rule the raging of the sea;
when its waves rise, you still them.

¹⁰You crushed Rahab like a carcass;
you scattered your enemies with your mighty arm.

¹¹The heavens are yours, the earth also is yours;
the world and all that is in it--you have founded them.

¹²The north and the south--you created them;
Tabor and Hermon joyously praise your name.

¹³You have a mighty arm;
strong is your hand, high your right hand.

¹⁴Righteousness and justice are the foundation of your throne;
steadfast love and faithfulness go before you.

¹⁵Happy are the people who know the festal shout,
who walk, O LORD, in the light of your countenance;

¹⁶they exult in your name all day long,
and extol your righteousness.

¹⁷For you are the glory of their strength;
by your favor our horn is exalted.

¹⁸For our shield belongs to the LORD,
our king to the Holy One of Israel.

¹⁹Then you spoke in a vision to your faithful one, and said:
"I have set the crown on one who is mighty,
I have exalted one chosen from the people.

²⁰I have found my servant David;
with my holy oil I have anointed him;

²¹my hand shall always remain with him;
my arm also shall strengthen him.

²²The enemy shall not outwit him,
 the wicked shall not humble him.
²³I will crush his foes before him
 and strike down those who hate him.
²⁴My faithfulness and steadfast love shall be with him;
 and in my name his horn shall be exalted.
²⁵I will set his hand on the sea
 and his right hand on the rivers.
²⁶He shall cry to me, 'You are my Father,
 my God, and the Rock of my salvation!'
²⁷I will make him the firstborn,
 the highest of the kings of the earth.
²⁸Forever I will keep my steadfast love for him,
 and my covenant with him will stand firm.
²⁹I will establish his line forever,
 and his throne as long as the heavens endure.
³⁰If his children forsake my law
 and do not walk according to my ordinances,
³¹if they violate my statutes
 and do not keep my commandments,
³²then I will punish their transgression with the rod
 and their iniquity with scourges;
³³but I will not remove from him my steadfast love,
 or be false to my faithfulness.
³⁴I will not violate my covenant,
 or alter the word that went forth from my lips.
³⁵Once and for all I have sworn by my holiness;
 I will not lie to David.
³⁶His line shall continue forever,
 and his throne endure before me like the sun.
³⁷It shall be established forever like the moon,
 an enduring witness in the skies."

Selah

³⁸But now you have spurned and rejected him;
 you are full of wrath against your anointed.
³⁹You have renounced the covenant with your servant;
 you have defiled his crown in the dust.
⁴⁰You have broken through all his walls;
 you have laid his strongholds in ruins.
⁴¹All who pass by plunder him;
 he has become the scorn of his neighbors.
⁴²You have exalted the right hand of his foes;
 you have made all his enemies rejoice.
⁴³Moreover, you have turned back the edge of his sword,
 and you have not supported him in battle.

⁴⁴You have removed the scepter from his hand,
and hurled his throne to the ground.

⁴⁵You have cut short the days of his youth;
you have covered him with shame.

Selah

⁴⁶How long, O LORD? Will you hide yourself forever?
How long will your wrath burn like fire?

⁴⁷Remember how short my time is--
for what vanity you have created all mortals!

⁴⁸Who can live and never see death?
Who can escape the power of Sheol?

Selah

⁴⁹Lord, where is your steadfast love of old,
which by your faithfulness you swore to David?

⁵⁰Remember, O Lord, how your servant is taunted;
how I bear in my bosom the insults of the peoples,

⁵¹with which your enemies taunt, O LORD,
with which they taunted the footsteps of your anointed.

⁵²Blessed be the LORD forever.

Amen and Amen.

^{90:1}*A Prayer of Moses, the man of God.*

Lord, you have been our dwelling place
in all generations.

²Before the mountains were brought forth,
or ever you had formed the earth and the world,
from everlasting to everlasting you are God.

³You turn us back to dust,
and say, "Turn back, you mortals."

⁴For a thousand years in your sight
are like yesterday when it is past,
or like a watch in the night.

⁵You sweep them away; they are like a dream,
like grass that is renewed in the morning;

⁶in the morning it flourishes and is renewed;
in the evening it fades and withers.

⁷For we are consumed by your anger;
by your wrath we are overwhelmed.

⁸You have set our iniquities before you,
our secret sins in the light of your countenance.

⁹For all our days pass away under your wrath;
our years come to an end like a sigh.

¹⁰The days of our life are seventy years,
or perhaps eighty, if we are strong;
even then their span is only toil and trouble;
they are soon gone, and we fly away.

¹¹Who considers the power of your anger?
Your wrath is as great as the fear that is due you.

¹²So teach us to count our days
that we may gain a wise heart.

¹³Turn, O LORD! How long?
Have compassion on your servants!

¹⁴Satisfy us in the morning with your steadfast love,
so that we may rejoice and be glad all our days.

¹⁵Make us glad as many days as you have afflicted us,
and as many years as we have seen evil.

¹⁶Let your work be manifest to your servants,
and your glorious power to their children.

¹⁷Let the favor of the Lord our God be upon us,
and prosper for us the work of our hands--
O prosper the work of our hands!

^{91:1}You who live in the shelter of the Most High,
who abide in the shadow of the Almighty,

²will say to the LORD, "My refuge and my fortress;
my God, in whom I trust."

³For he will deliver you from the snare of the fowler
and from the deadly pestilence;

⁴he will cover you with his pinions,
and under his wings you will find refuge;
his faithfulness is a shield and buckler.

⁵You will not fear the terror of the night,
or the arrow that flies by day,

⁶or the pestilence that stalks in darkness,
or the destruction that wastes at noonday.

⁷A thousand may fall at your side,
ten thousand at your right hand,
but it will not come near you.

⁸You will only look with your eyes
and see the punishment of the wicked.

⁹Because you have made the LORD your refuge,

the Most High your dwelling place,
¹⁰no evil shall befall you,
 no scourge come near your tent.
¹¹For he will command his angels concerning you
 to guard you in all your ways.
¹²On their hands they will bear you up,
 so that you will not dash your foot against a stone.
¹³You will tread on the lion and the adder,
 the young lion and the serpent you will trample under foot.

¹⁴Those who love me, I will deliver;
 I will protect those who know my name.
¹⁵When they call to me, I will answer them;
 I will be with them in trouble,
 I will rescue them and honor them.
¹⁶With long life I will satisfy them,
 and show them my salvation.

^{92:1}*A Psalm. A Song for the Sabbath Day.*

It is good to give thanks to the LORD,
 to sing praises to your name, O Most High;
²to declare your steadfast love in the morning,
 and your faithfulness by night,
³to the music of the lute and the harp,
 to the melody of the lyre.
⁴For you, O LORD, have made me glad by your work;
 at the works of your hands I sing for joy.

⁵How great are your works, O LORD!
 Your thoughts are very deep!
⁶The dullard cannot know,
 the stupid cannot understand this:
⁷though the wicked sprout like grass
 and all evildoers flourish,
 they are doomed to destruction forever,
⁸but you, O LORD, are on high forever.
⁹For your enemies, O LORD,
 for your enemies shall perish;
 all evildoers shall be scattered.

¹⁰But you have exalted my horn like that of the wild ox;
 you have poured over me fresh oil.
¹¹My eyes have seen the downfall of my enemies;
 my ears have heard the doom of my evil assailants.

¹²The righteous flourish like the palm tree,
and grow like a cedar in Lebanon.
¹³They are planted in the house of the LORD;
they flourish in the courts of our God.
¹⁴In old age they still produce fruit;
they are always green and full of sap,
¹⁵showing that the LORD is upright;
he is my rock, and there is no unrighteousness in him.

^{93:1}The LORD is king, he is robed in majesty;
the LORD is robed, he is girded with strength.
He has established the world; it shall never be moved;
²your throne is established from of old;
you are from everlasting.

³The floods have lifted up, O LORD,
the floods have lifted up their voice;
the floods lift up their roaring.
⁴More majestic than the thunders of mighty waters,
more majestic than the waves of the sea,
majestic on high is the LORD!

⁵Your decrees are very sure;
holiness befits your house,
O LORD, forevermore.

^{94:1}O LORD, you God of vengeance,
you God of vengeance, shine forth!
²Rise up, O judge of the earth;
give to the proud what they deserve!
³O LORD, how long shall the wicked,
how long shall the wicked exult?

⁴They pour out their arrogant words;
all the evildoers boast.
⁵They crush your people, O LORD,
and afflict your heritage.
⁶They kill the widow and the stranger,
they murder the orphan,
⁷and they say, "The LORD does not see;
the God of Jacob does not perceive."

⁸Understand, O dullest of the people;
fools, when will you be wise?
⁹He who planted the ear, does he not hear?
He who formed the eye, does he not see?

- ¹⁰He who disciplines the nations,
he who teaches knowledge to humankind,
does he not chastise?
- ¹¹The LORD knows our thoughts,
that they are but an empty breath.
- ¹²Happy are those whom you discipline, O LORD,
and whom you teach out of your law,
¹³giving them respite from days of trouble,
until a pit is dug for the wicked.
- ¹⁴For the LORD will not forsake his people;
he will not abandon his heritage;
¹⁵for justice will return to the righteous,
and all the upright in heart will follow it.
- ¹⁶Who rises up for me against the wicked?
Who stands up for me against evildoers?
- ¹⁷If the LORD had not been my help,
my soul would soon have lived in the land of silence.
- ¹⁸When I thought, "My foot is slipping,"
your steadfast love, O LORD, held me up.
- ¹⁹When the cares of my heart are many,
your consolations cheer my soul.
- ²⁰Can wicked rulers be allied with you,
those who contrive mischief by statute?
- ²¹They band together against the life of the righteous,
and condemn the innocent to death.
- ²²But the LORD has become my stronghold,
and my God the rock of my refuge.
- ²³He will repay them for their iniquity
and wipe them out for their wickedness;
the LORD our God will wipe them out.
- ^{95:1}O come, let us sing to the LORD;
let us make a joyful noise to the rock of our salvation!
- ²Let us come into his presence with thanksgiving;
let us make a joyful noise to him with songs of praise!
- ³For the LORD is a great God,
and a great King above all gods.
- ⁴In his hand are the depths of the earth;
the heights of the mountains are his also.
- ⁵The sea is his, for he made it,
and the dry land, which his hands have formed.
- ⁶O come, let us worship and bow down,
let us kneel before the LORD, our Maker!

⁷For he is our God,
and we are the people of his pasture,
and the sheep of his hand.

O that today you would listen to his voice!

⁸Do not harden your hearts, as at Meribah,
as on the day at Massah in the wilderness,
⁹when your ancestors tested me,
and put me to the proof, though they had seen my work.
¹⁰For forty years I loathed that generation
and said, "They are a people whose hearts go astray,
and they do not regard my ways."
¹¹Therefore in my anger I swore,
"They shall not enter my rest."

^{96:1}O sing to the LORD a new song;
sing to the LORD, all the earth.
²Sing to the LORD, bless his name;
tell of his salvation from day to day.
³Declare his glory among the nations,
his marvelous works among all the peoples.
⁴For great is the LORD, and greatly to be praised;
he is to be revered above all gods.
⁵For all the gods of the peoples are idols,
but the LORD made the heavens.
⁶Honor and majesty are before him;
strength and beauty are in his sanctuary.

⁷Ascribe to the LORD, O families of the peoples,
ascribe to the LORD glory and strength.
⁸Ascribe to the LORD the glory due his name;
bring an offering, and come into his courts.
⁹Worship the LORD in holy splendor;
tremble before him, all the earth.

¹⁰Say among the nations, "The LORD is king!
The world is firmly established; it shall never be moved.
He will judge the peoples with equity."
¹¹Let the heavens be glad, and let the earth rejoice;
let the sea roar, and all that fills it;
¹²let the field exult, and everything in it.
Then shall all the trees of the forest sing for joy
¹³before the LORD; for he is coming,
for he is coming to judge the earth.
He will judge the world with righteousness,
and the peoples with his truth.

- ^{97:1}The LORD is king! Let the earth rejoice;
let the many coastlands be glad!
- ²Clouds and thick darkness are all around him;
righteousness and justice are the foundation of his throne.
- ³Fire goes before him,
and consumes his adversaries on every side.
- ⁴His lightnings light up the world;
the earth sees and trembles.
- ⁵The mountains melt like wax before the LORD,
before the Lord of all the earth.
- ⁶The heavens proclaim his righteousness;
and all the peoples behold his glory.
- ⁷All worshipers of images are put to shame,
those who make their boast in worthless idols;
all gods bow down before him.
- ⁸Zion hears and is glad,
and the towns of Judah rejoice,
because of your judgments, O God.
- ⁹For you, O LORD, are most high over all the earth;
you are exalted far above all gods.
- ¹⁰The LORD loves those who hate evil;
he guards the lives of his faithful;
he rescues them from the hand of the wicked.
- ¹¹Light dawns for the righteous,
and joy for the upright in heart.
- ¹²Rejoice in the LORD, O you righteous,
and give thanks to his holy name!

^{98:1}*A Psalm.*

- O sing to the LORD a new song,
for he has done marvelous things.
His right hand and his holy arm
have gotten him victory.
- ²The LORD has made known his victory;
he has revealed his vindication in the sight of the nations.
- ³He has remembered his steadfast love and faithfulness
to the house of Israel.
All the ends of the earth have seen
the victory of our God.
- ⁴Make a joyful noise to the LORD, all the earth;
break forth into joyous song and sing praises.
- ⁵Sing praises to the LORD with the lyre,
with the lyre and the sound of melody.

⁶With trumpets and the sound of the horn
make a joyful noise before the King, the LORD.

⁷Let the sea roar, and all that fills it;
the world and those who live in it.

⁸Let the floods clap their hands;
let the hills sing together for joy

⁹at the presence of the LORD, for he is coming
to judge the earth.

He will judge the world with righteousness,
and the peoples with equity.

^{99:1}The LORD is king; let the peoples tremble!
He sits enthroned upon the cherubim; let the earth quake!

²The LORD is great in Zion;
he is exalted over all the peoples.

³Let them praise your great and awesome name.
Holy is he!

⁴Mighty King, lover of justice,
you have established equity;
you have executed justice
and righteousness in Jacob.

⁵Extol the LORD our God;
worship at his footstool.
Holy is he!

⁶Moses and Aaron were among his priests,
Samuel also was among those who called on his name.
They cried to the LORD, and he answered them.

⁷He spoke to them in the pillar of cloud;
they kept his decrees,
and the statutes that he gave them.

⁸O LORD our God, you answered them;
you were a forgiving God to them,
but an avenger of their wrongdoings.

⁹Extol the LORD our God,
and worship at his holy mountain;
for the LORD our God is holy.

^{100:1} *A Psalm of thanksgiving.*

Make a joyful noise to the LORD, all the earth.

²Worship the LORD with gladness;
come into his presence with singing.

³Know that the LORD is God.

It is he that made us, and we are his;
we are his people, and the sheep of his pasture.

⁴Enter his gates with thanksgiving,
and his courts with praise.
Give thanks to him, bless his name.

⁵For the LORD is good;
his steadfast love endures forever,
and his faithfulness to all generations.

101:1 *Of David. A Psalm.*

I will sing of loyalty and of justice;
to you, O LORD, I will sing.

²I will study the way that is blameless.
When shall I attain it?

I will walk with integrity of heart
within my house;

³I will not set before my eyes
anything that is base.

I hate the work of those who fall away;
it shall not cling to me.

⁴Perverseness of heart shall be far from me;
I will know nothing of evil.

⁵One who secretly slanders a neighbor
I will destroy.

A haughty look and an arrogant heart
I will not tolerate.

⁶I will look with favor on the faithful in the land,
so that they may live with me;
whoever walks in the way that is blameless
shall minister to me.

⁷No one who practices deceit
shall remain in my house;
no one who utters lies
shall continue in my presence.

⁸Morning by morning I will destroy
all the wicked in the land,
cutting off all evildoers
from the city of the LORD.

102:1 *A prayer of one afflicted, when faint and pleading before the LORD.*

Hear my prayer, O LORD;
 let my cry come to you.

²Do not hide your face from me
 in the day of my distress.
 Incline your ear to me;
 answer me speedily in the day when I call.

³For my days pass away like smoke,
 and my bones burn like a furnace.

⁴My heart is stricken and withered like grass;
 I am too wasted to eat my bread.

⁵Because of my loud groaning
 my bones cling to my skin.

⁶I am like an owl of the wilderness,
 like a little owl of the waste places.

⁷I lie awake;
 I am like a lonely bird on the housetop.

⁸All day long my enemies taunt me;
 those who deride me use my name for a curse.

⁹For I eat ashes like bread,
 and mingle tears with my drink,

¹⁰because of your indignation and anger;
 for you have lifted me up and thrown me aside.

¹¹My days are like an evening shadow;
 I wither away like grass.

¹²But you, O LORD, are enthroned forever;
 your name endures to all generations.

¹³You will rise up and have compassion on Zion,
 for it is time to favor it;
 the appointed time has come.

¹⁴For your servants hold its stones dear,
 and have pity on its dust.

¹⁵The nations will fear the name of the LORD,
 and all the kings of the earth your glory.

¹⁶For the LORD will build up Zion;
 he will appear in his glory.

¹⁷He will regard the prayer of the destitute,
 and will not despise their prayer.

¹⁸Let this be recorded for a generation to come,
 so that a people yet unborn may praise the LORD:

¹⁹that he looked down from his holy height,
 from heaven the LORD looked at the earth,

²⁰to hear the groans of the prisoners,

to set free those who were doomed to die;
21so that the name of the LORD may be declared in Zion,
and his praise in Jerusalem,
22when peoples gather together,
and kingdoms, to worship the LORD.

23He has broken my strength in midcourse;
he has shortened my days.
24"O my God," I say, "do not take me away
at the mid-point of my life,
you whose years endure
throughout all generations."

25Long ago you laid the foundation of the earth,
and the heavens are the work of your hands.
26They will perish, but you endure;
they will all wear out like a garment.
You change them like clothing, and they pass away;
27but you are the same, and your years have no end.
28The children of your servants shall live secure;
their offspring shall be established in your presence.

103:1 *Of David.*

Bless the LORD, O my soul,
and all that is within me,
bless his holy name.

2Bless the LORD, O my soul,
and do not forget all his benefits--
3who forgives all your iniquity,
who heals all your diseases,
4who redeems your life from the Pit,
who crowns you with steadfast love and mercy,
5who satisfies you with good as long as you live
so that your youth is renewed like the eagle's.

6The LORD works vindication
and justice for all who are oppressed.
7He made known his ways to Moses,
his acts to the people of Israel.
8The LORD is merciful and gracious,
slow to anger and abounding in steadfast love.
9He will not always accuse,
nor will he keep his anger forever.
10He does not deal with us according to our sins,
nor repay us according to our iniquities.

- ¹¹For as the heavens are high above the earth,
so great is his steadfast love toward those who fear him;
- ¹²as far as the east is from the west,
so far he removes our transgressions from us.
- ¹³As a father has compassion for his children,
so the LORD has compassion for those who fear him.
- ¹⁴For he knows how we were made;
he remembers that we are dust.
- ¹⁵As for mortals, their days are like grass;
they flourish like a flower of the field;
- ¹⁶for the wind passes over it, and it is gone,
and its place knows it no more.
- ¹⁷But the steadfast love of the LORD is from everlasting to everlasting
on those who fear him,
and his righteousness to children's children,
- ¹⁸to those who keep his covenant
and remember to do his commandments.
- ¹⁹The LORD has established his throne in the heavens,
and his kingdom rules over all.
- ²⁰Bless the LORD, O you his angels,
you mighty ones who do his bidding,
obedient to his spoken word.
- ²¹Bless the LORD, all his hosts,
his ministers that do his will.
- ²²Bless the LORD, all his works,
in all places of his dominion.
Bless the LORD, O my soul.
- ^{104:1} Bless the LORD, O my soul.
O LORD my God, you are very great.
You are clothed with honor and majesty,
²wrapped in light as with a garment.
You stretch out the heavens like a tent,
³you set the beams of your chambers on the waters,
you make the clouds your chariot,
you ride on the wings of the wind,
⁴you make the winds your messengers,
fire and flame your ministers.
- ⁵You set the earth on its foundations,
so that it shall never be shaken.
- ⁶You cover it with the deep as with a garment;
the waters stood above the mountains.
- ⁷At your rebuke they flee;

- at the sound of your thunder they take to flight.
- ⁸They rose up to the mountains, ran down to the valleys
to the place that you appointed for them.
- ⁹You set a boundary that they may not pass,
so that they might not again cover the earth.
- ¹⁰You make springs gush forth in the valleys;
they flow between the hills,
- ¹¹giving drink to every wild animal;
the wild asses quench their thirst.
- ¹²By the streams the birds of the air have their habitation;
they sing among the branches.
- ¹³From your lofty abode you water the mountains;
the earth is satisfied with the fruit of your work.
- ¹⁴You cause the grass to grow for the cattle,
and plants for people to use,
to bring forth food from the earth,
- ¹⁵and wine to gladden the human heart,
oil to make the face shine,
and bread to strengthen the human heart.
- ¹⁶The trees of the LORD are watered abundantly,
the cedars of Lebanon that he planted.
- ¹⁷In them the birds build their nests;
the stork has its home in the fir trees.
- ¹⁸The high mountains are for the wild goats;
the rocks are a refuge for the coneys.
- ¹⁹You have made the moon to mark the seasons;
the sun knows its time for setting.
- ²⁰You make darkness, and it is night,
when all the animals of the forest come creeping out.
- ²¹The young lions roar for their prey,
seeking their food from God.
- ²²When the sun rises, they withdraw
and lie down in their dens.
- ²³People go out to their work
and to their labor until the evening.
- ²⁴O LORD, how manifold are your works!
In wisdom you have made them all;
the earth is full of your creatures.
- ²⁵Yonder is the sea, great and wide,
creeping things innumerable are there,
living things both small and great.
- ²⁶There go the ships,
and Leviathan that you formed to sport in it.

27 These all look to you
to give them their food in due season;
28 when you give to them, they gather it up;
when you open your hand, they are filled with good things.
29 When you hide your face, they are dismayed;
when you take away their breath, they die
and return to their dust.
30 When you send forth your spirit, they are created;
and you renew the face of the ground.

31 May the glory of the LORD endure forever;
may the LORD rejoice in his works--
32 who looks on the earth and it trembles,
who touches the mountains and they smoke.
33 I will sing to the LORD as long as I live;
I will sing praise to my God while I have being.
34 May my meditation be pleasing to him,
for I rejoice in the LORD.
35 Let sinners be consumed from the earth,
and let the wicked be no more.
Bless the LORD, O my soul.
Praise the LORD!

105:1 O give thanks to the LORD, call on his name,
make known his deeds among the peoples.
2 Sing to him, sing praises to him;
tell of all his wonderful works.
3 Glory in his holy name;
let the hearts of those who seek the LORD rejoice.
4 Seek the LORD and his strength;
seek his presence continually.
5 Remember the wonderful works he has done,
his miracles, and the judgments he uttered,
6 O offspring of his servant Abraham,
children of Jacob, his chosen ones.
7 He is the LORD our God;
his judgments are in all the earth.
8 He is mindful of his covenant forever,
of the word that he commanded, for a thousand generations,
9 the covenant that he made with Abraham,
his sworn promise to Isaac,
10 which he confirmed to Jacob as a statute,
to Israel as an everlasting covenant,
11 saying, "To you I will give the land of Canaan

as your portion for an inheritance."

¹²When they were few in number,
of little account, and strangers in it,
¹³wandering from nation to nation,
from one kingdom to another people,
¹⁴he allowed no one to oppress them;
he rebuked kings on their account,
¹⁵saying, "Do not touch my anointed ones;
do my prophets no harm."

¹⁶When he summoned famine against the land,
and broke every staff of bread,
¹⁷he had sent a man ahead of them,
Joseph, who was sold as a slave.
¹⁸His feet were hurt with fetters,
his neck was put in a collar of iron;
¹⁹until what he had said came to pass,
the word of the LORD kept testing him.
²⁰The king sent and released him;
the ruler of the peoples set him free.
²¹He made him lord of his house,
and ruler of all his possessions,
²²to instruct his officials at his pleasure,
and to teach his elders wisdom.

²³Then Israel came to Egypt;
Jacob lived as an alien in the land of Ham.
²⁴And the LORD made his people very fruitful,
and made them stronger than their foes,
²⁵whose hearts he then turned to hate his people,
to deal craftily with his servants.

²⁶He sent his servant Moses,
and Aaron whom he had chosen.
²⁷They performed his signs among them,
and miracles in the land of Ham.
²⁸He sent darkness, and made the land dark;
they rebelled against his words.
²⁹He turned their waters into blood,
and caused their fish to die.
³⁰Their land swarmed with frogs,
even in the chambers of their kings.
³¹He spoke, and there came swarms of flies,
and gnats throughout their country.
³²He gave them hail for rain,

and lightning that flashed through their land.

³³He struck their vines and fig trees,
and shattered the trees of their country.

³⁴He spoke, and the locusts came,
and young locusts without number;

³⁵they devoured all the vegetation in their land,
and ate up the fruit of their ground.

³⁶He struck down all the firstborn in their land,
the first issue of all their strength.

³⁷Then he brought Israel out with silver and gold,
and there was no one among their tribes who stumbled.

³⁸Egypt was glad when they departed,
for dread of them had fallen upon it.

³⁹He spread a cloud for a covering,
and fire to give light by night.

⁴⁰They asked, and he brought quails,
and gave them food from heaven in abundance.

⁴¹He opened the rock, and water gushed out;
it flowed through the desert like a river.

⁴²For he remembered his holy promise,
and Abraham, his servant.

⁴³So he brought his people out with joy,
his chosen ones with singing.

⁴⁴He gave them the lands of the nations,
and they took possession of the wealth of the peoples,

⁴⁵that they might keep his statutes
and observe his laws.

Praise the LORD!

^{106:1}Praise the LORD!

O give thanks to the LORD, for he is good;
for his steadfast love endures forever.

²Who can utter the mighty doings of the LORD,
or declare all his praise?

³Happy are those who observe justice,
who do righteousness at all times.

⁴Remember me, O LORD, when you show favor to your people;
help me when you deliver them;

⁵that I may see the prosperity of your chosen ones,
that I may rejoice in the gladness of your nation,
that I may glory in your heritage.

⁶Both we and our ancestors have sinned;

we have committed iniquity, have done wickedly.

⁷Our ancestors, when they were in Egypt,
 did not consider your wonderful works;
 they did not remember the abundance of your steadfast love,
 but rebelled against the Most High at the Red Sea.

⁸Yet he saved them for his name's sake,
 so that he might make known his mighty power.

⁹He rebuked the Red Sea, and it became dry;
 he led them through the deep as through a desert.

¹⁰So he saved them from the hand of the foe,
 and delivered them from the hand of the enemy.

¹¹The waters covered their adversaries;
 not one of them was left.

¹²Then they believed his words;
 they sang his praise.

¹³But they soon forgot his works;
 they did not wait for his counsel.

¹⁴But they had a wanton craving in the wilderness,
 and put God to the test in the desert;

¹⁵he gave them what they asked,
 but sent a wasting disease among them.

¹⁶They were jealous of Moses in the camp,
 and of Aaron, the holy one of the LORD.

¹⁷The earth opened and swallowed up Dathan,
 and covered the faction of Abiram.

¹⁸Fire also broke out in their company;
 the flame burned up the wicked.

¹⁹They made a calf at Horeb
 and worshiped a cast image.

²⁰They exchanged the glory of God
 for the image of an ox that eats grass.

²¹They forgot God, their Savior,
 who had done great things in Egypt,

²²wondrous works in the land of Ham,
 and awesome deeds by the Red Sea.

²³Therefore he said he would destroy them--
 had not Moses, his chosen one,
 stood in the breach before him,
 to turn away his wrath from destroying them.

²⁴Then they despised the pleasant land,
 having no faith in his promise.

²⁵They grumbled in their tents,
 and did not obey the voice of the LORD.

²⁶Therefore he raised his hand and swore to them
that he would make them fall in the wilderness,
²⁷and would disperse their descendants among the nations,
scattering them over the lands.

²⁸Then they attached themselves to the Baal of Peor,
and ate sacrifices offered to the dead;
²⁹they provoked the LORD to anger with their deeds,
and a plague broke out among them.
³⁰Then Phinehas stood up and interceded,
and the plague was stopped.
³¹And that has been reckoned to him as righteousness
from generation to generation forever.

³²They angered the LORD at the waters of Meribah,
and it went ill with Moses on their account;
³³for they made his spirit bitter,
and he spoke words that were rash.

³⁴They did not destroy the peoples,
as the LORD commanded them,
³⁵but they mingled with the nations
and learned to do as they did.
³⁶They served their idols,
which became a snare to them.
³⁷They sacrificed their sons
and their daughters to the demons;
³⁸they poured out innocent blood,
the blood of their sons and daughters,
whom they sacrificed to the idols of Canaan;
and the land was polluted with blood.
³⁹Thus they became unclean by their acts,
and prostituted themselves in their doings.

⁴⁰Then the anger of the LORD was kindled against his people,
and he abhorred his heritage;
⁴¹he gave them into the hand of the nations,
so that those who hated them ruled over them.
⁴²Their enemies oppressed them,
and they were brought into subjection under their power.
⁴³Many times he delivered them,
but they were rebellious in their purposes,
and were brought low through their iniquity.
⁴⁴Nevertheless he regarded their distress
when he heard their cry.
⁴⁵For their sake he remembered his covenant,

and showed compassion according to the abundance of his steadfast love.

⁴⁶He caused them to be pitied
by all who held them captive.

⁴⁷Save us, O LORD our God,
and gather us from among the nations,
that we may give thanks to your holy name
and glory in your praise.

⁴⁸Blessed be the LORD, the God of Israel,
from everlasting to everlasting.
And let all the people say, "Amen."
Praise the LORD!

^{107:1}O give thanks to the LORD, for he is good;
for his steadfast love endures forever.

²Let the redeemed of the LORD say so,
those he redeemed from trouble

³and gathered in from the lands,
from the east and from the west,
from the north and from the south.

⁴Some wandered in desert wastes,
finding no way to an inhabited town;

⁵hungry and thirsty,
their soul fainted within them.

⁶Then they cried to the LORD in their trouble,
and he delivered them from their distress;

⁷he led them by a straight way,
until they reached an inhabited town.

⁸Let them thank the LORD for his steadfast love,
for his wonderful works to humankind.

⁹For he satisfies the thirsty,
and the hungry he fills with good things.

¹⁰Some sat in darkness and in gloom,
prisoners in misery and in irons,

¹¹for they had rebelled against the words of God,
and spurned the counsel of the Most High.

¹²Their hearts were bowed down with hard labor;
they fell down, with no one to help.

¹³Then they cried to the LORD in their trouble,
and he saved them from their distress;

¹⁴he brought them out of darkness and gloom,
and broke their bonds asunder.

¹⁵Let them thank the LORD for his steadfast love,

for his wonderful works to humankind.

16 For he shatters the doors of bronze,
and cuts in two the bars of iron.

17 Some were sick through their sinful ways,
and because of their iniquities endured affliction;

18 they loathed any kind of food,
and they drew near to the gates of death.

19 Then they cried to the LORD in their trouble,
and he saved them from their distress;

20 he sent out his word and healed them,
and delivered them from destruction.

21 Let them thank the LORD for his steadfast love,
for his wonderful works to humankind.

22 And let them offer thanksgiving sacrifices,
and tell of his deeds with songs of joy.

23 Some went down to the sea in ships,
doing business on the mighty waters;

24 they saw the deeds of the LORD,
his wondrous works in the deep.

25 For he commanded and raised the stormy wind,
which lifted up the waves of the sea.

26 They mounted up to heaven, they went down to the depths;
their courage melted away in their calamity;

27 they reeled and staggered like drunkards,
and were at their wits' end.

28 Then they cried to the LORD in their trouble,
and he brought them out from their distress;

29 he made the storm be still,
and the waves of the sea were hushed.

30 Then they were glad because they had quiet,
and he brought them to their desired haven.

31 Let them thank the LORD for his steadfast love,
for his wonderful works to humankind.

32 Let them extol him in the congregation of the people,
and praise him in the assembly of the elders.

33 He turns rivers into a desert,
springs of water into thirsty ground,

34 a fruitful land into a salty waste,
because of the wickedness of its inhabitants.

35 He turns a desert into pools of water,
a parched land into springs of water.

36 And there he lets the hungry live,
and they establish a town to live in;

37 they sow fields, and plant vineyards,

and get a fruitful yield.

³⁸By his blessing they multiply greatly,
and he does not let their cattle decrease.

³⁹When they are diminished and brought low
through oppression, trouble, and sorrow,

⁴⁰he pours contempt on princes
and makes them wander in trackless wastes;

⁴¹but he raises up the needy out of distress,
and makes their families like flocks.

⁴²The upright see it and are glad;
and all wickedness stops its mouth.

⁴³Let those who are wise give heed to these things,
and consider the steadfast love of the LORD.

108:1 *A Song. A Psalm of David.*

My heart is steadfast, O God, my heart is steadfast;
I will sing and make melody.
Awake, my soul!

²Awake, O harp and lyre!
I will awake the dawn.

³I will give thanks to you, O LORD, among the peoples,
and I will sing praises to you among the nations.

⁴For your steadfast love is higher than the heavens,
and your faithfulness reaches to the clouds.

⁵Be exalted, O God, above the heavens,
and let your glory be over all the earth.

⁶Give victory with your right hand, and answer me,
so that those whom you love may be rescued.

⁷God has promised in his sanctuary:
"With exultation I will divide up Shechem,
and portion out the Vale of Succoth.

⁸Gilead is mine; Manasseh is mine;
Ephraim is my helmet;
Judah is my scepter.

⁹Moab is my washbasin;
on Edom I hurl my shoe;
over Philistia I shout in triumph."

¹⁰Who will bring me to the fortified city?
Who will lead me to Edom?

¹¹Have you not rejected us, O God?
You do not go out, O God, with our armies.

- ¹²O grant us help against the foe,
for human help is worthless.
- ¹³With God we shall do valiantly;
it is he who will tread down our foes.

^{109:1}*To the leader. Of David. A Psalm.*

- Do not be silent, O God of my praise.
- ²For wicked and deceitful mouths are opened against me,
speaking against me with lying tongues.
- ³They beset me with words of hate,
and attack me without cause.
- ⁴In return for my love they accuse me,
even while I make prayer for them.
- ⁵So they reward me evil for good,
and hatred for my love.
- ⁶They say, "Appoint a wicked man against him;
let an accuser stand on his right.
- ⁷When he is tried, let him be found guilty;
let his prayer be counted as sin.
- ⁸May his days be few;
may another seize his position.
- ⁹May his children be orphans,
and his wife a widow.
- ¹⁰May his children wander about and beg;
may they be driven out of the ruins they inhabit.
- ¹¹May the creditor seize all that he has;
may strangers plunder the fruits of his toil.
- ¹²May there be no one to do him a kindness,
nor anyone to pity his orphaned children.
- ¹³May his posterity be cut off;
may his name be blotted out in the second generation.
- ¹⁴May the iniquity of his father be remembered before the LORD,
and do not let the sin of his mother be blotted out.
- ¹⁵Let them be before the LORD continually,
and may his memory be cut off from the earth.
- ¹⁶For he did not remember to show kindness,
but pursued the poor and needy
and the brokenhearted to their death.
- ¹⁷He loved to curse; let curses come on him.
He did not like blessing; may it be far from him.
- ¹⁸He clothed himself with cursing as his coat,
may it soak into his body like water,
like oil into his bones.
- ¹⁹May it be like a garment that he wraps around himself,

like a belt that he wears every day."

²⁰May that be the reward of my accusers from the LORD,
of those who speak evil against my life.

²¹But you, O LORD my Lord,
act on my behalf for your name's sake;
because your steadfast love is good, deliver me.

²²For I am poor and needy,
and my heart is pierced within me.

²³I am gone like a shadow at evening;
I am shaken off like a locust.

²⁴My knees are weak through fasting;
my body has become gaunt.

²⁵I am an object of scorn to my accusers;
when they see me, they shake their heads.

²⁶Help me, O LORD my God!
Save me according to your steadfast love.

²⁷Let them know that this is your hand;
you, O LORD, have done it.

²⁸Let them curse, but you will bless.
Let my assailants be put to shame; may your servant be glad.

²⁹May my accusers be clothed with dishonor;
may they be wrapped in their own shame as in a mantle.

³⁰With my mouth I will give great thanks to the LORD;
I will praise him in the midst of the throng.

³¹For he stands at the right hand of the needy,
to save them from those who would condemn them to death.

110:1 *Of David. A Psalm.*

The LORD says to my lord,
"Sit at my right hand
until I make your enemies your footstool."

²The LORD sends out from Zion
your mighty scepter.
Rule in the midst of your foes.

³Your people will offer themselves willingly
on the day you lead your forces
on the holy mountains.

From the womb of the morning,
like dew, your youth will come to you.

⁴The LORD has sworn and will not change his mind,
"You are a priest forever according to the order of Melchizedek."

⁵The Lord is at your right hand;

he will shatter kings on the day of his wrath.
⁶He will execute judgment among the nations,
filling them with corpses;
he will shatter heads
over the wide earth.
⁷He will drink from the stream by the path;
therefore he will lift up his head.

^{111:1}Praise the LORD!
I will give thanks to the LORD with my whole heart,
in the company of the upright, in the congregation.
²Great are the works of the LORD,
studied by all who delight in them.
³Full of honor and majesty is his work,
and his righteousness endures forever.
⁴He has gained renown by his wonderful deeds;
the LORD is gracious and merciful.
⁵He provides food for those who fear him;
he is ever mindful of his covenant.
⁶He has shown his people the power of his works,
in giving them the heritage of the nations.
⁷The works of his hands are faithful and just;
all his precepts are trustworthy.
⁸They are established forever and ever,
to be performed with faithfulness and uprightness.
⁹He sent redemption to his people;
he has commanded his covenant forever.
Holy and awesome is his name.
¹⁰The fear of the LORD is the beginning of wisdom;
all those who practice it have a good understanding.
His praise endures forever.

^{112:1}Praise the LORD!
Happy are those who fear the LORD,
who greatly delight in his commandments.
²Their descendants will be mighty in the land;
the generation of the upright will be blessed.
³Wealth and riches are in their houses,
and their righteousness endures forever.
⁴They rise in the darkness as a light for the upright;
they are gracious, merciful, and righteous.
⁵It is well with those who deal generously and lend,
who conduct their affairs with justice.
⁶For the righteous will never be moved;
they will be remembered forever.
⁷They are not afraid of evil tidings;

their hearts are firm, secure in the LORD.

⁸Their hearts are steady, they will not be afraid;
in the end they will look in triumph on their foes.

⁹They have distributed freely, they have given to the poor;
their righteousness endures forever;
their horn is exalted in honor.

¹⁰The wicked see it and are angry;
they gnash their teeth and melt away;
the desire of the wicked comes to nothing.

^{113:1}Praise the LORD!

Praise, O servants of the LORD;
praise the name of the LORD.

²Blessed be the name of the LORD
from this time on and forevermore.

³From the rising of the sun to its setting
the name of the LORD is to be praised.

⁴The LORD is high above all nations,
and his glory above the heavens.

⁵Who is like the LORD our God,
who is seated on high,

⁶who looks far down
on the heavens and the earth?

⁷He raises the poor from the dust,
and lifts the needy from the ash heap,

⁸to make them sit with princes,
with the princes of his people.

⁹He gives the barren woman a home,
making her the joyous mother of children.

Praise the LORD!

^{114:1}When Israel went out from Egypt,
the house of Jacob from a people of strange language,

²Judah became God's sanctuary,
Israel his dominion.

³The sea looked and fled;
Jordan turned back.

⁴The mountains skipped like rams,
the hills like lambs.

⁵Why is it, O sea, that you flee?
O Jordan, that you turn back?

⁶O mountains, that you skip like rams?

O hills, like lambs?

⁷Tremble, O earth, at the presence of the LORD,
at the presence of the God of Jacob,
⁸who turns the rock into a pool of water,
the flint into a spring of water.

^{115:1}Not to us, O LORD, not to us, but to your name give glory,
for the sake of your steadfast love and your faithfulness.
²Why should the nations say,
"Where is their God?"

³Our God is in the heavens;
he does whatever he pleases.
⁴Their idols are silver and gold,
the work of human hands.
⁵They have mouths, but do not speak;
eyes, but do not see.
⁶They have ears, but do not hear;
noses, but do not smell.
⁷They have hands, but do not feel;
feet, but do not walk;
they make no sound in their throats.
⁸Those who make them are like them;
so are all who trust in them.

⁹O Israel, trust in the LORD!
He is their help and their shield.
¹⁰O house of Aaron, trust in the LORD!
He is their help and their shield.
¹¹You who fear the LORD, trust in the LORD!
He is their help and their shield.

¹²The LORD has been mindful of us; he will bless us;
he will bless the house of Israel;
he will bless the house of Aaron;
¹³he will bless those who fear the LORD,
both small and great.

¹⁴May the LORD give you increase,
both you and your children.
¹⁵May you be blessed by the LORD,
who made heaven and earth.
¹⁶The heavens are the LORD'S heavens,
but the earth he has given to human beings.
¹⁷The dead do not praise the LORD,

nor do any that go down into silence.

¹⁸But we will bless the LORD
from this time on and forevermore.
Praise the LORD!

^{116:1}I love the LORD, because he has heard
my voice and my supplications.

²Because he inclined his ear to me,
therefore I will call on him as long as I live.

³The snares of death encompassed me;
the pangs of Sheol laid hold on me;
I suffered distress and anguish.

⁴Then I called on the name of the LORD:
"O LORD, I pray, save my life!"

⁵Gracious is the LORD, and righteous;
our God is merciful.

⁶The LORD protects the simple;
when I was brought low, he saved me.

⁷Return, O my soul, to your rest,
for the LORD has dealt bountifully with you.

⁸For you have delivered my soul from death,
my eyes from tears,
my feet from stumbling.

⁹I walk before the LORD
in the land of the living.

¹⁰I kept my faith, even when I said,
"I am greatly afflicted";

¹¹I said in my consternation,
"Everyone is a liar."

¹²What shall I return to the LORD
for all his bounty to me?

¹³I will lift up the cup of salvation
and call on the name of the LORD,

¹⁴I will pay my vows to the LORD
in the presence of all his people.

¹⁵Precious in the sight of the LORD
is the death of his faithful ones.

¹⁶O LORD, I am your servant;
I am your servant, the child of your serving girl.
You have loosed my bonds.

¹⁷I will offer to you a thanksgiving sacrifice
and call on the name of the LORD.

¹⁸I will pay my vows to the LORD

in the presence of all his people,
¹⁹in the courts of the house of the LORD,
in your midst, O Jerusalem.
Praise the LORD!

^{117:1}Praise the LORD, all you nations!
Extol him, all you peoples!
²For great is his steadfast love toward us,
and the faithfulness of the LORD endures forever.
Praise the LORD!

^{118:1}O give thanks to the LORD, for he is good;
his steadfast love endures forever!
²Let Israel say,
"His steadfast love endures forever."
³Let the house of Aaron say,
"His steadfast love endures forever."
⁴Let those who fear the LORD say,
"His steadfast love endures forever."

⁵Out of my distress I called on the LORD;
the LORD answered me and set me in a broad place.
⁶With the LORD on my side I do not fear.
What can mortals do to me?
⁷The LORD is on my side to help me;
I shall look in triumph on those who hate me.
⁸It is better to take refuge in the LORD
than to put confidence in mortals.
⁹It is better to take refuge in the LORD
than to put confidence in princes.

¹⁰All nations surrounded me;
in the name of the LORD I cut them off!
¹¹They surrounded me, surrounded me on every side;
in the name of the LORD I cut them off!
¹²They surrounded me like bees;
they blazed like a fire of thorns;
in the name of the LORD I cut them off!
¹³I was pushed hard, so that I was falling,
but the LORD helped me.
¹⁴The LORD is my strength and my might;
he has become my salvation.

¹⁵There are glad songs of victory in the tents of the righteous:
"The right hand of the LORD does valiantly;
¹⁶the right hand of the LORD is exalted;

the right hand of the LORD does valiantly."

¹⁷I shall not die, but I shall live,
and recount the deeds of the LORD.

¹⁸The LORD has punished me severely,
but he did not give me over to death.

¹⁹Open to me the gates of righteousness,
that I may enter through them
and give thanks to the LORD.

²⁰This is the gate of the LORD;
the righteous shall enter through it.

²¹I thank you that you have answered me
and have become my salvation.

²²The stone that the builders rejected
has become the chief cornerstone.

²³This is the LORD'S doing;
it is marvelous in our eyes.

²⁴This is the day that the LORD has made;
let us rejoice and be glad in it.

²⁵Save us, we beseech you, O LORD!
O LORD, we beseech you, give us success!

²⁶Blessed is the one who comes in the name of the LORD.
We bless you from the house of the LORD.

²⁷The LORD is God,
and he has given us light.

Bind the festal procession with branches,
up to the horns of the altar.

²⁸You are my God, and I will give thanks to you;
you are my God, I will extol you.

²⁹O give thanks to the LORD, for he is good,
for his steadfast love endures forever.

^{119:1}Happy are those whose way is blameless,
who walk in the law of the LORD.

²Happy are those who keep his decrees,
who seek him with their whole heart,

³who also do no wrong,
but walk in his ways.

⁴You have commanded your precepts
to be kept diligently.

⁵O that my ways may be steadfast

in keeping your statutes!

⁶Then I shall not be put to shame,
having my eyes fixed on all your commandments.

⁷I will praise you with an upright heart,
when I learn your righteous ordinances.

⁸I will observe your statutes;
do not utterly forsake me.

⁹How can young people keep their way pure?
By guarding it according to your word.

¹⁰With my whole heart I seek you;
do not let me stray from your commandments.

¹¹I treasure your word in my heart,
so that I may not sin against you.

¹²Blessed are you, O LORD;
teach me your statutes.

¹³With my lips I declare
all the ordinances of your mouth.

¹⁴I delight in the way of your decrees
as much as in all riches.

¹⁵I will meditate on your precepts,
and fix my eyes on your ways.

¹⁶I will delight in your statutes;
I will not forget your word.

¹⁷Deal bountifully with your servant,
so that I may live and observe your word.

¹⁸Open my eyes, so that I may behold
wondrous things out of your law.

¹⁹I live as an alien in the land;
do not hide your commandments from me.

²⁰My soul is consumed with longing
for your ordinances at all times.

²¹You rebuke the insolent, accursed ones,
who wander from your commandments;

²²take away from me their scorn and contempt,
for I have kept your decrees.

²³Even though princes sit plotting against me,
your servant will meditate on your statutes.

²⁴Your decrees are my delight,
they are my counselors.

²⁵My soul clings to the dust;
revive me according to your word.

²⁶When I told of my ways, you answered me;
teach me your statutes.

- 27 Make me understand the way of your precepts,
and I will meditate on your wondrous works.
- 28 My soul melts away for sorrow;
strengthen me according to your word.
- 29 Put false ways far from me;
and graciously teach me your law.
- 30 I have chosen the way of faithfulness;
I set your ordinances before me.
- 31 I cling to your decrees, O LORD;
let me not be put to shame.
- 32 I run the way of your commandments,
for you enlarge my understanding.
- 33 Teach me, O LORD, the way of your statutes,
and I will observe it to the end.
- 34 Give me understanding, that I may keep your law
and observe it with my whole heart.
- 35 Lead me in the path of your commandments,
for I delight in it.
- 36 Turn my heart to your decrees,
and not to selfish gain.
- 37 Turn my eyes from looking at vanities;
give me life in your ways.
- 38 Confirm to your servant your promise,
which is for those who fear you.
- 39 Turn away the disgrace that I dread,
for your ordinances are good.
- 40 See, I have longed for your precepts;
in your righteousness give me life.
- 41 Let your steadfast love come to me, O LORD,
your salvation according to your promise.
- 42 Then I shall have an answer for those who taunt me,
for I trust in your word.
- 43 Do not take the word of truth utterly out of my mouth,
for my hope is in your ordinances.
- 44 I will keep your law continually,
forever and ever.
- 45 I shall walk at liberty,
for I have sought your precepts.
- 46 I will also speak of your decrees before kings,
and shall not be put to shame;
- 47 I find my delight in your commandments,
because I love them.
- 48 I revere your commandments, which I love,
and I will meditate on your statutes.

49 Remember your word to your servant,
in which you have made me hope.

50 This is my comfort in my distress,
that your promise gives me life.

51 The arrogant utterly deride me,
but I do not turn away from your law.

52 When I think of your ordinances from of old,
I take comfort, O LORD.

53 Hot indignation seizes me because of the wicked,
those who forsake your law.

54 Your statutes have been my songs
wherever I make my home.

55 I remember your name in the night, O LORD,
and keep your law.

56 This blessing has fallen to me,
for I have kept your precepts.

57 The LORD is my portion;
I promise to keep your words.

58 I implore your favor with all my heart;
be gracious to me according to your promise.

59 When I think of your ways,
I turn my feet to your decrees;

60 I hurry and do not delay
to keep your commandments.

61 Though the cords of the wicked ensnare me,
I do not forget your law.

62 At midnight I rise to praise you,
because of your righteous ordinances.

63 I am a companion of all who fear you,
of those who keep your precepts.

64 The earth, O LORD, is full of your steadfast love;
teach me your statutes.

65 You have dealt well with your servant,
O LORD, according to your word.

66 Teach me good judgment and knowledge,
for I believe in your commandments.

67 Before I was humbled I went astray,
but now I keep your word.

68 You are good and do good;
teach me your statutes.

69 The arrogant smear me with lies,
but with my whole heart I keep your precepts.

70 Their hearts are fat and gross,

but I delight in your law.

⁷¹It is good for me that I was humbled,
so that I might learn your statutes.

⁷²The law of your mouth is better to me
than thousands of gold and silver pieces.

⁷³Your hands have made and fashioned me;
give me understanding that I may learn your commandments.

⁷⁴Those who fear you shall see me and rejoice,
because I have hoped in your word.

⁷⁵I know, O LORD, that your judgments are right,
and that in faithfulness you have humbled me.

⁷⁶Let your steadfast love become my comfort
according to your promise to your servant.

⁷⁷Let your mercy come to me, that I may live;
for your law is my delight.

⁷⁸Let the arrogant be put to shame,
because they have subverted me with guile;
as for me, I will meditate on your precepts.

⁷⁹Let those who fear you turn to me,
so that they may know your decrees.

⁸⁰May my heart be blameless in your statutes,
so that I may not be put to shame.

⁸¹My soul languishes for your salvation;
I hope in your word.

⁸²My eyes fail with watching for your promise;
I ask, "When will you comfort me?"

⁸³For I have become like a wineskin in the smoke,
yet I have not forgotten your statutes.

⁸⁴How long must your servant endure?
When will you judge those who persecute me?

⁸⁵The arrogant have dug pitfalls for me;
they flout your law.

⁸⁶All your commandments are enduring;
I am persecuted without cause; help me!

⁸⁷They have almost made an end of me on earth;
but I have not forsaken your precepts.

⁸⁸In your steadfast love spare my life,
so that I may keep the decrees of your mouth.

⁸⁹The LORD exists forever;
your word is firmly fixed in heaven.

⁹⁰Your faithfulness endures to all generations;
you have established the earth, and it stands fast.

⁹¹By your appointment they stand today,

for all things are your servants.

⁹²If your law had not been my delight,
I would have perished in my misery.

⁹³I will never forget your precepts,
for by them you have given me life.

⁹⁴I am yours; save me
for I have sought your precepts.

⁹⁵The wicked lie in wait to destroy me,
but I consider your decrees.

⁹⁶I have seen a limit to all perfection,
but your commandment is exceedingly broad.

⁹⁷Oh, how I love your law!
It is my meditation all day long.

⁹⁸Your commandment makes me wiser than my enemies,
for it is always with me.

⁹⁹I have more understanding than all my teachers,
for your decrees are my meditation.

¹⁰⁰I understand more than the aged,
for I keep your precepts.

¹⁰¹I hold back my feet from every evil way,
in order to keep your word.

¹⁰²I do not turn away from your ordinances,
for you have taught me.

¹⁰³How sweet are your words to my taste,
sweeter than honey to my mouth!

¹⁰⁴Through your precepts I get understanding;
therefore I hate every false way.

¹⁰⁵Your word is a lamp to my feet and a light to my path.

¹⁰⁶I have sworn an oath and confirmed it,
to observe your righteous ordinances.

¹⁰⁷I am severely afflicted;
give me life, O Lord, according to your word.

¹⁰⁸Accept my offerings of praise, O Lord,
and teach me your ordinances.

¹⁰⁹I hold my life in my hand continually,
but I do not forget your law.

¹¹⁰The wicked have laid a snare for me,
but I do not stray from your precepts.

¹¹¹Your decrees are my heritage forever;
they are the joy of my heart.

¹¹²I incline my heart to perform your statutes forever, to the end.

¹¹³I hate the double-minded,
but I love your law.

¹¹⁴You are my hiding place and my shield;
I hope in your word.

- 115 Go away from me, you evildoers,
that I may keep the commandments of my God.
- 116 Uphold me according to your promise, that I may live,
and let me not be put to shame in my hope.
- 117 Hold me up, that I may be safe
and have regard for your statutes continually.
- 118 You spurn all who go astray from your statutes;
for their cunning is in vain.
- 119 All the wicked of the earth you count as dross;
therefore I love your decrees.
- 120 My flesh trembles for fear of you,
and I am afraid of your judgments.
- 121 I have done what is just and right;
do not leave me to my oppressors.
- 122 Guarantee your servant's well-being;
do not let the godless oppress me.
- 123 My eyes fail from watching for your salvation,
and for the fulfillment of your righteous promise.
- 124 Deal with your servant according to your steadfast love,
and teach me your statutes.
- 125 I am your servant; give me understanding,
so that I may know your decrees.
- 126 It is time for the LORD to act,
for your law has been broken.
- 127 Truly I love your commandments
more than gold, more than fine gold.
- 128 Truly I direct my steps by all your precepts;
I hate every false way.
- 129 Your decrees are wonderful;
therefore my soul keeps them.
- 130 The unfolding of your words gives light;
it imparts understanding to the simple.
- 131 With open mouth I pant,
because I long for your commandments.
- 132 Turn to me and be gracious to me,
as is your custom toward those who love your name.
- 133 Keep my steps steady according to your promise,
and never let iniquity have dominion over me.
- 134 Redeem me from human oppression,
that I may keep your precepts.
- 135 Make your face shine upon your servant,
and teach me your statutes.
- 136 My eyes shed streams of tears
because your law is not kept.

137 You are righteous, O LORD,
 and your judgments are right.
 138 You have appointed your decrees in righteousness
 and in all faithfulness.
 139 My zeal consumes me
 because my foes forget your words.
 140 Your promise is well tried,
 and your servant loves it.
 141 I am small and despised,
 yet I do not forget your precepts.
 142 Your righteousness is an everlasting righteousness,
 and your law is the truth.
 143 Trouble and anguish have come upon me,
 but your commandments are my delight.
 144 Your decrees are righteous forever;
 give me understanding that I may live.

 145 With my whole heart I cry; answer me, O LORD.
 I will keep your statutes.
 146 I cry to you; save me,
 that I may observe your decrees.
 147 I rise before dawn and cry for help;
 I put my hope in your words.
 148 My eyes are awake before each watch of the night,
 that I may meditate on your promise.
 149 In your steadfast love hear my voice;
 O LORD, in your justice preserve my life.
 150 Those who persecute me with evil purpose draw near;
 they are far from your law.
 151 Yet you are near, O LORD,
 and all your commandments are true.
 152 Long ago I learned from your decrees
 that you have established them forever.

 153 Look on my misery and rescue me,
 for I do not forget your law.
 154 Plead my cause and redeem me;
 give me life according to your promise.
 155 Salvation is far from the wicked,
 for they do not seek your statutes.
 156 Great is your mercy, O LORD;
 give me life according to your justice.
 157 Many are my persecutors and my adversaries,
 yet I do not swerve from your decrees.
 158 I look at the faithless with disgust,
 because they do not keep your commands.

- 159 Consider how I love your precepts;
preserve my life according to your steadfast love.
- 160 The sum of your word is truth;
and every one of your righteous ordinances endures forever.
- 161 Princes persecute me without cause,
but my heart stands in awe of your words.
- 162 I rejoice at your word
like one who finds great spoil.
- 163 I hate and abhor falsehood,
but I love your law.
- 164 Seven times a day I praise you
for your righteous ordinances.
- 165 Great peace have those who love your law;
nothing can make them stumble.
- 166 I hope for your salvation, O LORD,
and I fulfill your commandments.
- 167 My soul keeps your decrees;
I love them exceedingly.
- 168 I keep your precepts and decrees,
for all my ways are before you.
- 169 Let my cry come before you, O LORD;
give me understanding according to your word.
- 170 Let my supplication come before you;
deliver me according to your promise.
- 171 My lips will pour forth praise,
because you teach me your statutes.
- 172 My tongue will sing of your promise,
for all your commandments are right.
- 173 Let your hand be ready to help me,
for I have chosen your precepts.
- 174 I long for your salvation, O LORD,
and your law is my delight.
- 175 Let me live that I may praise you,
and let your ordinances help me.
- 176 I have gone astray like a lost sheep; seek out your servant,
for I do not forget your commandments.

120:1 *A Song of Ascents.*

In my distress I cry to the LORD,
that he may answer me:

- 2 "Deliver me, O LORD,
from lying lips,
from a deceitful tongue."

- ³What shall be given to you?
And what more shall be done to you,
you deceitful tongue?
- ⁴A warrior's sharp arrows,
with glowing coals of the broom tree!
- ⁵Woe is me, that I am an alien in Meshech,
that I must live among the tents of Kedar.
- ⁶Too long have I had my dwelling
among those who hate peace.
- ⁷I am for peace;
but when I speak,
they are for war.

121:1 *A Song of Ascents.*

- I lift up my eyes to the hills--
from where will my help come?
- ²My help comes from the LORD,
who made heaven and earth.
- ³He will not let your foot be moved;
he who keeps you will not slumber.
- ⁴He who keeps Israel
will neither slumber nor sleep.
- ⁵The LORD is your keeper;
the LORD is your shade at your right hand.
- ⁶The sun shall not strike you by day,
nor the moon by night.
- ⁷The LORD will keep you from all evil;
he will keep your life.
- ⁸The LORD will keep
your going out and your coming in
from this time on and forevermore.

122:1 *A Song of Ascents. Of David.*

- I was glad when they said to me,
"Let us go to the house of the LORD!"
- ²Our feet are standing
within your gates, O Jerusalem.
- ³Jerusalem--built as a city
that is bound firmly together.

- ⁴To it the tribes go up,
the tribes of the LORD,
as was decreed for Israel,
to give thanks to the name of the LORD.
- ⁵For there the thrones for judgment were set up,
the thrones of the house of David.
- ⁶Pray for the peace of Jerusalem:
"May they prosper who love you.
- ⁷Peace be within your walls,
and security within your towers."
- ⁸For the sake of my relatives and friends
I will say, "Peace be within you."
- ⁹For the sake of the house of the LORD our God,
I will seek your good.

^{123:1}*A Song of Ascents.*

- To you I lift up my eyes,
O you who are enthroned in the heavens!
- ²As the eyes of servants
look to the hand of their master,
as the eyes of a maid
to the hand of her mistress,
so our eyes look to the LORD our God,
until he has mercy upon us.
- ³Have mercy upon us, O LORD, have mercy upon us,
for we have had more than enough of contempt.
- ⁴Our soul has had more than its fill of the scorn
of those who are at ease,
of the contempt of the proud.

^{124:1}*A Song of Ascents. Of David.*

- If it had not been the LORD who was on our side
--let Israel now say--
- ²if it had not been the LORD who was on our side,
when our enemies attacked us,
- ³then they would have swallowed us up alive,
when their anger was kindled against us;
- ⁴then the flood would have swept us away,
the torrent would have gone over us;
- ⁵then over us would have gone
the raging waters.
- ⁶Blessed be the LORD,

who has not given us
as prey to their teeth.

⁷We have escaped like a bird
from the snare of the fowlers;
the snare is broken,
and we have escaped.

⁸Our help is in the name of the LORD,
who made heaven and earth.

125:1 *A Song of Ascents.*

Those who trust in the LORD are like Mount Zion,
which cannot be moved, but abides forever.

²As the mountains surround Jerusalem,
so the LORD surrounds his people,
from this time on and forevermore.

³For the scepter of wickedness shall not rest
on the land allotted to the righteous,
so that the righteous might not stretch out
their hands to do wrong.

⁴Do good, O LORD, to those who are good,
and to those who are upright in their hearts.

⁵But those who turn aside to their own crooked ways
the LORD will lead away with evildoers.
Peace be upon Israel!

126:1 *A Song of Ascents.*

When the LORD restored the fortunes of Zion,
we were like those who dream.

²Then our mouth was filled with laughter,
and our tongue with shouts of joy;
then it was said among the nations,
"The LORD has done great things for them."

³The LORD has done great things for us,
and we rejoiced.

⁴Restore our fortunes, O LORD,
like the watercourses in the Negeb.

⁵May those who sow in tears
reap with shouts of joy.

⁶Those who go out weeping,
bearing the seed for sowing,
shall come home with shouts of joy,
carrying their sheaves.

127:1 *A Song of Ascents. Of Solomon.*

Unless the LORD builds the house,
those who build it labor in vain.
Unless the LORD guards the city,
the guard keeps watch in vain.

2 It is in vain that you rise up early
and go late to rest,
eating the bread of anxious toil;
for he gives sleep to his beloved.

3 Sons are indeed a heritage from the LORD,
the fruit of the womb a reward.

4 Like arrows in the hand of a warrior
are the sons of one's youth.

5 Happy is the man who has
his quiver full of them.
He shall not be put to shame
when he speaks with his enemies in the gate.

128:1 *A Song of Ascents.*

Happy is everyone who fears the LORD,
who walks in his ways.

2 You shall eat the fruit of the labor of your hands;
you shall be happy, and it shall go well with you.

3 Your wife will be like a fruitful vine
within your house;
your children will be like olive shoots
around your table.

4 Thus shall the man be blessed
who fears the LORD.

5 The LORD bless you from Zion.
May you see the prosperity of Jerusalem
all the days of your life.

6 May you see your children's children.
Peace be upon Israel!

129:1 *A Song of Ascents.*

"Often have they attacked me from my youth"
--let Israel now say--

2 "often have they attacked me from my youth,
yet they have not prevailed against me.

3 The plowers plowed on my back;

they made their furrows long."
⁴The LORD is righteous;
he has cut the cords of the wicked.
⁵May all who hate Zion
be put to shame and turned backward.
⁶Let them be like the grass on the housetops
that withers before it grows up,
⁷with which reapers do not fill their hands
or binders of sheaves their arms,
⁸while those who pass by do not say,
"The blessing of the LORD be upon you!
We bless you in the name of the LORD!"

^{130:1}*A Song of Ascents.*

Out of the depths I cry to you, O LORD.
²Lord, hear my voice!
Let your ears be attentive
to the voice of my supplications!

³If you, O LORD, should mark iniquities,
Lord, who could stand?
⁴But there is forgiveness with you,
so that you may be revered.

⁵I wait for the LORD, my soul waits,
and in his word I hope;
⁶my soul waits for the Lord
more than those who watch for the morning,
more than those who watch for the morning.

⁷O Israel, hope in the LORD!
For with the LORD there is steadfast love,
and with him is great power to redeem.
⁸It is he who will redeem Israel
from all its iniquities.

^{131:1}*A Song of Ascents. Of David.*

O LORD, my heart is not lifted up,
my eyes are not raised too high;
I do not occupy myself with things
too great and too marvelous for me.
²But I have calmed and quieted my soul,
like a weaned child with its mother;
my soul is like the weaned child that is with me.

³O Israel, hope in the LORD
from this time on and forevermore.

^{132:1}*A Song of Ascents.*

O LORD, remember in David's favor
all the hardships he endured;
²how he swore to the LORD
and vowed to the Mighty One of Jacob,
³"I will not enter my house
or get into my bed;
⁴I will not give sleep to my eyes
or slumber to my eyelids,
⁵until I find a place for the LORD,
a dwelling place for the Mighty One of Jacob."

⁶We heard of it in Ephrathah;
we found it in the fields of Jaar.
⁷"Let us go to his dwelling place;
let us worship at his footstool."

⁸Rise up, O LORD, and go to your resting place,
you and the ark of your might.
⁹Let your priests be clothed with righteousness,
and let your faithful shout for joy.
¹⁰For your servant David's sake
do not turn away the face of your anointed one.

¹¹The LORD swore to David a sure oath
from which he will not turn back:
"One of the sons of your body
I will set on your throne.
¹²If your sons keep my covenant
and my decrees that I shall teach them,
their sons also, forevermore,
shall sit on your throne."

¹³For the LORD has chosen Zion;
he has desired it for his habitation:
¹⁴"This is my resting place forever;
here I will reside, for I have desired it.
¹⁵I will abundantly bless its provisions;
I will satisfy its poor with bread.
¹⁶Its priests I will clothe with salvation,
and its faithful will shout for joy.
¹⁷There I will cause a horn to sprout up for David;

I have prepared a lamp for my anointed one.
¹⁸His enemies I will clothe with disgrace,
but on him, his crown will gleam."

^{133:1}*A Song of Ascents.*

How very good and pleasant it is
when kindred live together in unity!
²It is like the precious oil on the head,
running down upon the beard,
on the beard of Aaron,
running down over the collar of his robes.
³It is like the dew of Hermon,
which falls on the mountains of Zion.
For there the LORD ordained his blessing,
life forevermore.

^{134:1}*A Song of Ascents.*

Come, bless the LORD, all you servants of the LORD,
who stand by night in the house of the LORD!

²Lift up your hands to the holy place,
and bless the LORD.

³May the LORD, maker of heaven and earth,
bless you from Zion.

^{135:1}Praise the LORD!
Praise the name of the LORD;
give praise, O servants of the LORD,
²you that stand in the house of the LORD,
in the courts of the house of our God.
³Praise the LORD, for the LORD is good;
sing to his name, for he is gracious.
⁴For the LORD has chosen Jacob for himself,
Israel as his own possession.

⁵For I know that the LORD is great;
our Lord is above all gods.
⁶Whatever the LORD pleases he does,
in heaven and on earth,
in the seas and all deeps.
⁷He it is who makes the clouds rise at the end of the earth;
he makes lightnings for the rain
and brings out the wind from his storehouses.

⁸He it was who struck down the firstborn of Egypt,

both human beings and animals;
⁹he sent signs and wonders
into your midst, O Egypt,
against Pharaoh and all his servants.
¹⁰He struck down many nations
and killed mighty kings--
¹¹Sihon, king of the Amorites,
and Og, king of Bashan,
and all the kingdoms of Canaan--
¹²and gave their land as a heritage,
a heritage to his people Israel.
¹³Your name, O LORD, endures forever,
your renown, O LORD, throughout all ages.
¹⁴For the LORD will vindicate his people,
and have compassion on his servants.

¹⁵The idols of the nations are silver and gold,
the work of human hands.
¹⁶They have mouths, but they do not speak;
they have eyes, but they do not see;
¹⁷they have ears, but they do not hear,
and there is no breath in their mouths.
¹⁸Those who make them
and all who trust them
shall become like them.

¹⁹O house of Israel, bless the LORD!
O house of Aaron, bless the LORD!
²⁰O house of Levi, bless the LORD!
You that fear the LORD, bless the LORD!
²¹Blessed be the LORD from Zion,
he who resides in Jerusalem.
Praise the LORD!

^{136:1}O give thanks to the LORD, for he is good,
for his steadfast love endures forever.
²O give thanks to the God of gods,
for his steadfast love endures forever.
³O give thanks to the Lord of lords,
for his steadfast love endures forever;
⁴who alone does great wonders,
for his steadfast love endures forever;
⁵who by understanding made the heavens,
for his steadfast love endures forever;
⁶who spread out the earth on the waters,
for his steadfast love endures forever;

7 who made the great lights,
 for his steadfast love endures forever;
 8 the sun to rule over the day,
 for his steadfast love endures forever;
 9 the moon and stars to rule over the night,
 for his steadfast love endures forever;

 10 who struck Egypt through their firstborn,
 for his steadfast love endures forever;
 11 and brought Israel out from among them,
 for his steadfast love endures forever;
 12 with a strong hand and an outstretched arm,
 for his steadfast love endures forever;
 13 who divided the Red Sea in two,
 for his steadfast love endures forever;
 14 and made Israel pass through the midst of it,
 for his steadfast love endures forever;
 15 but overthrew Pharaoh and his army in the Red Sea,
 for his steadfast love endures forever;
 16 who led his people through the wilderness,
 for his steadfast love endures forever;
 17 who struck down great kings,
 for his steadfast love endures forever;
 18 and killed famous kings,
 for his steadfast love endures forever;
 19 Sihon, king of the Amorites,
 for his steadfast love endures forever;
 20 and Og, king of Bashan,
 for his steadfast love endures forever;
 21 and gave their land as a heritage,
 for his steadfast love endures forever;
 22 a heritage to his servant Israel,
 for his steadfast love endures forever.

 23 It is he who remembered us in our low estate,
 for his steadfast love endures forever;
 24 and rescued us from our foes,
 for his steadfast love endures forever;
 25 who gives food to all flesh,
 for his steadfast love endures forever.

 26 O give thanks to the God of heaven,
 for his steadfast love endures forever.

 137:1 By the rivers of Babylon--
 there we sat down and there we wept

when we remembered Zion.

²On the willows there
we hung up our harps.

³For there our captors
asked us for songs,
and our tormentors asked for mirth, saying,
"Sing us one of the songs of Zion!"

⁴How could we sing the LORD'S song
in a foreign land?

⁵If I forget you, O Jerusalem,
let my right hand wither!

⁶Let my tongue cling to the roof of my mouth,
if I do not remember you,
if I do not set Jerusalem
above my highest joy.

⁷Remember, O LORD, against the Edomites
the day of Jerusalem's fall,
how they said, "Tear it down! Tear it down!
Down to its foundations!"

⁸O daughter Babylon, you devastator!
Happy shall they be who pay you back
what you have done to us!

⁹Happy shall they be who take your little ones
and dash them against the rock!

^{138:1}*Of David.*

I give you thanks, O LORD, with my whole heart;
before the gods I sing your praise;

²I bow down toward your holy temple
and give thanks to your name for your steadfast love and your faithfulness;
for you have exalted your name and your word
above everything.

³On the day I called, you answered me,
you increased my strength of soul.

⁴All the kings of the earth shall praise you, O LORD,
for they have heard the words of your mouth.

⁵They shall sing of the ways of the LORD,
for great is the glory of the LORD.

⁶For though the LORD is high, he regards the lowly;
but the haughty he perceives from far away.

⁷Though I walk in the midst of trouble,
you preserve me against the wrath of my enemies;

you stretch out your hand,
and your right hand delivers me.
⁸The LORD will fulfill his purpose for me;
your steadfast love, O LORD, endures forever.
Do not forsake the work of your hands.

^{139:1}To the leader. Of David. A Psalm.

O LORD, you have searched me and known me.
²You know when I sit down and when I rise up;
you discern my thoughts from far away.
³You search out my path and my lying down,
and are acquainted with all my ways.
⁴Even before a word is on my tongue,
O LORD, you know it completely.
⁵You hem me in, behind and before,
and lay your hand upon me.
⁶Such knowledge is too wonderful for me;
it is so high that I cannot attain it.

⁷Where can I go from your spirit?
Or where can I flee from your presence?
⁸If I ascend to heaven, you are there;
if I make my bed in Sheol, you are there.
⁹If I take the wings of the morning
and settle at the farthest limits of the sea,
¹⁰even there your hand shall lead me,
and your right hand shall hold me fast.
¹¹If I say, "Surely the darkness shall cover me,
and the light around me become night,"
¹²even the darkness is not dark to you;
the night is as bright as the day,
for darkness is as light to you.

¹³For it was you who formed my inward parts;
you knit me together in my mother's womb.
¹⁴I praise you, for I am fearfully and wonderfully made.
Wonderful are your works;
that I know very well.
¹⁵My frame was not hidden from you,
when I was being made in secret,
intricately woven in the depths of the earth.
¹⁶Your eyes beheld my unformed substance.
In your book were written
all the days that were formed for me,
when none of them as yet existed.

¹⁷How weighty to me are your thoughts, O God!
How vast is the sum of them!
¹⁸I try to count them--they are more than the sand;
I come to the end--I am still with you.

¹⁹O that you would kill the wicked, O God,
and that the bloodthirsty would depart from me--
²⁰those who speak of you maliciously,
and lift themselves up against you for evil!
²¹Do I not hate those who hate you, O LORD?
And do I not loathe those who rise up against you?
²²I hate them with perfect hatred;
I count them my enemies.
²³Search me, O God, and know my heart;
test me and know my thoughts.
²⁴See if there is any wicked way in me,
and lead me in the way everlasting.

^{140:1}*To the leader. A Psalm of David.*

Deliver me, O LORD, from evildoers;
protect me from those who are violent,
²who plan evil things in their minds
and stir up wars continually.
³They make their tongue sharp as a snake's,
and under their lips is the venom of vipers.

Selah

⁴Guard me, O LORD, from the hands of the wicked;
protect me from the violent
who have planned my downfall.
⁵The arrogant have hidden a trap for me,
and with cords they have spread a net,
along the road they have set snares for me.

Selah

⁶I say to the LORD, "You are my God;
give ear, O LORD, to the voice of my supplications."
⁷O LORD, my Lord, my strong deliverer,
you have covered my head in the day of battle.
⁸Do not grant, O LORD, the desires of the wicked;
do not further their evil plot.

Selah

⁹Those who surround me lift up their heads;
let the mischief of their lips overwhelm them!
¹⁰Let burning coals fall on them!

Let them be flung into pits, no more to rise!

¹¹Do not let the slanderer be established in the land;
let evil speedily hunt down the violent!

¹²I know that the LORD maintains the cause of the needy,
and executes justice for the poor.

¹³Surely the righteous shall give thanks to your name;
the upright shall live in your presence.

141:1 *A Psalm of David.*

I call upon you, O LORD; come quickly to me;
give ear to my voice when I call to you.

²Let my prayer be counted as incense before you,
and the lifting up of my hands as an evening sacrifice.

³Set a guard over my mouth, O LORD;
keep watch over the door of my lips.

⁴Do not turn my heart to any evil,
to busy myself with wicked deeds
in company with those who work iniquity;
do not let me eat of their delicacies.

⁵Let the righteous strike me;
let the faithful correct me.
Never let the oil of the wicked anoint my head,
for my prayer is continually against their wicked deeds.

⁶When they are given over to those who shall condemn them,
then they shall learn that my words were pleasant.

⁷Like a rock that one breaks apart and shatters on the land,
so shall their bones be strewn at the mouth of Sheol.

⁸But my eyes are turned toward you, O GOD, my Lord;
in you I seek refuge; do not leave me defenseless.

⁹Keep me from the trap that they have laid for me,
and from the snares of evildoers.

¹⁰Let the wicked fall into their own nets,
while I alone escape.

142:1 *A Maskil of David. When he was in the cave. A Prayer.*

With my voice I cry to the LORD;
with my voice I make supplication to the LORD.

²I pour out my complaint before him;
I tell my trouble before him.

³When my spirit is faint,
you know my way.

In the path where I walk
they have hidden a trap for me.

⁴Look on my right hand and see--
there is no one who takes notice of me;
no refuge remains to me;
no one cares for me.

⁵I cry to you, O LORD;
I say, "You are my refuge,
my portion in the land of the living."

⁶Give heed to my cry,
for I am brought very low.

Save me from my persecutors,
for they are too strong for me.

⁷Bring me out of prison,
so that I may give thanks to your name.
The righteous will surround me,
for you will deal bountifully with me.

^{143:1}*A Psalm of David.*

Hear my prayer, O LORD;
give ear to my supplications in your faithfulness;
answer me in your righteousness.

²Do not enter into judgment with your servant,
for no one living is righteous before you.

³For the enemy has pursued me,
crushing my life to the ground,
making me sit in darkness like those long dead.

⁴Therefore my spirit faints within me;
my heart within me is appalled.

⁵I remember the days of old,
I think about all your deeds,
I meditate on the works of your hands.

⁶I stretch out my hands to you;
my soul thirsts for you like a parched land.

Selah

⁷Answer me quickly, O LORD;
my spirit fails.

Do not hide your face from me,
or I shall be like those who go down to the Pit.

⁸Let me hear of your steadfast love in the morning,
for in you I put my trust.
Teach me the way I should go,

for to you I lift up my soul.

⁹Save me, O LORD, from my enemies;
I have fled to you for refuge.

¹⁰Teach me to do your will,
for you are my God.

Let your good spirit lead me
on a level path.

¹¹For your name's sake, O LORD, preserve my life.
In your righteousness bring me out of trouble.

¹²In your steadfast love cut off my enemies,
and destroy all my adversaries,
for I am your servant.

^{144:1}*Of David.*

Blessed be the LORD, my rock,
who trains my hands for war, and my fingers for battle;

²my rock and my fortress,
my stronghold and my deliverer,
my shield, in whom I take refuge,
who subdues the peoples under me.

³O LORD, what are human beings that you regard them,
or mortals that you think of them?

⁴They are like a breath;
their days are like a passing shadow.

⁵Bow your heavens, O LORD, and come down;
touch the mountains so that they smoke.

⁶Make the lightning flash and scatter them;
send out your arrows and rout them.

⁷Stretch out your hand from on high;
set me free and rescue me from the mighty waters,
from the hand of aliens,

⁸whose mouths speak lies,
and whose right hands are false.

⁹I will sing a new song to you, O God;
upon a ten-stringed harp I will play to you,

¹⁰the one who gives victory to kings,
who rescues his servant David.

¹¹Rescue me from the cruel sword,
and deliver me from the hand of aliens,
whose mouths speak lies,
and whose right hands are false.

¹²May our sons in their youth
be like plants full grown,
our daughters like corner pillars,
cut for the building of a palace.

¹³May our barns be filled,
with produce of every kind;
may our sheep increase by thousands,
by tens of thousands in our fields,

¹⁴and may our cattle be heavy with young.
May there be no breach in the walls, no exile,
and no cry of distress in our streets.

¹⁵Happy are the people to whom such blessings fall;
happy are the people whose God is the LORD.

^{145:1}*Praise. Of David.*

I will extol you, my God and King,
and bless your name forever and ever.

²Every day I will bless you,
and praise your name forever and ever.

³Great is the LORD, and greatly to be praised;
his greatness is unsearchable.

⁴One generation shall laud your works to another,
and shall declare your mighty acts.

⁵On the glorious splendor of your majesty,
and on your wondrous works, I will meditate.

⁶The might of your awesome deeds shall be proclaimed,
and I will declare your greatness.

⁷They shall celebrate the fame of your abundant goodness,
and shall sing aloud of your righteousness.

⁸The LORD is gracious and merciful,
slow to anger and abounding in steadfast love.

⁹The LORD is good to all,
and his compassion is over all that he has made.

¹⁰All your works shall give thanks to you, O LORD,
and all your faithful shall bless you.

¹¹They shall speak of the glory of your kingdom,
and tell of your power,

¹²to make known to all people your mighty deeds,
and the glorious splendor of your kingdom.

¹³Your kingdom is an everlasting kingdom,
and your dominion endures throughout all generations.

The LORD is faithful in all his words,
and gracious in all his deeds.
¹⁴The LORD upholds all who are falling,
and raises up all who are bowed down.
¹⁵The eyes of all look to you,
and you give them their food in due season.
¹⁶You open your hand,
satisfying the desire of every living thing.
¹⁷The LORD is just in all his ways,
and kind in all his doings.
¹⁸The LORD is near to all who call on him,
to all who call on him in truth.
¹⁹He fulfills the desire of all who fear him;
he also hears their cry, and saves them.
²⁰The LORD watches over all who love him,
but all the wicked he will destroy.

²¹My mouth will speak the praise of the LORD,
and all flesh will bless his holy name forever and ever.

^{146:1}Praise the LORD!
Praise the LORD, O my soul!
²I will praise the LORD as long as I live;
I will sing praises to my God all my life long.

³Do not put your trust in princes,
in mortals, in whom there is no help.
⁴When their breath departs, they return to the earth;
on that very day their plans perish.

⁵Happy are those whose help is the God of Jacob,
whose hope is in the LORD their God,
⁶who made heaven and earth,
the sea, and all that is in them;
who keeps faith forever;
⁷who executes justice for the oppressed;
who gives food to the hungry.

The LORD sets the prisoners free;
⁸the LORD opens the eyes of the blind.
The LORD lifts up those who are bowed down;
the LORD loves the righteous.
⁹The LORD watches over the strangers;
he upholds the orphan and the widow,
but the way of the wicked he brings to ruin.

¹⁰The LORD will reign forever,
your God, O Zion, for all generations.
Praise the LORD!

^{147:1}Praise the LORD!
How good it is to sing praises to our God;
for he is gracious, and a song of praise is fitting.

²The LORD builds up Jerusalem;
he gathers the outcasts of Israel.

³He heals the brokenhearted,
and binds up their wounds.

⁴He determines the number of the stars;
he gives to all of them their names.

⁵Great is our Lord, and abundant in power;
his understanding is beyond measure.

⁶The LORD lifts up the downtrodden;
he casts the wicked to the ground.

⁷Sing to the LORD with thanksgiving;
make melody to our God on the lyre.

⁸He covers the heavens with clouds,
prepares rain for the earth,
makes grass grow on the hills.

⁹He gives to the animals their food,
and to the young ravens when they cry.

¹⁰His delight is not in the strength of the horse,
nor his pleasure in the speed of a runner;

¹¹but the LORD takes pleasure in those who fear him,
in those who hope in his steadfast love.

¹²Praise the LORD, O Jerusalem!
Praise your God, O Zion!

¹³For he strengthens the bars of your gates;
he blesses your children within you.

¹⁴He grants peace within your borders;
he fills you with the finest of wheat.

¹⁵He sends out his command to the earth;
his word runs swiftly.

¹⁶He gives snow like wool;
he scatters frost like ashes.

¹⁷He hurls down hail like crumbs--
who can stand before his cold?

¹⁸He sends out his word, and melts them;
he makes his wind blow, and the waters flow.

¹⁹He declares his word to Jacob,
his statutes and ordinances to Israel.

²⁰He has not dealt thus with any other nation;
they do not know his ordinances.
Praise the LORD!

^{148:1}Praise the LORD!
Praise the LORD from the heavens;
praise him in the heights!

²Praise him, all his angels;
praise him, all his host!

³Praise him, sun and moon;
praise him, all you shining stars!

⁴Praise him, you highest heavens,
and you waters above the heavens!

⁵Let them praise the name of the LORD,
for he commanded and they were created.

⁶He established them forever and ever;
he fixed their bounds, which cannot be passed.

⁷Praise the LORD from the earth,
you sea monsters and all deeps,

⁸fire and hail, snow and frost,
stormy wind fulfilling his command!

⁹Mountains and all hills,
fruit trees and all cedars!

¹⁰Wild animals and all cattle,
creeping things and flying birds!

¹¹Kings of the earth and all peoples,
princes and all rulers of the earth!

¹²Young men and women alike,
old and young together!

¹³Let them praise the name of the LORD,
for his name alone is exalted;
his glory is above earth and heaven.

¹⁴He has raised up a horn for his people,
praise for all his faithful,
for the people of Israel who are close to him.
Praise the LORD!

^{149:1}Praise the LORD!
Sing to the LORD a new song,
his praise in the assembly of the faithful.

²Let Israel be glad in its Maker;

let the children of Zion rejoice in their King.
³Let them praise his name with dancing,
making melody to him with tambourine and lyre.
⁴For the LORD takes pleasure in his people;
he adorns the humble with victory.
⁵Let the faithful exult in glory;
let them sing for joy on their couches.
⁶Let the high praises of God be in their throats
and two-edged swords in their hands,
⁷to execute vengeance on the nations
and punishment on the peoples,
⁸to bind their kings with fetters
and their nobles with chains of iron,
⁹to execute on them the judgment decreed.
This is glory for all his faithful ones.
Praise the LORD!

^{150:1}Praise the LORD!
Praise God in his sanctuary;
praise him in his mighty firmament!
²Praise him for his mighty deeds;
praise him according to his surpassing greatness!

³Praise him with trumpet sound;
praise him with lute and harp!
⁴Praise him with tambourine and dance;
praise him with strings and pipe!
⁵Praise him with clanging cymbals;
praise him with loud clashing cymbals!
⁶Let everything that breathes praise the LORD!
Praise the LORD!*

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